

LOURDES CENTRAL SCHOOL

Bejai, Mangaluru – 575 004.

(Affiliated to Central Board of Secondary Education - New Delhi)

Phone : 2223366, 2214966, 2213865 Website : www.lourdescentralschool.com

Email: principal@lourdescentralschool.com Pupilpod : lourdes.pupilpod.in



SCHOOL DIARY

KG – XII

2021 - 2022



SCHOOL ANTHEM



Of all the gifts God gave to man,
The greatest gift was light,
The sun to shine by day,
The moon and stars by night.

And as times caravan moved on,
They came to symbolise,
The world of books and knowledge,
Of all things good and wise.

Oh, Holy Mary, You at Lourdes,
Your shining message gave
Telling us things that we must do,
Ourselves and world to save.

Ch : Light we get; light we give,
 In the life span that we live,
 If we fall short, make us still,
 Spread the light with Heart and Will

LOURDES CENTRAL SCHOOL

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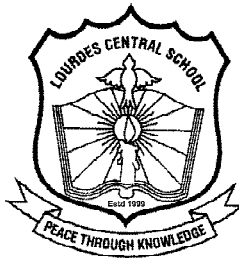
Phone : 2223366, 2214966, 2213865

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Pupilpod : lourdes.pupilpod.in

School Affiliation No. : 830120



Founder : Late Rev. Fr Bernard L. D'Souza

Manager: Rev. Dr John Baptist Saldanha

Principal : Rev. Fr Robert D'Souza

SCHOOL DIARY

2021 - 2022

Name.....

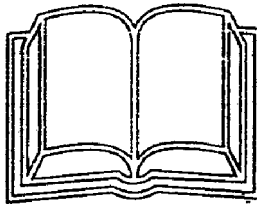
Class..... Section..... Roll No.....

House..... Admission No.....

SAT No.

(This diary must be brought to school everyday.)

THE CONSTITUTION OF INDIA



PREAMBLE

We, the people of India, HAVING SOLEMNLY RESOLVED TO CONSTITUTE India into a SOVEREIGN SOCIALIST SECULAR DEMOCRATIC REPUBLIC and to secure to all its citizens:

JUSTICE, social, economic and political;

LIBERTY of thought, expression, belief, faith and worship;

EQUALITY of status and of opportunity; and to promote among them all;

FRATERNITY assuring the dignity of the individual and the unity and integrity of the Nation;

IN OUR CONSTITUENT ASSEMBLY this twenty-sixth day of November, 1949, do HEREBY ADOPT, ENACT AND GIVE TO OURSELVES THIS CONSTITUTION.

PLEDGE

India is my motherland and all Indians
are my brothers and sisters.

I love India and feel proud of her traditions and great
heritage.

I shall always strive to be worthy of her.

I shall always respect my parents, teachers
and elders and be courteous to all.

I promise to be loyal to my country and countrymen;
in their prosperity lies my happiness.

**[To be recited with commitment and sincerity
everyday during assembly.]**

ಪ್ರತಿಜ್ಞೆ

- ಭಾರತವು ನನ್ನ ಮಾತೃಭೂಮಿ. ಈ ದೇಶದಲ್ಲಿರುವ ಪ್ರತಿಯೊಬ್ಬ ಭಾರತೀಯರು ನನ್ನ ಸಹೋದರ ಮತ್ತು ಸಹೋದರಿಯರು.
- ನಾನು ನನ್ನ ದೇಶದ ಶ್ರೀಮಂತ ಸಂಪ್ರದಾಯ ಮತ್ತು ಸಂಸ್ಕಾರಗಳನ್ನು ಹೆಮ್ಮೆಯಿಂದ ಗೌರವಿಸುತ್ತೇನೆ.
- ನಾನು ಮಾತೃಭೂಮಿಯ ಗೌರವವನ್ನು ಕಾಪಾಡಲು ಶ್ರಮಿಸುತ್ತೇನೆ.
- ನಾನು ಯಾವಾಗಲೂ ತಂದೆ-ತಾಯಿಯರಿಗೆ, ಗುರುಹಿರಿಯರಿಗೆ ಗೌರವವನ್ನು ಸಲ್ಲಿಸುತ್ತೇನೆ ಮತ್ತು ಎಲ್ಲರೊಡನೆ ವಿನಯದಿಂದ ವರ್ತಿಸುತ್ತೇನೆ.
- ನಾನು ನನ್ನ ದೇಶಕ್ಕೆ ವಿಧೇಯನಾಗಿದ್ದು, ದೇಶದ ಜನತೆಯ ಗೌರವವನ್ನು ಕಾಪಾಡುತ್ತೇನೆಂದು ಪ್ರತಿಜ್ಞೆಯನ್ನು ಮಾಡುತ್ತೇನೆ.

हिन्दी प्रतिज्ञा

भारत हमारी मातृभूमि है और सब भारतवासी मेरे भाई-बहन हैं ।

मैं अपने देश से प्रेम करता हूँ और उसकी समृद्धि और विविध संस्कृति पर हमें गर्व है ।

हम इसके सुयोग्य अधिकारी बनने का प्रयत्न सदा करते रहेंगे ।

हम अपने माता-पिता, शिक्षक और बड़ों का सदा आदर करेंगे और सबके साथ शिष्टता का व्यवहार करेंगे ।

हम अपने देश और देशवासियों के प्रति निष्ठा से रहने की प्रतिज्ञा करते हैं : उनके कल्याण और समृद्धि में ही हमारा सुख निहित है ।

THE LCS HOUSE SONG

Opal House

We of Opal House feel proud
To have the colour blue
Our motto tells us
always to be organised and true

**In heart and mind and deeds too
In school, at home or at play
We promise to be spic and span
And truthful in every way.**

Coral House

We of Coral House feel proud
To have the colour red
Our motto is-Be cautious and kind,
of others as is said

**In heart and mind and deeds too
In school, at home or at play
We promise to be careful
And polite in every way.**

Jade House

We of Jade House feel proud
To have the colour green
Our motto is-Be just and willing
To serve we must be keen

**In heart and mind and deeds too
In school, at home or at play
We promise to be fair
And show goodwill in every way.**

Amber House

We of Amber House feel proud
To have the orange hue
Our motto is-Be able and prompt
And punctual in all we do

**In heart and mind and deeds too
In school, at home or at play
We promise to be on the double
And alert in every way.**

OPAL, CORAL, JADE AND AMBER
ALL UNITED CHEER AND SALUTE
LOURDES CENTRAL SCHOOL
HURRAY!!!

NATIONAL ANTHEM

Jana Gana Mana Adhinayaka Jaya he
Bharatha Bhagya Vidhata
Punjaba Sindhu Gujaratha Maratha
Dravida Uthkala Banga
Vindhya Himachala Yamuna Ganga
Uchala Jaladhi tharanga
Tava - Subha Name Jage-
Tava Subha asisha Mage-
Gahe Thava Jaya Gatha
Jana Gana Mangala Dayaka Jaya he
Bharatha Bhagya Vidhata
Jaya-he Jaya-he Jaya-he
Jaya Jaya Jaya Jaya-he

राष्ट्र गण

जन गण मन अधिनायक जय हे
भारत भाग्य विधाता पंजाब सिन्ध गुजरात मराठा
द्राविड उत्कल बंग
विंध्य हिमाचल यमुना गंगा,
उच्छल जलधि – तरंग
तव शुभ नामे जागे
तव शुभ आशिष माँगे गाहे तव जय गाथा
जन गण मंगलदायक जय हे
भारत भाग्य विधाता जय हे, जय हे, जय हे
जय जय जय जय है ।

रविन्द्रनाथ टैगोर

राष्ट्र – गीत

वन्दे मातरम् सुजलां सुफलां मलयज-शीतलाम शस्य श्यामलां मातरम् ।
वन्दे मातरम् शुभ्र ज्योत्स्ना – पुलकित यामिनीम्
पुल्ल – कुसुमित, द्रुमदल शोभिनीम्
सुहासिनीम् सुमधुर भाषिणीम्
सुखदां वरदां मातरम्
वन्दे मातरम् ।

SCHOOL DAYS AND WORKING HOURS

A. School Timings :

1. KG

Students are required to be in school by 8.15 a.m.

Monday to Friday : 8.15 a.m. to 1.00 p.m.

Saturday Activity : 8.15 a.m. to 12:15 p.m.

2. Class I to XII

Students are required to be in school by 7.50 a.m.

Monday to Friday : 7.50 a.m. to 2.20 p.m.

Saturday : 7.50 a.m. to 12.30 p.m.

3. Office Timings :

Monday to Friday : 7.45 a.m. to 4.00 p.m.

Saturday : 7.45 a.m. to 12.30 p.m.

For Payments - Receipts between 7.45 a.m. to 12 Noon only.

1. Parents are requested to contact the school office for all routine matters.

2. Parents who wish to meet teachers, may do so only on **Mondays** between 2.20 p.m. to 3.00 p.m.

Parents are requested not to interact with the teachers on other days.

3. **Remedial Classes : Tuesday, Wednesday & Thursday.**

4. **Friday is reserved for Staff Meeting & Staff Interaction.**

ACADEMIC YEAR - JUNE 2021 - APRIL 2022

TERMS

Term I : 1st June 2021 - 30th September 2021

Term II : 1st October 2021 - 9th April 2022

INFORMATION SHEET

(TO BE FILLED NEATLY IN BLOCK LETTERS BY THE 10TH OF JUNE)

Recent
Photograph

1. Name of the Pupil : _____
2. Class & Section : _____ 3. Date of Birth : _____
4. Admission No : _____ 5. Religion : _____
Mother Tongue : _____ Caste: _____ SC / ST Yes / No
6. Blood Group : _____ 7. House : _____ (*Opal, Coral, Jade, Amber*)
8. Mode of transport to School : _____

OWN	SCHOOL	PRIVATE
-----	--------	---------
9. Driver's Name / Tel. No. _____
10. Any particular health problem to be taken care of _____
11. Father's / Guardian's Name : _____
12. Father's Occupation: _____
Special Interest : _____
Tele. No. : (Mob.) _____
(Res.) : _____
Email : _____
13. Mother's Name: _____
Mother's Occupation: _____
Special Interest : _____
Current Address: _____

Tele. No. : (Mob.) _____
(Res.) : _____
Email : _____

Own Brothers / Sisters in this school

Name	Class	Section
_____	_____	_____
_____	_____	_____

Specimen Signature of the Parent / Guardian

Father

Mother

Guardian

INFORMATION SHEET

(TO BE FILLED NEATLY IN BLOCK LETTERS BY THE 10TH OF JUNE)

Recent
Photograph

1. Name of the Pupil : _____
2. Class & Section : _____ 3. Date of Birth : _____
4. Admission No : _____ 5. Religion : _____
- Mother Tongue : _____ Caste: _____ SC / ST Yes / No
6. Blood Group : _____ 7. House : _____ (Opal, Coral, Jade, Amber)
8. Mode of transport to School : _____ ☐ OWN ☐ SCHOOL ☐ PRIVATE
9. Driver's Name / Tel. No. _____
10. Any particular health problem to be taken care of _____
11. Father's / Guardian's Name : _____
12. Father's Occupation: _____
- Special Interest : _____
- Tele. No. : (Mob.) _____
- (Res.) : _____
- Email : _____
13. Mother's Name: _____
- Mother's Occupation: _____
- Special Interest : _____
- Current Address: _____
- _____
- _____
- Tele. No. : (Mob.) _____
- (Res.) : _____
- Email : _____

Own Brothers / Sisters in this school

Name	Class	Section
_____	_____	_____
_____	_____	_____

Specimen Signature of the Parent / Guardian

Father

Mother

Guardian

INFORMATION SHEET

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8. Mode of transport to School : _____ ☐ OWN ☐ SCHOOL ☐ PRIVATE
9. Driver's Name / Tel. No. _____
10. Any particular health problem to be taken care of _____
11. Father's / Guardian's Name : _____
12. Father's Occupation: _____
- Special Interest : _____
- Tele. No. : (Mob.) _____
- (Res.) : _____
- Email : _____
13. Mother's Name: _____
- Mother's Occupation: _____
- Special Interest : _____
- Current Address: _____
- _____
- _____
- Tele. No. : (Mob.) _____
- (Res.) : _____
- Email : _____

Own Brothers / Sisters in this school

Name	Class	Section
_____	_____	_____
_____	_____	_____

Specimen Signature of the Parent / Guardian

Father

Mother

Guardian

THE START OF EACH DAY

1. THANK YOU LORD

I come before You today
And there's just one thing that I
want to say

Thank You Lord Thank You Lord
For all You've given to me
For all the blessings that I cannot see
Thank You Lord Thank You Lord
With a grateful heart with a song
of praise

With an outstretched arm
I will bless Your name
Thank You Lord
I just wanna thank You Lord
Thank You Lord I just wanna
Thank You Lord

2. WHEN I LOOK INTO YOUR HOLINESS

When I look into Your holiness
When I gaze into Your loveliness
When all things that surround
become shadows In the light of You
When I've found the joy of reaching
Your heart

When my will becomes enthroned
in Your love

When all things that surround
become shadows In the light of You
I worship You I worship You
The reason I live I worship You
I worship You The reason I live is
to worship You

3. YOU ARE MY REFUGE

You are my refuge, You are my
fortress.

You are my friend in need, You are
my God.

And I will worship you with all of
my heart,
I will seek your face all through my
life,

I will serve you Lord with all that I am,
Here I am.. Here I am O Lord, (3),
Here I am You are my Savior,
You are my healer, You are my
strength in need,

You are my God. You are my shepherd,
You are my comfort, You are my hiding
place,
You are my God.

4. EVERYTHING I AM

1. Everything I am Everything I'll be
I gift it to you Lord
And do it thankfully

Ch: Every song I sing
Every praise I bring
Everything I do Is a gift to you

2. Everything I have All you've given
I gift it to you Lord And do it thankfully

5. FRIENDS IN THE LORD

Friends in the Lord
Let's March in hand in hand
Our master's leading us
He's faithful and loyal
Let's walk in hand in hand
In faith and full of trust

6. MY LIFE IS IN YOU, LORD

My life is in You, Lord,
My strength is in You, Lord
My hope is in You, Lord,
In You, it's in You
In You, it's in You
I will praise You with all of my life
I will praise You with
all of my strength
With all of my life, and
all of my strength
All of my hope is in You

7. LORD I NEED YOU

Lord, I come, I confess
Bowing here I find you rest
Without you I fall apart
You're the one
that guides my heart

Ch: Lord, I need you, Oh, I need you
Every hour I need you
My one defense,
my righteousness
Oh God, how I need you

8. LADY OF LOURDES

1. Mother of mine so loving
Queen of Heaven and Earth
We the children of yours
Gathered to seek your blessings.

Ch: Mother of God, Mother of Mine
Pray for all of us
We honour you Mother
We thank you Mother
Shower your blessings on us (2)

2. Mother sweet Lady of Lourdes
Shining light of our School
Guardian Angel of us
Guide us and protect always.

9. तू सर्वशक्ति है

तू सर्वशक्ति है, तू सर्वव्यापी है
ज्ञान का सागर है, तू अनांत है
हे प्रभु कृपा करो
हे प्रभु दया करो

1. सृजन दे विश्वास दे
शक्ति दे युक्ति दे
श्रद्धा विश्वास से
अर्चना करेंगे हम
ये जग के स्वामी हो
वन्दना करेंगे हम.....2

10. सारी सृष्टि के मालिक

सारी सृष्टि के मालिक तुम्हीं हो
सारी सृष्टि के रक्षक तुम्हीं हो
करते हैं तुझको सादर प्रणाम
गाते हैं तेरे ही गुणगान

हो हो हो प्रणम तुजको प्रभु (२)
करते हैं हम सब प्रभु
प्रणम तुजको

सारी सृष्टि को तेरा सहारा
सारे संकट से हमको बचाना
तेरे हाथों में जीवन हमारा है
अपनी राहों पर हमको चलाना

11. जिस नाम में है

जिस नाम में है मुक्ति, जिस नाम

में है शक्ति

जिस नाम में है शांति, देता वो नाम
चंगाई

जिस नाम में है जिन्दगी, प्रभु है वो
नाम

जिस नाम में है बंदगी, प्रभु है वो
नाम

प्रभु तेरा नाम सबसे ऊँचा है (४)

12. सुबह सवेरे

सुबह सवेरे लेकर तेरा नाम प्रभु,
करते हैं हम शुरु आज का काम प्रभु ॥

1. शुद्ध भाव से तेरा ध्यान लगाये हम,
विद्या का वरदान तुमि से पाए हम,
तुमि से है आगाज तुमि से अंजाम
प्रभु ।
करते हैं हम शुरु आज का काम
प्रभु..

2. गुरों का सत्कार कभी न भूले हम,
इतना बने महान गगन को छु ले हम,
तुमि से है हर सुबह तुम्हीं से शाम
प्रभु ।
करते हैं हम शुरु आज का काम
प्रभु...

13. जय जय नाम

जय जय नाम प्रभु का नाम
गाऊं मैं सुबह शाम

1. तुझ में बना रहूं तो
अमृत फल लाऊं मैं
गाऊं तेरी जय सदा तो
तुझ सा बन जाऊं मैं

14. ಪರಮೇಶ್ವರಾ

ಪರಮೇಶ್ವರಾ ಜಗದೀಶ್ವರಾ ಸರ್ವೇಶ್ವರಾ
ನಮೋ ನಮೋ

೧. ನೀನೆ ಸತ್ಯಾ ನೀನೆ ಮಾರ್ಗ
ನೀನೆ ಜೀವಾ ನೀನೆ ಸರ್ವಾ
ಬೇಡುವೆ ನಿನ್ನಯಾ ಮಕ್ಕಳು ನಾವು
ಹರಸು ದೇವಾ ನಿನ್ನಯ ವರವನು.

15. ನನ್ನ ಹತ್ತಿರವಿರು

ನನ್ನ ಹತ್ತಿರವಿರು ಏ ದೇವನೆ

ನಿನ್ನನು ಬಿಟ್ಟು ಬಾಳಲಾರೆನು

1. ಕತ್ತಲೆಯ ಸಮಯದಿ ಬೆಳಕಾಗಿರು
ಕಷ್ಟದ ಸಮಯದಿ ಸಹಾಯವಾಗಿರು
2. ನಿನ್ನ ವಾಕ್ಯ ಓದುವ ಸಮಯದಿ ಗುರುವಾಗಿರು
ಪ್ರಾರ್ಥಿಸುವ ಸಮಯದಿ ದೇವರಾಗಿರು

16. ನೀ ನನ್ನ ಆಶ್ರಯವು

1. ನೀ ನನ್ನ ಆಶ್ರಯವು
ನೀ ನನ್ನ ಕೋಟೆಯು
ನೀ ನನ್ನ ಪ್ರಾಣನಾಥ
ನೀ ನನ್ನ ದೇವಾ
ಆರಾಧಿಸುವೆ ಪೂರ್ಣ ಹೃದಯದಿಂದ
ಹರಸಿ ನಿನ್ನ ನಾವು ಜೀವನವೆಲ್ಲಾ
ಸೇವೆ ಮಾಡುವೆ ನೀನೆ ಸರ್ವವೆನಲು
ಮಕ್ಕಳು ನಾವು, ಮಕ್ಕಳು ನಾವು ದೇವಾ(3)
ಹರಸು ದೇವಾ
2. ನೀ ನನ್ನ ರಕ್ಷಕನು
ನೀ ನನ್ನ ವೈದ್ಯನು
ನೀ ನನ್ನ ಸಂತೃಪ್ತಿಯು
ನೀ ನನ್ನ ದೇವಾ. ಆರಾಧಿಸುವೆ....

PRAYER

Our Father

Our father, who art in heaven,
hallowed be Thy name;
Thy kingdom come;
Thy will be done on earth
as it is in heaven
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil. Amen.

ಪರಲೋಕದಲ್ಲಿರುವ ನಮ್ಮ ತಂದೆಯೇ

ಪರಲೋಕದಲ್ಲಿರುವ ನಮ್ಮ ತಂದೆಯೇ ನಿಮ್ಮ
ನಾಮಕ್ಕೆ ಸ್ತೋತ್ರವಾಗಲಿ. ನಿಮ್ಮ ರಾಜ್ಯವು ಬರಲಿ.
ನಿಮ್ಮ ಚಿತ್ತ ಪರಲೋಕದಲ್ಲಿ ನೆರವೇರುವ ಪ್ರಕಾರ
ಭೂಲೋಕದಲ್ಲಿಯೂ ನೆರವೇರಲಿ.

ನಮ್ಮ ಅನುದಿನದ ಆಹಾರವನ್ನು ಇಂದು ನಮಗೆ
ಕೊಡಿ. ನಮಗೆ ತಪ್ಪು ಮಾಡಿದವರನ್ನು ನಾವು
ಕ್ಷಮಿಸುವ ಪ್ರಕಾರ ನಮ್ಮ ಪಾಪಗಳನ್ನು
ಕ್ಷಮಿಸಿ. ನಮ್ಮನ್ನು ಶೋಧನೆಗೆ ಒಳಪಡಿಸದೆ
ಕೇಡಿನಿಂದ ನಮ್ಮನ್ನು ರಕ್ಷಿಸಿ.

ಪ್ರಾರ್ಥನಾ

हे प्रभू तू जो स्वर्ग में है,
तेरा नाम पवित्र किया जाए
तेरा राज्य आए
तेरी इच्छा जैसे स्वर्ग में हो,
वैसे पृथ्वी पर भी हो,
हमारा प्रतिदिन का आहार
आज हमें दे
और हमारे अपराध हमें क्षमा कर
जैसे हम भी अपने अपराधियों
को क्षमा करते हैं
और हमें परीक्षा में ना डाल
परंतु बुराई से बचा ।

Morning Prayer

O God our Father, we come to You
this morning, to give you our love.
We ask Your blessings on our
parents, teachers and ourselves.
To You we offer our time of study
and play. Take and use them
always for Your glory.

Prayer before each period

Oh my God we are about to
study for the love of thee, Grant
us, we beseech Thy holy
blessing, all for thee O my God.

Prayer after the break

Thank you God for
the food we had;
Bless my mummy who prepared it.
Bless my daddy who provided it
Help me to concentrate in my
lessons. Thank you God.

AT THE END OF THE DAY

We give You thanks Almighty God for all the benefits You have conferred
upon us. O my God, I love You with all my heart and I pray that You may
bless me with wisdom and knowledge. Help me to be of service to others.

ನಾಡಗೀತೆ

ಜಯ ಹೇ ಕರ್ನಾಟಕ ಮಾತೆ

ಜೈ! ಭಾರತ ಜನನಿಯ ತನುಜಾತೆ
ಜಯ ಹೇ ಕರ್ನಾಟಕ ಮಾತೆ ।

ಜೈ ಸುಂದರ ನದಿವನಗಳ ನಾಡೆ,
ಜಯ ಹೇ ರಸ ಋಷಿಗಳ ಬೀಡೆ ।
ಭೂದೇವಿಯ ಮುಕುಟದ ನವಮಣಿಯೆ;
ಗಂಧದ ಚಂದದ ಹೊನ್ನಿನ ಗಣಿಯೆ;
ರಾಘವ ಮಧುಸೂಧನರವತರಿಸಿದ
ಭಾರತ ಜನನಿಯ ತನುಜಾತೆ ।
ಜಯ ಹೇ ಕರ್ನಾಟಕ ಮಾತೆ ।

ಜನನಿಯ ಜೋಗುಳ ವೇದದ ಘೋಷ,
ಜನನಿಗೆ ಜೀವವು ನಿನ್ನಾವೇಶ
ಹಸುರಿನ ಗಿರಿಗಳ ಸಾಲೆ,
ನಿನ್ನಯ ಕೊರಳಿನ ಮಾಲೆ
ಕಪಿಲ ಪತಂಜಲ ಗೌತಮ ಜಿನನುತ,
ಭಾರತ ಜನನಿಯ ತನುಜಾತೆ
ಜಯ ಹೇ ಕರ್ನಾಟಕ ಮಾತೆ ।

ಶಂಕರ ರಾಮಾನುಜ ವಿದ್ಯಾರಣ್ಯ
ಬಸವೇಶ್ವರ ಮಧ್ವರ ದಿವ್ಯಾರಣ್ಯ
ರನ್ನ ಷಡಕ್ಷರ ಪೊನ್ನ
ಪಂಪಲಕುಮಿಪತಿ ಜನ್ನ

ಕುಮಾರವ್ಯಾಸ ಮಂಗಳಧಾಮ ।
ಕವಿ ಕೋಗಿಲೆಗಳ ಪುಣ್ಯಾರಾಮ ।
ನಾನಕ ರಾಮಾನಂದ ಕಬೀರರ

ಭಾರತ ಜನನಿಯ ತನುಜಾತೆ
ಜಯ ಹೇ ಕರ್ನಾಟಕ ಮಾತೆ ।

ತೈಲಪ ಹೊಯ್ಸಳರಾಳಿದ ನಾಡೆ,
ಡಂಕಣ ಜಕಣರ ನೆಚ್ಚಿನ ಬೀಡೆ;
ಕೃಷ್ಣ ಶರಾವತಿ ತುಂಗಾ
ಕಾವೇರಿಯ ವರರಂಗ

ಜೈತನ್ಯ ಪರಮಹಂಸ ವಿವೇಕರ
ಭಾರತ ಜನನಿಯ ತನುಜಾತೆ
ಜಯ ಹೇ ಕರ್ನಾಟಕ ಮಾತೆ

ಸರ್ವ ಜನಾಂಗದ ಶಾಂತಿಯ ತೋಟ
ರಸಿಕರ ಕಂಗಳ ಸೆಳೆಯುವ ನೋಟ
ಹಿಂದೂ ಕ್ರೈಸ್ತ ಮುಸಲ್ಮಾನ,
ಪಾರಸಿಕ ಜೈನರುದ್ಯಾನ
ಜನಕನ ಹೋಲುವ ದೊರೆಗಳ ಧಾಮ

ಗಾಯಕ ವೈಣಿಕರಾಮ!
ಕನ್ನಡ ನುಡಿ ಕುಣಿದಾಡುವ ಗೇಹ!
ಕನ್ನಡ ತಾಯಿಯ ಮಕ್ಕಳ ದೇಹ!
ಜೈ! ಭಾರತ ಜನನಿಯ ತನುಜಾತೆ
ಜಯ ಹೇ ಕರ್ನಾಟಕ ಮಾತೆ

ಜೈ ಸುಂದರ ನದಿವನಗಳ ನಾಡೆ,
ಜಯ ಹೇ ರಸ ಋಷಿಗಳ ಬೀಡೆ

-ಕುವೆಂಪು

LOURDES CENTRAL SCHOOL

LOURDES CENTRAL SCHOOL (LCS) is under the Catholic Board of Education headed by the Most Rev. Dr. Peter Paul Saldanha, Bishop of the Diocese of Mangalore, a religious and linguistic minority institution. With its excellent educational infrastructure, well set objectives and innovative approach to education, LCS stands high above and has gained confidence of parents seeking a meaningful and quality education for their children.

LCS is an English Medium Co-educational School, the brain-child of Late Rev. Fr Bernard L. D'Souza, an educationalist and a visionary who established this school in the year 1999 with a difference to provide high quality value based education to prepare our students to be upright citizens, honest and able administrators.

Late Rev. Fr Joseph Peter Tauro, Parish Priest of Bejai Church succeeded as the Manager of LCS in 2003 and brought about many developmental works. Later he was succeeded by Rev. Fr Victor Machado, Parish Priest of Bejai Church who took charge of the school in the year 2010 and brought up the school to greater heights.

Rev. Fr Wilson L. Vitus D Souza, the Parish Priest of Bejai Church took charge as the Manager of LCS in June 2014. He has made an overall development of a new entrance for KG Section and a roof top auditorium for school programmes. He too being a visionary brought about extensive changes in overall infrastructure and played a major role in school expansion process.

Rev. Dr John Baptist Saldanha took over as the Parish Priest of St Francis Xavier Church, Bejai and Manager of LCS on 30th July 2020. He being an eminent educationalist and having global knowledge in varied subjects is all set to take the school to greater prominence.

LCS, started with a record strength of 230 students in the first year, has carved its own niche in the community and has been recognised for quality education and all round development of the students. At present, the school accommodates students in the age group 3½ to 17 years in classes beginning with KG to Class XII with a total strength of 2070 students.

The school is presently headed by a dynamic Principal, Rev. Fr Robert D Souza and Vice Principal, Ms Belita Mascarenhas who are ably assisted by the Lead Teachers, Subject Co-ordinators and well experienced teachers with special skills and techniques of teaching at Lourdes Central School.

SCHOOL MOTTO : PEACE THROUGH KNOWLEDGE

VISION : “An enlightened society for a fuller life”

MISSION : “Gearing up our education apostolate through moral and spiritual values and making it life enhancing specially for the poor and marginalized.”

AIMS AND OBJECTIVES OF THE SCHOOL

- ❖ To impart spiritual, moral, academic, and aesthetic values through formal and informal courses with emphasis on courtesy, honesty, integrity and loyalty.
- ❖ To create a spirit of fellowship, equality and mutual enrichment, thus helping our pupils to break down all barriers that divide us.
- ❖ To help our students to be catalysts of social change bringing about justice and peace in society.
- ❖ To prepare our students for civil service examinations to become able administrators of our country.
- ❖ To develop a spirit of patriotism and responsible leadership for the service of our country.
- ❖ To furnish excellent academic opportunities to the children of both the NRIs and transferable employees.

Crusaders for a Greener Environment

Lourdes Central School strives to promote Eco friendly atmosphere and pilot the project of creating a safe and green environment through various measures and activities.

We educate students to be more sensitive towards the environment by reducing the use of plastics, follow effective ways of saving water.

We motivate our students to participate in projects like planting trees, recycling of books, clothes, toys etc.

THE SCHOOL STRUCTURE AND SYSTEM

1. The School Structure :

KG I & KG II	- Kindergarten
Class 1 to Class II	- Lower Primary
Class III to Class V	- Upper Primary
Class VI to Class VIII	- Lower Secondary Section
Class IX and Class X	- Secondary Section
Class XI & Class XII	- Senior Secondary Section

2. The school has a co-educational system.

3. The medium of instruction is English.

4. Languages :

a) First language	: English
b) Second language	: Hindi
c) Third language	: Kannada/ Konkani

Senior Secondary Section

5. Science (PCMB / PCMC) / Commerce stream for class XI and XII

Curriculum Subjects

Classes I to X

- English Communicative
- II Language - Hindi / Kannada
- III Language - Kannada / Konkani
- Mathematics
- Environmental Studies
- Social Science / EVS
- Science and Technology
- General Knowledge
- Computer Science
- Value Education / Catechism
- Art / SUPW
- Music
- P.E. / Games

Classes XI to XII

- English Core
- Physics
- Chemistry
- Biology
- Computer Science
- Mathematics
- Accountancy
- Business studies
- Economics
- General Studies
- Value Education
- Health and Physical Education

Co - curricular Activities : A variety of activities linked with the syllabus and new trends in education are organised. The underlying purpose is to prepare and train the students mentally, physically, socially and emotionally so that they will be able to face any eventuality with confidence.

The School Week : Classes I to X along with the academics the students receive guidance and instructions in the following Co-curricular activities:

- | | | |
|-----------------------|------------------------|----------------|
| (i) Elocution | (ii) Extempore | (iii) Quiz |
| (iv) Creative writing | (v) Choir/Singing | (vi) Poetry |
| (vii) Art and craft | (viii) Callisthenics | (ix) Dramatics |
| (x) Cubs and Bulbuls | (xi) Scouts and Guides | |

Extra Curricular Activities : The school provides extra curricular activities to students after school hours on extra payment.

The activities are :

- | | | | |
|-----------|-----------------------------------|----------------------|---------------------|
| Mon, Wed | (i) Indian Free Style Dance | (ii) Public Speaking | |
| Wed, Thur | (i) Chess | (ii) Karate | (iii) Bharatanatyam |
| Tue, Thur | (i) Roller Skating | (ii) Art & Craft | |
| | (iii) Instrumental Music-KeyBoard | | |

Fee Structure and Payments : In the absence of grants from the State or Central Government, LCS has to depend solely on the fee-structure to meet the financial obligations in respect of salaries of the staff and recurring and incidental expenditure for smooth functioning of the school.

School Fees for the whole academic year have to be paid at the time of admission. Fees once paid are not refundable. The tuition and special fees are based on periodical salary revision of the staff by the government.

KINDERGARTEN - The Kindergarten in Lourdes Central School is a place where children of different backgrounds come together and bloom in a unique way, spiritually, physically and mentally with value based education. Refreshing of Memory (ROM) is conducted in order to take away the fear of examination. Study from text book is a necessity, yet, all learning experiences in KG is embellished through child oriented project work. To add to the beauty of learning and developing a sense of achievement at the KG level a Convocation Day is observed at the end of two year course.

EXAMINATIONS & PROMOTIONS

The school will conduct periodic tests and exams as scheduled in the diary and attendance is compulsory. No re-exam will be conducted.

Classes I to III : Scholastic Area :

Term - 1	Term - 2
Periodic Test - I (25 marks)	Periodic Test - III (25 marks)
Periodic Test - II (25 marks)	Periodic Test - IV (25 marks)
Mid Term - (50 marks)	Annual Exam - (50 marks)

Along with written exam students are also assessed on different skills.

English / Hindi / Kannada : Reading, Recitation, Note book submission, Subject enrichment activities.

Math : Tables, Mental Ability, Note book submission, Subject enrichment activities.

EVS / Science / Social Science : Group Activity, Note book submission, Subject enrichment activities.

Classes IV to X : Scholastic Area :

Periodic Test - I (40 marks)	Periodic Test - III (40 marks)
Periodic Test - II (40 marks)	Periodic Test - IV (40 marks)
Mid Term - (80 marks)	Annual Exam - (80 marks)

Tests and Examinations will be conducted as per the dates scheduled in the school diary. The dates may change only under unavoidable circumstances.

Subject Enrichment Activities : These are subject-specific activities aimed at enhancing understanding and skills of the students. These activities are to be carried out throughout the term, however, they will be evaluated at the term-end.

Languages : Listening and speaking skills.

Mathematics : Lab activities.

Science : Practical work and activities in Science.

Social Science : Project work may be undertaken.

Co-Scholastic Activities (Classes VI-X): 3-point grading scale (**A-Outstanding**, **B-Very Good** and **C-Fair**). The aspect of regularity, sincere participation, output and teamwork will be the generic criteria for grading in the following co-scholastic activities: (a) Work Education (Classes VI - VIII) (b) Art Education (c) Health and Physical Education.

Discipline (Classes I-X): The students will also be assessed for the discipline which will be based on the factors like attendance, sincerity, behaviour, values, tidiness, respectfulness towards rules and regulations, attitude towards society, nation and others. Grading on discipline will be done term-wise on a 3-point grading scale (**A - Outstanding, B - Very Good and C - Fair**).

CLASS IX and X Scholastic Area Total 100 Marks

Subject	80 Marks Student has to secure 40% marks out of 80 marks in each subject	20 Marks (Internal assessment) Student has to secure 40% marks out of overall 20 marks in each subject			
		Periodic Assessment			
		Pen Paper Test (5 Marks)	Multiple Assessment (5 Marks)	Portfolio (5 Marks)	Subject Enrichment Activity (5 Marks)
English	Annual Examination for 80 marks in each subject covering 100% syllabus of the subject. Marks and Grades both will be awarded for individual subjects.	Periodic written test restricted to three in each subject in an Academic year. Average of the best two tests to be taken for final marks submission.	This will cover quizzes, oral test, concept map, exit cards, visual expressions etc.	This will cover the class work, peer assessment, self assessment, achievements of student in the subject, reflections, narrations, journals etc.	Speaking and Listening skills
Hindi					Speaking and Listening skills
Mathematics					Maths lab Practical
Science					Practical Lab work
Social Science					Project work

NOTE : NSQF - National Skill Qualifications Frame Work (Information Technology) Theory and Practical - 50 marks each.

EXAMINATIONS:

1. Any **malpractice/unfair means detected during an examination** is liable to punishment at the discretion of the Principal along with a fine of **₹1000**.
2. A student will be exempted from answering exams in grave illness or other unavoidable circumstances **only**.
3. In case of illness (contagious disease/physical disability), a medical certificate from a Registered Medical Practitioner has to be submitted.
4. If a student absents himself/herself from periodic tests, term exams, he/she will have to pay a fine of **₹500** before answering the next test / exam.

5. A student cannot absent himself/herself from **Preboards of Class X and XII, Value Education / Catechism exam of classes VII and X**. If absent, he/she will have to pay a fine of **₹1000**.

PROMOTION CRITERIA FOR CLASSES I TO IX:

1. As there are four Periodic tests and two terminal examinations, a student must get 40% pass marks in all the subjects.
2. **Class XI and XII** : There will be three periodic tests and two terminal examinations for Class XI. As for Class XII, there will be three periodic tests, one Mid-term exam and two Pre-boards.

CLASS XII:

1. **A minimum of 75% attendance is stipulated for promotions**, failing which, the child will not be permitted to write the final examination.
2. The promotion is based on the performance in the periodic tests and term exams. The weightage given to each assessment and the promotion rules are as follows.
 - i) A minimum of 40% marks in aggregate in each subject at the end of the year as per the following calculation is required for promotion.
Periodic tests = 10%, Terminal examination I = 40% and Annual Examination = 50% weightage.
 - ii) A minimum 40% is required in theory as well as practical examination for promotion to Class XII.
 - iii) A pass grade is required in subjects like Health and Physical Education and General Studies.
 - iv) All cases of doubt regarding promotion are entirely left to the discretion of the Principal, whose decision is final.

The competitive Examinations conducted at Lourdes Central School

1. National Talent Search Examination (NTSE)
2. VidhyarthiVighyanManthan (VVM)
3. Green Olympiad
4. National Standard Examination in Astronomy
5. Math Olympiad
6. Spell Bee

CODE OF CONDUCT

1. Punctuality and regularity :

- 1.1 Students are expected to be in class by 7.50 a.m. sharp and meditate till 8.00 a.m. immediately followed by the school assembly.
- 1.2 The teacher will check the diary and the uniform before the assembly. If a student is found without proper uniform, a fine of ₹50 will be levied intimating it to the parents through the school diary. Classes I - III teachers must collect fine only after three warnings are written in diary.
- 1.3 Any student of class I to XII coming after 7.50 a.m. will be considered late, if found late more than thrice, parents will be informed, a fine of ₹50 will be levied and it will be recorded in the diary.

2. Leave of Absence :

- 2.1 Leave of absence is not granted except on prior written application from parents / guardian in the Leave Record provided in the Diary. If the absence exceed three days then it must be granted by the Principal / Vice Principal.
- 2.2 When a student is absent from school without leave for some unforeseen reason e.g. illness, accident or death of a loved one, he/she, on returning to school, should bring a note of excuse from his/her parents / guardian in the Leave Record provided in the Diary. **If a student is absent for more than two days in case of sickness or any other reason, the parent/guardian must inform the school office about the reason of absence.** The school office will then inform the class teacher.
- 2.3 **Attendance is compulsory on the following days :- closing & re-opening day (Dussehra, Christmas and Summer Vacation) National festivals, Sports day, Annual day, Lourdes Feast day, Lourdes Olympiad and other celebrations at school - a fine of ₹500 will be collected in case of absence. (The fine is mandatory even with prior permission.)**
- 2.4 If a student is absent for more than three days during regular working days a fine of ₹500 will be levied.

3. General Behaviour :

- 3.1 On the teacher's arrival in the classroom the students must greet the teacher, pray and then take their seats.
- 3.2 Students are not allowed to loiter / stand in the corridors or on the campus during working hours. They should move from one classroom to another with the permission card in a disciplined manner without causing disturbance to other classes.
- 3.3 No student or staff member will be called to the phone during school hours. However, in case of emergency, message will be conveyed to them.
- 3.4 Books, umbrellas, tiffin-boxes etc should have a name or mark by which they can be identified. All stray and unclaimed property should be brought to the office. Umbrellas must be placed in the tubs provided in class. Water bottles / tiffins must be placed in the rack.
- 3.5 No form of jewellery is allowed with the uniform such as bangles, long earrings, chains, finger rings and anklets etc. Girls can wear **only** a pair of small stud.
- 3.6 The school, though not responsible for the conduct of students outside its premises, will take cognizance of any serious misconduct committed outside the school. In any extreme case the final decision will be taken by the Manager in consultation with the Principal.
- 3.7 Students indulging in spoiling the school's image or of a particular staff member through social network will be dealt seriously by the school management.
- 3.8 Stealing books, money, coupons or any other articles, the student will be asked to pay double the amount of the items stolen.
- 3.9 There will be surprise checking of bags by the teachers frequently at regular intervals. Students must bring books according to the days time table. If extra books are found (in the bag) the student will be fined.
- 3.10 **The maximum amount carried in the wallet should not exceed ₹100. If extra amount is given it should be mentioned in the school diary by the parents.**

- 3.11 Students are forbidden from entering the laboratories except with the permission of the teacher in charge. All equipments and materials given to students for practical work should be handled with care. Each student with practical work should maintain an observation record book, which should be regularly submitted once a week.
- 3.12 **Carrying food from the canteen to the classrooms and sharing food from one class to another class is strictly prohibited.**
- 3.13 A student may avail medical room facility in case of sickness during class hours. A written note must be brought from the class teacher / subject teacher.
- 3.14 In case of sudden illness when students want to go home they can do so only during the break time to avoid disturbance during class hours, except in serious cases. They must seek a written permission from the class teacher / subject teacher and later from Principal/Vice Principal. Before leaving the premises students should enter his/her name and time in the students movement register which is kept in the office.
- 3.15 Students are not allowed to bring two wheelers or four wheelers to school.

4. School Diary :

- 4.1 **The school diary must be brought to school daily.** At the end of the day students must check their bags for the presence of their school diary. If diary is missing, it must be informed to the teacher in the class before leaving the school.
- 4.2 If the diary is lost, the class teacher should be informed. A request note must be brought by the student from the parent for issuing a duplicate diary by paying a fine of **₹1000** and get it signed by the Principal. If the original diary is found later, it must be submitted to the Principal and **₹500** will be remitted.
- 4.3 **If a student does not complete his / her work / assignments / projects regularly, period detention / P.E. detention could be used by the Principal/Subject Teachers after initial warning.**
- 4.4 **A record of Coming late / Untidy turnout / Home work not done / Misbehaviour** will be maintained in the diary.

4.5 **Appreciation for any good deeds done will be recorded and recognised.**

5. **Ragging or Bullying:**

5.1 **Bullying or Ragging is a punishable offence.**

Bullying can be **directly** from the bully to the victim (e.g., through physical intimidation or attacks, verbal abuse, unwanted attention and advances, damaging property), or it can be **indirect** (e.g., through spreading malicious rumours). It can also include **cyber-bullying** (e.g., sending unpleasant SMS messages, photographs or Emails, to the victim or to others).

Students subjected to it must report to the class teacher immediately. Utmost attention and stringent action will be taken as per the CBSE norms.

5.2 Students should maintain a respectable distance with their teachers and fellow mates.

5.3 Students fighting in the classroom, corridors, staircases or anywhere in school premises will be given initial warning by the class teacher. If repeated, the matter will be reported to the Co-ordinator for necessary action. If the student is caught the third time, the matter will be reported to the Principal and disciplinary action will be taken.

5.4 **Chewing gum** in school is strictly prohibited. If found, a fine will be levied.

5.5 Any types of sedatives, beverages, tobacco possessing or consuming in the classrooms or in the campus is strictly prohibited. If found, the school will take stringent action even to the extent of suspension/dismissal.

5.6 Sexual harassment which includes unwelcomed sexual advances, request for sexual favours, passing of lewd comments and body shaming will be considered a major offence and serious action will be taken to the extent of suspension /dismissal.

5.7 Students using abusive languages and showing disrespect to their teachers will be dealt severely.

A Note to Parents :

6. **Open House** : The 'Open House Day' gives an opportunity for a meaningful exchange of views between parents and teachers to bring about a better understanding of students progress.
- 6.1 Parents must attend the Open House along with their wards. Students must come in full uniform and bring their school diary along with them.
- 6.2 In case of unforeseen circumstances, the parents who could not make it for the '*Open House Day*' must meet the subject teachers on the following Monday from 2.15 p.m. to 3.00 p.m.
- 6.3 **Parent Teacher Association** : PTA is an important part of the school. Constructive suggestions by parents will be accepted at all times. However the school will not tolerate any interference related to administrative matters. The final decision rests solely with the school authorities.
- 6.4 Parents must compulsorily attend Interactive Sessions and Open House Meetings.
- 6.5 Use of mobiles by the parents / guardians in the school campus is strictly prohibited.
- 6.6 Parents are strictly prohibited from entering the school campus unnecessarily during school hours.
- 6.7 All parents dropping their wards to school and picking them should do so only near the Church area. Do not come down near the school gate as it causes a lot of inconvenience.
- 6.8 **School Diary, with any written remarks, must be signed by the parent to avoid inconvenience later.**

Health and Insurance :

- (a) All students are insured against personal accidents during school hours. Parents are requested to inform the Principal in writing in case of any accident to a student on/off the campus and consequent hospitalisation to facilitate insurance claims.
- (b) If a student contracts chicken pox or any contagious disease, send him/her to school only after it is completely healed. The school authorities may send back students who are not ready for school.

Our school has piloted the project '**Crusaders for a Greener Environment**' under which students are requested to donate used notebooks, text books, school bags, shoes, water bottles which will be sent for recycling or donated to the local NGOs to be sorted out and given to the less fortunate. Kindly co-operate towards this noble cause.

7 Birthdays at LCS:

- * Birthdays are integral at LCS. To make it special the birthday student will be greeted with great joy and pomp during the morning assembly.
- * To sensitise students towards love for the under privileged the school motivates students to contribute towards the birthday fund. This amount is distributed to the local NGOs and Ashrams and other disaster relief to help our local citizens.
- * Students who voluntarily contribute a minimum of ₹500 and above will receive a certificate of appreciation from the Principal. Small contributions are also welcome, they can be directly dropped in the birthday fund box and receive a note of appreciation through the class teacher.
- * Birthday outfits, distribution of sweets is not allowed for all classes..
- * Birthday bumps / thumps / dumps / punches are strictly not allowed.

Library and Computer Suites : Students must co-operate with the Staff of the Library and Computer Centre, in maintaining order and discipline. Students must take care not to lose, damage or deface any of the materials, fixtures, equipments that are provided. Any loss or damage will have to be replaced or made good by the student concerned.

School Counsellor : Parents can avail the services of the School Counsellor to discuss the behavioural issues pertaining to their wards with prior appointment either during school hours or from 2.15 p.m. to 3.00 p.m.

Uniform :

1. If he/she is taking part in any stage programme, the attire should be changed to school uniform soon after the programme.

2. From October, students are supposed to wear black Gola shoes as a part of the school uniform. Under unavoidable circumstances, the child can wear **black open sandals only** (croc's, coloured floaters / slippers etc. are strictly not permitted).
3. All girls from classes I to XII having short hair must wear black hair band/black ribbons/black clips. Shoulder length hair must be tied in two pony tails and long hair should be braided in two plaits with a middle parting. Fringes and fleaks are strictly not allowed. **Students of Class XI and XII must have single plaited hair style.**
4. Boys are expected to have regular haircut which has to be simple and short. No celebrity/fancy cuts are permitted. Secondary and Senior Secondary students should come with a clean shave (sporting a beard/stubble is not allowed). Students not adhering to it will be fined.
5. Students should be back in full school uniform for the school assembly after their morning sports practice if any.
6. Students visiting the school for **any purpose** during holidays / vacation must be in **regular uniform**. This also applies for students representing the school for any programmes or appearing for exams.

8. Fine :

- 8.1 Students are expected to wear ID in the school campus, failing which a fine will be levied. New cord will be provided if the ID cord is broken and a fine will be charged. If a student loses / damages the ID a fine will be levied and a duplicate will be issued only **once**.
- 8.2 Mobile phone, music player, hard disk, videogames, pen drive, CD, laptop, camera, pad phones, digital watches, nail cutter, steel ruler, pencil sharpener, **fevicol, whitener**, adult books, magazines or any type of electronic gadgets will not be permitted in the school campus. **The things once confiscated will not be returned.**
- 8.3 Damaging the school property / misuse of smart board is intolerable and a fine will be collected depending on the damage done.

Fine and Penalties :

School Diary / ID :

- Not bringing School Diary ₹ 50
- Not wearing school belt / ID ₹ 50
- New ID cord ₹ 100
- Losing / Damaging the ID ₹ 500
- Tampering with School Diary ₹ 500

School Uniform :

- Not ironed / outgrown / torn uniform ₹ 50
- Not wearing sports uniform on Friday / vest ₹ 50
- Not wearing polished school shoes, socks ₹ 50

Untidy turnout :

- Uncropped nails / nail polish ₹ 50
- Boys with long untidy hair ₹ 50
- Girls long but not plaited hair ₹ 50
- Coloured hair bands / clips / fancy ear tops ₹ 50
- Coloured hair / Mehndi ₹ 500

(Use of Mehndi is not permitted under any circumstances)

General :

- Placing water bottles on the desk ₹ 50
- Not bringing books according to the Time Table
/ carrying extra books ₹ 50
- Chewing gum ₹ 100

All students should strictly abide by the rules and regulations of the school at all times. This is required to ensure smooth academic work in the school and progress of each student. I have read the rules and regulations and promise to follow them.

Name of Student : _____

Signature of Mother : _____

Signature of Father : _____

Date : _____ (The same specimen signature should be maintained for all school related work.)

(Students are requested to sign only after reading the rules and regulations compulsorily)

SPORTS AND GAMES

- ❑ Physical Education is an important aspect of CBSE curriculum which exhorts all students to take part in sports and games.
- ❑ P. E. Teacher will accompany the students only for those tournaments which are approved by the State Government, Department of AICS & CBSE. For any Club sports, Association Sports activities, any private tournaments the parents should take the responsibility of accompanying their children.
- ❑ Students those who wish to join the school team in any sports, must attend all the special coaching / practice sessions conducted by the school. Attendance in this respect is compulsory. **Disciplinary code should be strictly followed.**
- ❑ Selection for the school team will be done strictly by the school authority based on performance and discipline. No parents should be involved in this matter. Students are not allowed to play in any team against the school.
- ❑ Sports achievers / winners / runners of National & International tournaments must submit certificates to the P. E. Teachers a week before the sports day.

REGULAR SCHOOL UNIFORM
MONDAYS to THURSDAYS and SATURDAYS

Kindergarten I and II : For Girls :

Brown Uniform as per pattern (slips / tights / bloomers must be worn)

For Boys :

Scarlet red and white stripes shirt (Vest to be worn)

Brown shorts **with two pleats**

For Girls : Class I – X :

Brown Pinafore (length must cover knees) with scarlet red and white stripes blouse (slips / tights / bloomers must be worn)

For Boys : Class I – X

Scarlet red and white stripes shirt (vests and inner wear must be compulsorily worn.)

Brown Shorts **with two pleats (Class I - V)**

Class VI – X : Brown Trousers **with two pleats.**
Low waist pants are not allowed.

SCHOOL UNIFORM – FRIDAYS (KG – CLASS X)

Sportswear with house system colours

Sportswear must be changed after every two years if it is faded or shortened.

SCHOOL UNIFORM - CLASS XI TO XII
MONDAYS to THURSDAYS and SATURDAYS

For Girls :

Scarlet red and white stripes salwar top with brown kameez & over coat.

For Boys :

Scarlet red and white stripes shirt (Vest to be worn)

Brown Trousers **with two pleats**

SCHOOL UNIFORM - FRIDAYS

White T-Shirt & Black Pants provided by the school.

SCHOOL SHOES

KG – CLASS XII – TERM I :

Black open sandals (Rainy Season) 1st June – 30th September 2021

KG – CLASS V – TERM II FOR BOYS & GIRLS :

Black Gola Shoes (REX) with Velcro and Brown socks
1st October 2021 – 31st March 2022.

CLASSES VI to X – TERM II FOR BOYS & GIRLS :

Black Gola Shoes (REX) with Lace and Brown socks
1st October 2021 – 31st March 2022.

CLASSES XI & XII – TERM II :

Girls - Black School Shoes with buckle and Brown socks

Boys - Black Gola Shoes (REX) with Lace and Brown socks.

1st October 2021 – 31st March 2022

Please do not call the Principal's Residence

JUNE 2021					
Date	Day	KG	CLASS I-V	CLASS VI-X	CLASS XI-XII
1	Tues		School Reopening and		
2	Wed		Student – Teacher Interaction		
3	Thurs		Introduction / Bridge Course		
4	Fri		Bridge Course		
5	Sat		Bridge Course / <i>World Environment Day</i>		
6	Sun*				
7	Mon				
8	Tues				
9	Wed				
10	Thurs		Self-Discipline - First Step Towards Success		
11	Fri				
12	Sat		Parent - Teacher Interactive Session		
13	Sun*				
14	Mon				
15	Tues				

16	Wed					
17	Thurs					
18	Fri					
19	Sat					
20	Sun*					
21	Mon	LCS - Health Week 2021			<i>International Day of Yoga</i>	
22	Tues					
23	Wed					
24	Thurs					
25	Fri	Eat Good, Feel Good Elucution: Healthy Diet - KG 2	Staff Meeting			
26	Sat	<i>International Day against Drug Abuse</i>				Talent Hunt Class XI & XII
27	Sun*					
28	Mon					
29	Tues					
30	Wed					

JULY 2021					
Date	Day	KG	CLASS I-V	CLASS VI-X	CLASS XI-XII
1	Thurs				
2	Fri				
3	Sat		LCS Vanamahotsava		
4	Sun*				
5	Mon				
6	Tues				
7	Wed				
8	Thurs				
9	Fri				
10	Sat				
11	Sun*				
12	Mon		Periodic Test I		
13	Tues				
14	Wed				
15	Thurs				

16	Fri					
17	Sat	KG 1- Green India -Colouring KG 2 - Collage Work				
18	Sun*					
19	Mon					
20	Tues					
21	Wed*	Bakrid / Eid al Adha (PH)				
22	Thurs	LCS Hindi Week 2021				
23	Fri					
24	Sat					Talent Hunt Class XI & XII
25	Sun*					
26	Mon	Kargil Victory Day				
27	Tues					
28	Wed					
29	Thurs					
30	Fri	Staff Meeting				
31	Sat					

AUGUST 2021					
Date	Day	KG	CLASS I-V	CLASS VI-X	CLASS XI-XII
1	Sun*				
2	Mon		LCS English Week 2021		
3	Tues				
4	Wed				
5	Thurs				
6	Fri	KG 1 - Fancy Dress - National Leaders			
7	Sat	KG 2 - Dance Patriotism			Talent Hunt Class XI & XII
8	Sun*				
9	Mon		LCS Independence Week 2021		
10	Tues				
11	Wed				
12	Thurs				
13	Fri				
14	Sat				
15	Sun*		Independence Day Celebration		

16	Mon				
17	Tues				
18	Wed				
19	Thurs*	Moharam (PH)			
20	Fri	Konkani Manyatha Diwas			
21	Sat				
22	Sun*				
23	Mon	Periodic Test II			
24	Tues				
25	Wed				
26	Thurs				
27	Fri	Staff Meeting			
28	Sat				Talent Hunt Class XI & XII
29	Sun*	<i>National Sports Day</i>			
30	Mon				
31	Tues				

SEPTEMBER 2021					
Date	Day	KG	CLASS I-V	CLASS VI-X	CLASS XI-XII
1	Wed				
2	Thurs				
3	Fri				
4	Sat				
Teachers Day Celebration					
5	Sun*				
Dr Radhakrishnan's Birthday					
6	Mon				
7	Tues				
Nativity of the Blessed Virgin Mary - Eucharistic Celebration / Forgiveness Day					
8	Wed*				
Nativity of the Blessed Virgin Mary (DH)					
9	Thurs	KG 1 - Elocution KG 2 - Eastern Singing			
10	Fri*				
Sri Ganesh Chaturthi (PH)					
11	Sat				
12	Sun*				
13	Mon				
'Be warriors not worriers'- Exam Tips					
14	Tues				
National Hindi Day					
15	Wed				

16	Thurs	<i>World Ozone Day</i>			
17	Fri				
18	Sat				
19	Sun*				
20	Mon	Mid Term Exam / ROM			
21	Tues	<i>International Day of Peace</i>			
22	Wed				
23	Thurs				
24	Fri	Staff Meeting			
25	Sat				
26	Sun*				
27	Mon				
28	Tues				
29	Wed				
30	Thurs				

OCTOBER 2021					
Date	Day	KG	CLASS I-V	CLASS VI-X	CLASS XI-XII
1	Fri		Term II Starts		
2	Sat		Mahatma Gandhi Jayanthi / Remembering Lal Bahadur Shastri		
3	Sun*				
4	Mon		LCS Math Week 2021		
5	Tues				
6	Wed*		Mahalaya Amavasya (PH)		
7	Thurs				
8	Fri				
9	Sat		Open House		
10	Sun*				
11	Mon		International Girl Child Day		
12	Tues				
13	Wed				
14	Thurs*		Ayudha Pooja / Maha Navami (PH)		
15	Fri*		Vijayadashmi (PH)		

* Midterm holidays begin from 14.10.2021 to 24.10.2021

16	Sat					
17	Sun*					
18	Mon					
19	Tues*	Id - e - Milad (PH)				
20	Wed*	Maharshi Valmiki Jayanthi				
21	Thurs					
22	Fri					
23	Sat					
24	Sun*					
25	Mon		LCS Kannada Week 2021			
26	Tues	KG 1- Dance KG 2- Rangoli -Flower Petals				
27	Wed					
28	Thurs	Fr Manager's Day				
29	Fri	Staff Meeting				
30	Sat					
31	Sun*		Rashtriya Ekta Diwas			

NOVEMBER 2021					
Date	Day	KG	CLASS I-V	CLASS VI-X	CLASS XI-XII
1	Mon		Kannada Rajyotsava / Anti Corruption Day		
2	Tues				
3	Wed*		Naraka Chaturdashi (PH)		
4	Thurs				
5	Fri*		Balipadyami / Deepavali (PH)		
6	Sat				
7	Sun*				
8	Mon		LCS Sports Week 2021		
9	Tues				
10	Wed				
11	Thurs				
12	Fri				
13	Sat		Children's Day – Regale 2021		
14	Sun*				
15	Mon		LCS Social Science Week 2021		

16	Tues					
17	Wed					
18	Thurs					
19	Fri					
20	Sat					
21	Sun*					
22	Mon	Kanakadas Jayanthi				
23	Tues					
24	Wed					
25	Thurs					
26	Fri		Staff Meeting		Constitution Day	
27	Sat	LCS Annual Day				
28	Sun*					
29	Mon					
30	Tues					

DECEMBER 2021					
Date	Day	KG	CLASS I-V	CLASS VI-X	CLASS XI-XII
1	Wed		Periodic Test III		
2	Thurs				
3	Fri				
4	Sat				
5	Sun*				
6	Mon				
7	Tues				
8	Wed				
9	Thurs				
10	Fri				
11	Sat				
12	Sun*				
13	Mon		LCS Science Week 2021		
14	Tues				
15	Wed				

16	Thurs				
17	Fri				
18	Sat	KG 1 - Carol Singing KG 2 - Card Making	Christmas Competitions		
19	Sun*				
20	Mon				
21	Tues				
22	Wed	Confessions / Staff Meeting			National Mathematics Day
23	Thurs	Christmas Celebration / Eucharistic Celebration			
24	Fri*	Eve of Christmas (DH)			
25	Sat*	Christmas (PH)			
26	Sun*				
27	Mon				
28	Tues				
29	Wed				
30	Thurs				
31	Fri				

JANUARY 2022					
Date	Day	KG	CLASS I-V	CLASS VI-X	CLASS XI-XII
1	Sat*		New Year's Day		
2	Sun*				
3	Mon				
4	Tues		Parent - Teacher Interactive Session (Class X & XII)		
5	Wed	KG 1- Vegetables / Fruits KG 2 - Story Scenery			
6	Thurs			I Pre-Board (Class X & XII)	
7	Fri				
8	Sat				
9	Sun*				
10	Mon				
11	Tues		National Road Safety Day		
12	Wed				
13	Thurs				
14	Fri*		Makara Sankranti (PH)		
15	Sat		Parent - Teacher Interactive Session (Class IX & XI)		

16	Sun*					
17	Mon					LCS Library Week 2022
18	Tues					
19	Wed					
20	Thurs					
21	Fri					
22	Sat					LCS Art Day
23	Sun*					Open House (Class X & XII)
24	Mon					
25	Tues					
26	Wed					Republic Day
27	Thurs					
28	Fri					Staff Meeting
29	Sat					Jyothi Pradhan
30	Sun*					Values & Me
31	Mon					Martyrs' Day

FEBRUARY 2022					
Date	Day	KG	CLASS I-V	CLASS VI-X	CLASS XI-XII
1	Tues		Safer Internet Day		
2	Wed				
3	Thurs				
4	Fri	KG 1-Artistic Calligraphy KG 2-Paragraph Writing		Founder's Day	
5	Sat		Lourdes Olympiad		
6	Sun*				
7	Mon			Annual Exam (Class IX & XI)	
8	Tues			II Pre-Board (Class X & XII)	
9	Wed		National Deworming Day		
10	Thurs				
11	Fri		Feast of Our Lady of Lourdes / Eucharistic Celebration		
12	Sat				
13	Sun*				
14	Mon		Periodic Test IV (Class I to VIII)		

15	Tues					
16	Wed					
17	Thurs					
18	Fri					
19	Sat			Parent - Teacher Interactive Session (Class IV to VIII)		
20	Sun*					
21	Mon					
22	Tues			World Scout Day		
23	Wed				Results (Class IX & XI)	
24	Thurs				Class X & XII Begins	
25	Fri				Staff Meeting	
26	Sat				Open House (Class X & XII)	
27	Sun*					
28	Mon				National Science Day	

MARCH 2022				
Date	Day	KG	CLASS I-V	CLASS VI-X
1	Tues*		Maha Shivratri (PH)	
2	Wed		Ash Wednesday	
3	Thurs		<i>Wild Life Day</i>	
4	Fri			
5	Sat			
6	Sun*			
7	Mon			
8	Tues		<i>International Women's Day</i>	
9	Wed			
10	Thurs			
11	Fri			
12	Sat			
13	Sun*			
14	Mon		Examination Study Tips	
15	Tues		<i>Consumer Rights Day</i>	

16	Wed					
17	Thurs					
18	Fri					
19	Sat			Annual Exam (Class I to VIII)		
20	Sun*					
21	Mon			<i>World Forestry Day - 'Save our forest'</i>		
22	Tues			<i>World Water Day - 'Save Water'</i>		
23	Wed					
24	Thurs					
25	Fri			Staff Meeting		
26	Sat					
27	Sun*					
28	Mon					
29	Tues			Fr Principal's Day		
30	Wed					
31	Thurs					

APRIL 2022					
Date	Day	KG	CLASS I-V	CLASS VI-X	CLASS XI-XII
1	Fri				
2	Sat*		Ugadi (PH)		
3	Sun*				
4	Mon				
5	Tues				
6	Wed				
7	Thurs		World Health Day		
8	Fri				
9	Sat		Open House		
10	Sun*				
11	Mon				
12	Tues				
13	Wed				
14	Thurs		Ambedkar Jayanthi / Mahavir Jayanthi		
15	Fri*		Good Friday (PH)		

16	Sat					
17	Sun*	Easter				
18	Mon					
19	Tues					
20	Wed					
21	Thurs					
22	Fri					
23	Sat					
24	Sun*					
25	Mon					
26	Tues					
27	Wed					
28	Thurs					
29	Fri					
30	Sat					

MAY 2022					
Date	Day	KG	CLASS I-V	CLASS VI-X	CLASS XI-XII
1	Sun*		<i>Workers' Day (International Labour Day)</i>		
2	Mon				
3	Tues*		Idu'IFitr (PH)		
4	Wed				
5	Thurs				
6	Fri				
7	Sat				
8	Sun*				
9	Mon				
10	Tues				
11	Wed				
12	Thurs				
13	Fri				
14	Sat		Basava Jayanthi		
15	Sun*				

16	Mon					
17	Tues					
18	Wed					
19	Thurs					
20	Fri					
21	Sat					
22	Sun*					
23	Mon					
24	Tues					
25	Wed					
26	Thurs					
27	Fri					
28	Sat					
29	Sun*					
30	Mon					
31	Tues	<i>Anti-Tobacco Day</i>				

I COMMUNICATION FROM PRINCIPAL TO PARENTS

Date	Remarks	Signature	
		Principal	Parent

II COMMUNICATION FROM VICE PRINCIPAL TO PARENTS

Date	Remarks	Signature	
		Vice Principal	Parent

III FROM TEACHER TO PARENTS (BE BRIEF)

Date	Remarks	Signature	
		Teacher	Parent

FROM TEACHER TO PARENTS (BE BRIEF)

Date	Remarks	Signature	
		Teacher	Parent

FROM TEACHER TO PARENTS (BE BRIEF)

Date	Remarks	Signature	
		Teacher	Parent

FROM TEACHER TO PARENTS (BE BRIEF)

Date	Remarks	Signature	
		Teacher	Parent

IV FROM PARENTS TO TEACHER (BE BRIEF)

Date	Remarks	Signature	
		Parent	Teacher

FROM PARENTS TO TEACHER (BE BRIEF)

Date	Remarks	Signature	
		Parent	Teacher

V LEAVE RECORD FOR 2021 - 2022

Name: Class: Section:.....

Date	Date of Days Absent	Total No. of Days Absent	Reason - Be brief	Signature			
				Parent or Guardian	Class Teacher	Vice Principal	Principal

LEAVE RECORD FOR 2021 - 2022

Name: **Class:** **Section:**

[illegible]

MEDICAL ROOM VISIT DURING SCHOOL HOURS

[illegible]

VII TEACHERS REMARKS (REGARDING INDISCIPLINE)

Be brief - Don't leave lines in between

Date	Reason	Signature	
		Teacher	Parent
Parents must meet the Class Teacher if remarks exceed more than 10.			

TEACHERS REMARKS

Be brief - Don't leave lines in between

Date	Reason	Signature	
		Teacher	Parent

TEACHERS REMARKS

Be brief - Don't leave lines in between

Date	Reason	Signature	
		Teacher	Parent

TEACHERS REMARKS

Be brief - Don't leave lines in between

Date	Reason	Signature	
		Teacher	Parent

VIII RECORD OF GOOD BEHAVIOUR

Date	Positive Remark	Signature	
		Teacher	Parent

RECORD OF GOOD BEHAVIOUR

Date	Positive Remark	Signature	
		Teacher	Parent

RECORD OF GOOD BEHAVIOUR

Date	Positive Remark	Signature	
		Teacher	Parent

IX RECORD OF FINE PAYMENT

Date	REASON FOR FINE COLLECTION	Signature		To be filled by office		Accountant Signature
		Teacher	Parent	Receipt No.	Paid on	

RECORD OF FINE PAYMENT

Date	REASON FOR FINE COLLECTION	Signature		To be filled by office		Accountant Signature
		Teacher	Parent	Receipt No.	Paid on	

X RECORD OF LATE COMING (MENTION THE TIME WITH INITIAL)

	June	July	August	Sept	October
1					
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RECORD OF LATE COMING (MENTION THE TIME WITH INITIAL)

	Nov	Dec	January	February	March
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XI UNIFORM NOT WORN

	June	July	August	Sept	October
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UNIFORM NOT WORN

	Nov	Dec	January	February	March
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Parents/guardians are requested to sign each time a circular or letter is sent through children, by way of acknowledgement

XII ACKNOWLEDGEMENT OF CIRCULARS

Date	Circular	Parent's Signature

MY TEACHERS

Class Teacher.....

Sl. No.	Subject	Teachers' Name
1.	English	
2.	Math	
3.	EVS	
4.	Hindi	
5.	Computer / NSQF	
6.	Art / SUPW	
7.	Music	
8.	Kannada / Konkani	
9.	Social Science	
10.	General Science	
11.	Physical Education	
12.	Physics	
13.	Chemistry	
14.	Biology	
15.	Commerce	
16.	Accountancy	
17.	Economics	
18.	Business Studies	
19.	Catechism / V.Ed.	
20.	General Knowledge	
21.	Library	
22.	Health & Physical Education	

PERIODIC TEST 1

[illegible]

PERIODIC TEST II

[illegible]

TERM 1

[illegible]

[illegible]

PERIODIC TEST III

[illegible]

PERIODIC TEST IV

[illegible]

TERM II

[illegible]

[illegible]

[illegible]

Any work given must be acknowledged with the signature of Teachers & Parents.

[illegible]

Teachers must sign whenever any homework is given.
Parents also need to see the homework and sign.

[illegible]

Teachers must sign whenever any homework is given.
Parents also need to see the homework and sign.

[illegible]

Teachers must sign whenever any homework is given.
Parents also need to see the homework and sign.

[illegible]

Teachers must sign whenever any homework is given.
Parents also need to see the homework and sign.

[illegible]

Teachers must sign whenever any homework is given.
Parents also need to see the homework and sign.

[illegible]

Teachers must sign whenever any homework is given.
Parents also need to see the homework and sign.

[illegible]

Teachers must sign whenever any homework is given.
Parents also need to see the homework and sign.

[illegible]

Teachers must sign whenever any homework is given.
Parents also need to see the homework and sign.

[illegible]

Teachers must sign whenever any homework is given.
Parents also need to see the homework and sign.

[illegible]

Teachers must sign whenever any homework is given.
Parents also need to see the homework and sign.

[illegible]

Teachers must sign whenever any homework is given.
Parents also need to see the homework and sign.

[illegible]

Teachers must sign whenever any homework is given.
Parents also need to see the homework and sign.

LOURDES CENTRAL SCHOOL
Bejai, Mangaluru - 575 004

NO DUE CERTIFICATE
(CLASS I - VIII & XI)

Date :

Class Section

This is to certify that

.....

has cleared all fine payments.

Term I - Yes / No

Date :

Term II - Yes / No

Date :

Class Teacher's Signature

Note : Class Teachers to check if all diary remarks are signed and all dues are paid **before** Term - I Exam and Term - II Exam.

LOURDES CENTRAL SCHOOL
Bejai, Mangaluru - 575 004

NO DUE CERTIFICATE

(CLASS IX, X & XII)

Ref :

Date :

Name : Class Section

Signature of Teachers :

1. **Library:** Not returned/damaged Charges ₹

2. **Science :**
Physics Chemistry Biology

3. Laboratory General Fine for loss & breakages ₹

4. English Hindi Art

Maths Social Science

Acct. Eco. Business Studies

5. Computer Laboratory ₹ Store

6. Games Teacher : Term - I - Yes / No Date

Term - II - Yes / No Date

7. Class Teacher:

8. Fee Counter:

9. Examination Admit Card may be issued

Class Teacher

Note : Students are requested to get the signature of all the above teachers before they produce the No Due Certificate.

As a Lourdite

- ❖ Greet my parents at home.
- ❖ I will be in time to school.
- ❖ Greet all teachers and elders.
- ❖ Always be dressed in clean and complete uniform
- ❖ Use decent and acceptable language while speaking to others.
- ❖ Speak softly and politely.
- ❖ Keep class room and corridors clean.
- ❖ Walk silently with hands at the back while walking in the corridors, going to the Library, Laboratory, P.T., Assembly, Computer Lab.
- ❖ Maintain discipline at all times.
- ❖ Use time and opportunities effectively to excel.
- ❖ Respect people and property.
- ❖ Restrict play to the play area.
- ❖ Show concern for other Lourdites.
- ❖ Save water and electricity.

&

Always be proud to be a Lourdite

