

LOURDITE

2022-23



SCATTER PEACE WITH GRACE



LOURDES CENTRAL SCHOOL

(Affiliated to Central Board of Secondary Education-New Delhi)
Bejai, Mangaluru - 575 004

THE PATRONESS OF OUR SCHOOL



Our Lady of Lourdes appeared to little Bernadette, a sick and poor child, 18 times in France, in 1858. She carried out the message of consolation and love of Mother Mary to the whole world.

At Lourdes Central School students come to seek and quench their thirst for value based education and to gain knowledge, wisdom and peace.

Our Patroness is the embodiment of simplicity, kindness, humility and gentleness and all our Lourdites grow up with these virtues and become torchbearers of the society.

BLESS US WITH YOUR VIRTUES!

LOURDITE

2022 - 2023



LOURDES CENTRAL SCHOOL

Bejai, Mangaluru - 575 004

Dakshina Kannada District, Karnataka State, India.

Tel No. 0824 - 2223366, 2214966, 2213865

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REMEMBERING THE VETERAN WITH REVERENCE

You are the rock and on this rock foundation I will build my church and not even death will ever be able to overcome it.

Mathew 16 – V18.



Late Rev. Fr Bernard L. DSouza

Born : 11.03.1936

Died : 04.02.2006

Lourdes Central School (LCS) is an English Medium Co-Educational School founded by Late Rev. Fr Bernard L. DSouza. His vision was to establish a school with a difference and provide high quality education with a nationally standardized syllabus to fulfill a genuine need of the children in the society, with focus on the values of discipline, diligence and integrity. Thus, leading to the emergence of future leaders and administrators from sound intellectual and moral portals.

LOURDES CENTRAL SCHOOL

MANAGEMENT COMMITTEE



Rt Rev. Dr Peter Paul Saldanha
Bishop of Mangalore
President, Catholic Board of Education



Rev. Monsignor Lawrence Maxim Noronha
Vicar General
Vice President, Catholic Board of Education



Rev. Fr Antony M Shera
Secretary
Catholic Board of Education



Rev. Dr John Baptist Saldanha
Manager



Rev. Fr Robert DSouza
Principal



Mr. Ashok Pinto
Vice President
Parish Pastoral Parishad



Mrs Preethi Gomes
Secretary
Parish Pastoral Parishad



Mrs Anitha Veigas
Elected member
Parish Pastoral Parishad



Mr Roman DSouza
Nominated Member



Mr Ivan Mascarenhas
Staff Representative



Mrs Lydia DSouza
Staff Representative



Mr Arun DCunha
Parent Representative



Mrs Edweena Philip Monis
Parent Representative



Magazine 'Lourdite' Message from the Manager

Kudos to all of you who are at Lourdes Central School, Bejai. We are at the threshold of Silver Jubilee year. We must really feel proud of all that we have achieved from the beginning.

Late Fr Bernard D'Souza, I believe, did not think that Lourdes Central School would rise to such a great height of fame in a short span of time. Our school has emerged as one of the best schools in the city of Mangalore. This has been made possible because of the fact that all of you have toiled hard as one community.

The management is committed to provide all the infrastructural facilities that are required in the school. In fact we have been investing heavily on the safety of the students and up-keeping of the school as per the requirements of CBSE as well as the educational policies.

I remain grateful to the parents who have offered us continuous support through substantial feedback. You have always responded quickly to all the concerns of the school. You have placed your trust in the management and we have tried our level best to respond to your expectations. A special word of thanks to PTEC members who always make time for the well-being of student community.

Thank you dear teachers for you have served selflessly. You accept all the challenges that you are confronted with practically every day. The new education policy has many new avenues for the up-gradation of the faculty. The management will support you in rising to newer heights as teachers who can work for the integral growth of the children.

Special word of thanks to the principal Rev. Fr Robert D'Souza who serves the institution selflessly. Thank you dear father for the healthy atmosphere created in the school.

Thank you dear students for you make us feel proud in every sphere. You responded well to the post-covid challenges. You placed yourselves in the hands of your teachers with full confidence. It helped us to mold you in the best way possible.

Silver jubilee celebration is a landmark in the history of Lourdes Central School, Bejai. It gives us an opportunity to take stock of things that we have been doing in the past. It also provides us a future with critical evaluation. We are indeed committed to the holistic development of every child that enters the portals of Lourdes Central School, Bejai.

Late Rev. Fr Bernard L. DSouza the Founder served as Manager of the school from 1999 to 2003. Thereafter late Rev. Fr Joseph Peter Tauro was the Manager from 2003 to 2010. They have gone to the Lord. May their souls rest in peace. Rev. Dr Victor J Machado served as Manager from 2010 to 2014. Thereafter Rev. Fr Wilson L. Vitus DSouza served as Manager from 2014 to 2020. 'Thank you fathers for the commendable job.' We place on records the services of those who served as Principals of Lourdes Central School Ms Grace Noronha (1999-2011), Rev. Fr Ferdinand Gonsalves (2011-2013), Rev. Fr Michael Lobo (2013-2015). Thank you for we have benefited a lot through your services.

We seek your support in every respect for the up-keep of the school. Let us work as one family for the greater glory of God and for the well-being of our community here in Lourdes Central School, Bejai.

God bless us all.

With every good wish,

Rev. Dr John Baptist Saldanha
Manager, Lourdes Central School.

Editorial Desk

*“There are no secrets to success,
it is the result of preparation,
hard work and dedication”
- Collin Powell*



As we step into our Silver Jubilee Year my heart fills with gratitude to the Lord for His abundant blessings showered on us through these many years.

As we look upon the forth coming events with anticipation we look back on the present year gone so well with academics and activities which went hand in hand. We could conduct all our assigned programmes according to schedule to the best of our ability. We thank our students, dedicated staff and supportive parents who stood by us and helped to make this year a significant one.

Our school which began in 1999 with a strength of 231 students has risen to 2124 and each year more and more students join this prestigious institution.

We are happy that our present class X and XII batch of students have moved to the New Block and have exclusively best infrastructure and facilities needed for their academic development. The digital Learning smart boards are the unique features of latest technology in the new block.

As usual our students have excelled both in Academics and Extracurricular activities. This year we had a few meritorious students who have made us proud, Sreenidhi Neermanvi Class X, Saketh Manjrekar Class X and Joshua Karkada IX have stood head and shoulders above the rest in the National Level Aryabhata Ganith Challenge.

The beautiful inauguration programme of LCS Silver Jubilee the precursor of the mega events which will unfold during this eventful year. The theme for the Silver Jubilee Year is 'Value Par Excellence'. As we have always stressed the importance of values in our teaching and learning process at LCS, we continue to impart value based education in our school.

As we look forward to the next academic year 2023- 24, our hearts are filled with anticipation, hoping the year will be a journey of learning and experience much beyond our imagination.

I would like to thank Most Rev Dr Peter Paul Saldanha, the Bishop and President of Catholic Board of Education, Rev. Fr Antony M Shera, Secretary of Catholic Board of Education and Rev Dr John Baptist Saldanha the Manager for their immense support and guidance. I thank the Editorial Board of the “Lourdite 2022-23” for their untiring efforts to bring out this unique school magazine. Thank you.

Rev Fr Robert D Souza
Principal
Editor-in-Chief





Editorial



"Team work divides the task and multiplies the success"

The Editorial Board headed by the Principal Rev. Fr Robert DSouza has put in their effort to lay emphasis on excellence. The ability to portray the evident with great creativity clearly shows the ingenuity of this year's Editorial Board.

The various sections in the Lourдите have covered all the activities, projects and various achievements in the field of academics, sports, cultural etc.

The articles that have been included are of varied themes, genres and languages, each one having its distinct flavour, which can be savoured as you flip through the pages.

Wishing you a happy reading time.

- Editorial Team

Diocesan Examination in Catechism and Value Education 2022-23

Conducted by Mangala Jyothi, Mangalore

TOPPERS

Class VII



Eva Lisa Lobo
Catechism



Varnika V. Gatty
Value Education

Class X



Rhiannon Leon Pais
Catechism



Sreenidhi Neermanvi
Value Education

WORKING TOGETHER FOR A GREAT CAUSE...



PARENT TEACHERS' EXECUTIVE COMMITTEE



SUPPORTING PILLARS



We Congratulate our Students

For their wonderful achievement in the CBSE Class XII Examination 2021-22

TOPPERS



NIKHIL SAMUEL EAPEN K
467 - 93.4 % (PCMB)



SANFER ZION RODRIGUES
467 - 93.4 % (PCMC)



B HIYA HEGDE
458 - 91.6 % (Commerce)

PCMB – 80% and above



BRYAN DCOSTA
425 – 85 %



ARJUN ANIL KUMAR
421 – 84.2 %



KEVIN PRINCE VAIDYAN
416 – 83.2 %



SHREESHA PRASAD
415 – 83 %



ASTHA DWIVEDI
411 – 82.2 %



SHAMA SHYAM SUNDER
408 – 81.6 %



AVISHIKTA MAITY
401 – 80.2 %

PCMC – 90% and above



FARIZA NUHA FAROOQ
462 – 92.4 %



M GOVINDARAJAN
459 – 91.8 %



AMOL JOSEPH MENDONCA
450 – 90 %

PCMC – 80% and above



KOSHIN S HEGDE
437 – 87.4 %



ADHVIK ABHYUDITH HEGDE
429 – 85.8 %



SAURAV DHAIT
417 – 83.4 %



ANITA SARA ANIYAN
416 – 83.2 %



PRAMATH RAM
416 – 83.2 %



SRISHTI JALAN
415 – 83 %



ASHER JARVIS PINTO
405 – 81 %



NIBHA S RAO
404 – 80.8 %



JENICA DEANNE DSOUZA
401 – 80.2 %

Commerce – 90% and above



ANJALI U P
456 – 91.2 %



MAVE SHYON DSOUZA
454 – 90.8 %



PRINSTON FERNANDES
451 – 90.2 %

Commerce – 80% and above



VERNON DYLAN RODRIGUES
423 – 84.6 %



VAISHNAVI SHETTY
421 – 84.2 %



VERNON NIALL DCOSTA
418 – 83.6 %



ARJUN RAO K
415 – 83 %



ADITHYA R RAO
412 – 82.4 %

No. of students appeared for the exam - 94
Excelled with 70% and above 45, Excelled with 60% and above 36 and
Excelled with 50% and above 13 students

Best wishes from: Management, Principal & Staff

We Congratulate our Students

for achieving yet again 100% results in the CBSE Class X Examination 2021-22

TOPPERS



ADIN RHIAN DCOSTA
491 – 98.2 %



SREESTHIRA MUKHERJEE
490 – 98 %



RAIZEL NEVA DSILVA
487 – 97.4 %

90% and above



**PRAGATHI
RAO BANERI**
480 – 96 %



**ARJUN
KUMAR**
478 – 95.6 %



**MARIA
SAMIKSHA**
476 – 95.2 %



K S RASHMIKA
475 – 95 %



**SARAH
MATHEW
ATTUPURAM**
474 – 94.8 %



VAISHNAVI K
474 – 94.8 %



**AATHISH B
SHETTY**
473 – 94.6 %



**PRATHAM
RAO**
473 – 94.6 %



SHREYA
472 – 94.4 %



**SAMRUDHI J
RAI**
469 – 93.8 %



MANYA RAI
469 – 93.8 %



SARVASVA
468 – 93.6 %



TVISHA RAI
467 – 93.4 %



**SHAUN
VERNON PINTO**
466 – 93.2 %



**SOURAV
SATISH JOSHI**
465 – 93 %



**KAREN RHEA
RODRIGUES**
465 – 93 %



GOWTHAMI S
463 – 92.6 %



SHISHIR M C
460 – 92 %



**ASWIN M
NAMBIAR**
460 – 92 %



SHREYA ARBI
459 – 91.8 %



**P RAJATH
ACHARYA**
459 – 91.8 %



**ANKITA AJIT
PAI**
457 – 91.4 %



**SUJEET
BENGANI**
457 – 91.4 %



**STEVE AARON
DMELLO**
457 – 91.4 %



**SHREEYA
SUVARNA**
457 – 91.4 %



SHLOK RAI
456 – 91.2 %



**PEARL RUTH
CUTINHA**
456 – 91.2 %



**SUHANA
NAIR**
455 – 91 %



**PRANAMYA
J SHETTY**
454 – 90.8 %



**AKSHITH
PRAMOD ULLAL**
452 – 90.4 %



**PRERANA
SMITHA**
452 – 90.4 %



**VIDHI
AGARWAL**
451 – 90.2 %



**ADITHYA
SHYAM D**
450 – 90 %

No. of students appeared for the exam - 151

Excelled with 80% and above 98, Excelled with 60% and above 39 and

Excelled with 50% and above 14 students

Best wishes from: Management, Principal & Staff

Memories Forever...



Memories Forever...



KG 2A Class Teacher : Ms Lydia D Souza

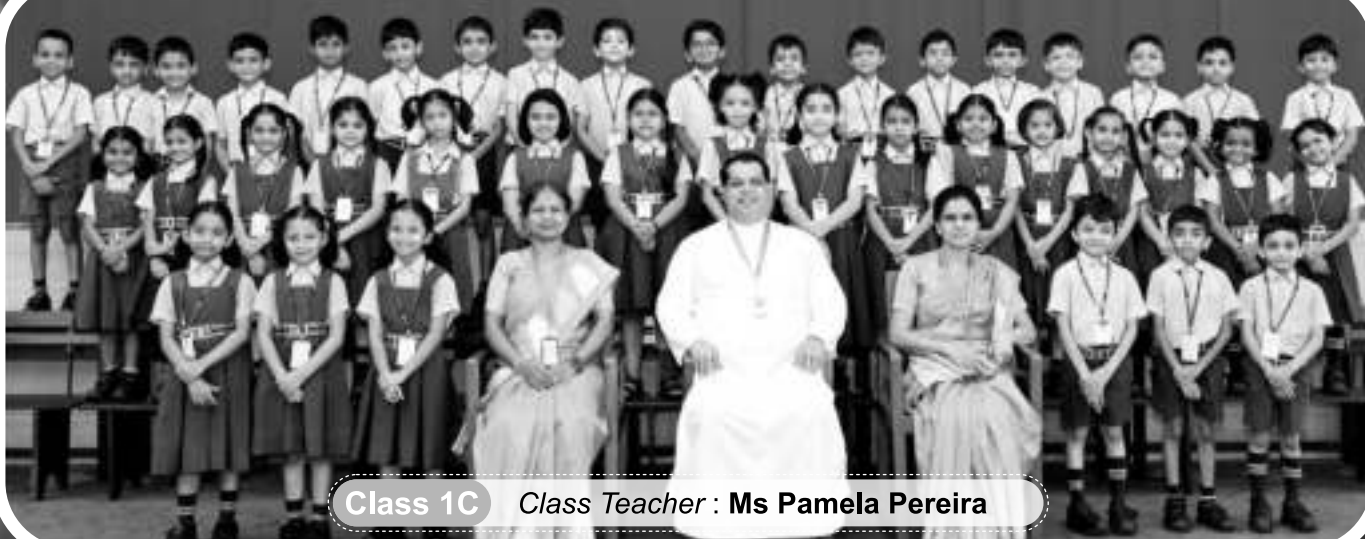


KG 2B Class Teacher : Ms Grace Roche



KG 2C Class Teacher : Ms Malini Menezes

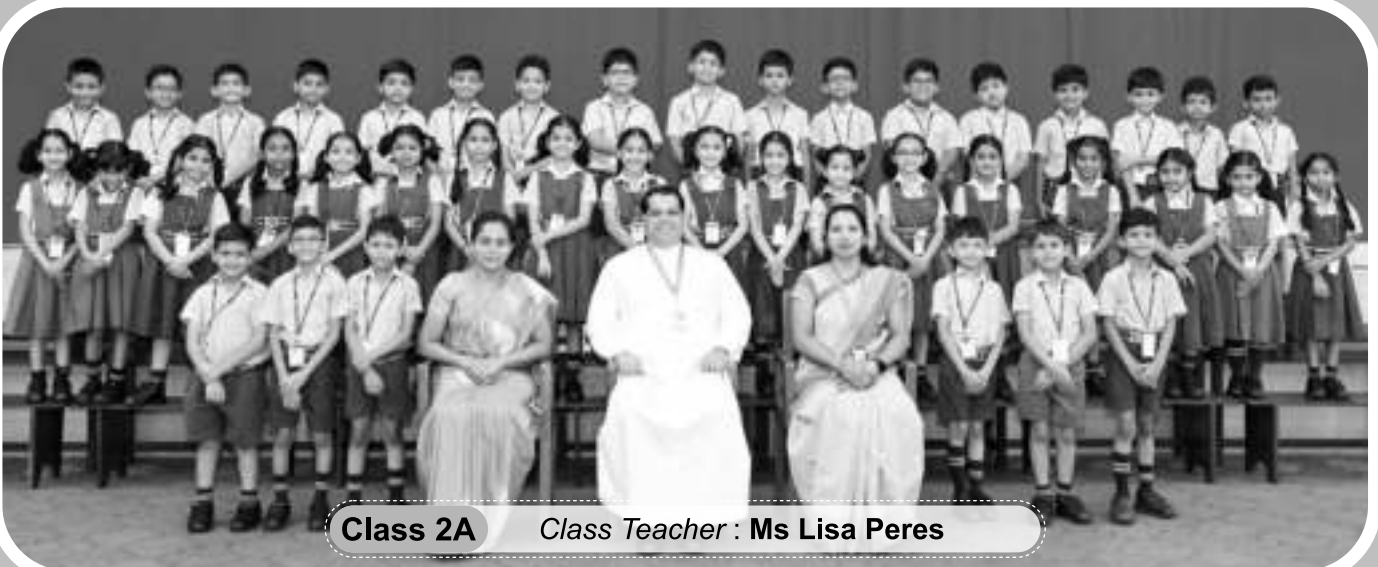
Memories Forever...



Memories Forever...



Class 1D Class Teacher : Ms Prema Pricilla Dsouza



Class 2A Class Teacher : Ms Lisa Peres



Class 2B Class Teacher : Ms Sangeetha Salins

Memories Forever...



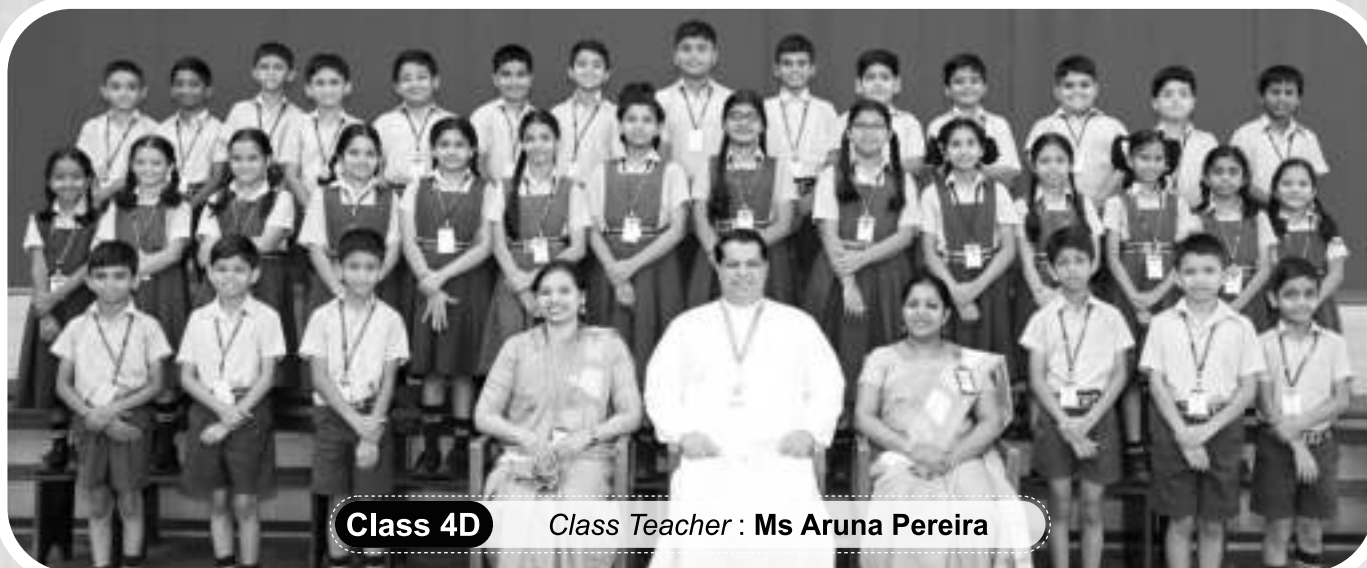
Memories Forever...



Memories Forever...



Memories Forever...



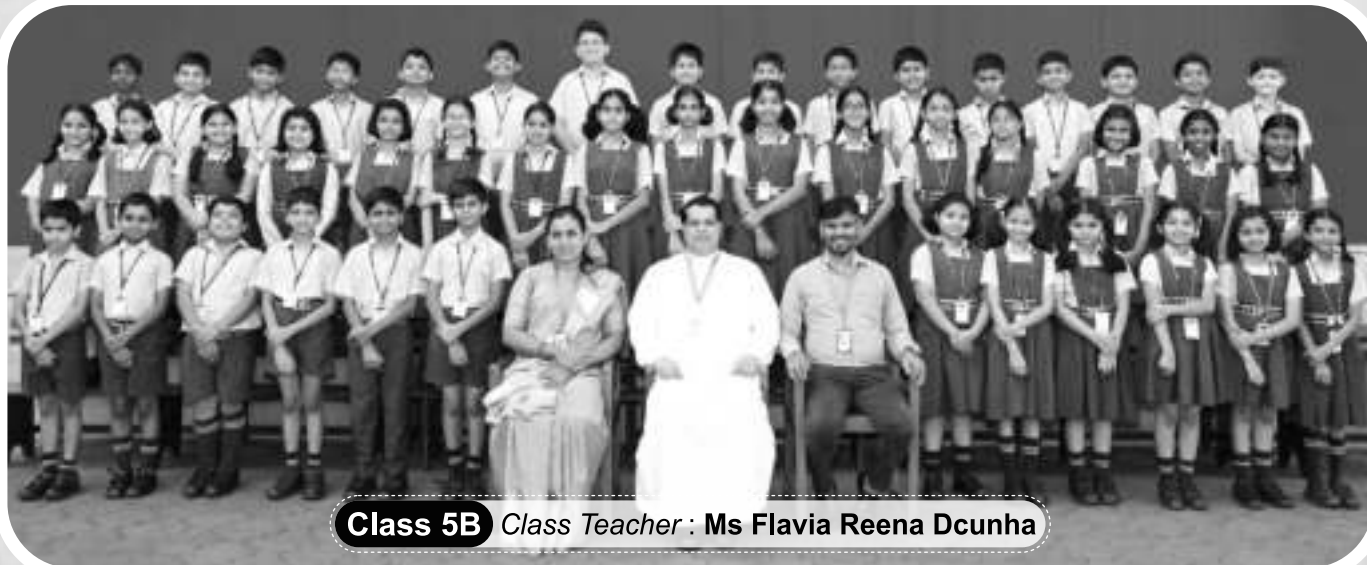
Class 4D

Class Teacher : Ms Aruna Pereira



Class 5A

Class Teacher : Ms Therese Monteiro



Class 5B

Class Teacher : Ms Flavia Reena Dcunha

Memories Forever...



Class 5C Class Teacher : Ms Vanita Kiran Ghogare

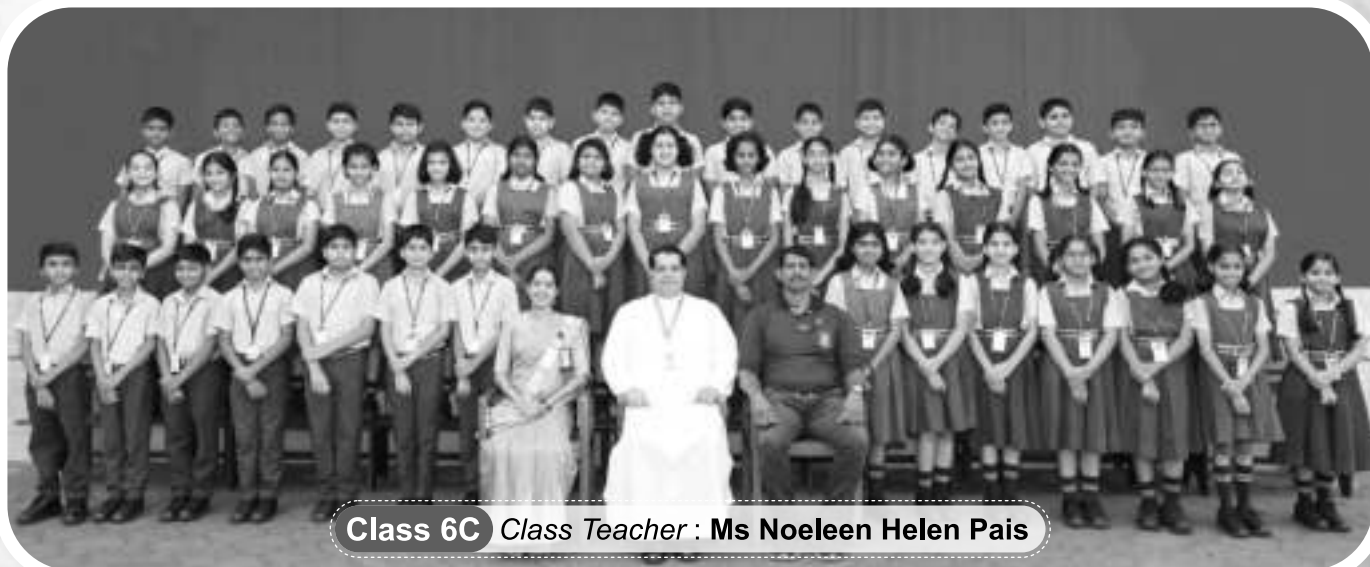
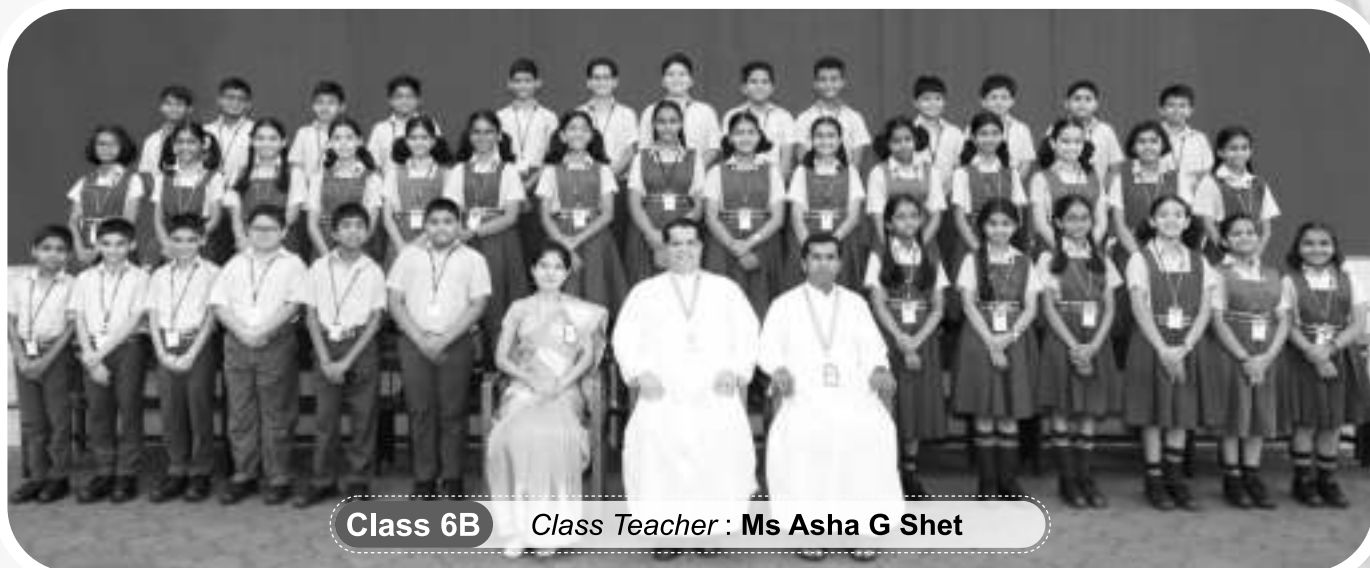


Class 5D Class Teacher : Ms Suneetha K



Class 6A Class Teacher : Ms Lavina J. A. Castelino

Memories Forever...



Memories Forever...



Class 7A Class Teacher : Ms Vivita O. Florina DSouza



Class 7B Class Teacher : Ms Diana DSilva



Class 7C Class Teacher : Ms Rekha Naveen

Memories Forever...



Memories Forever...



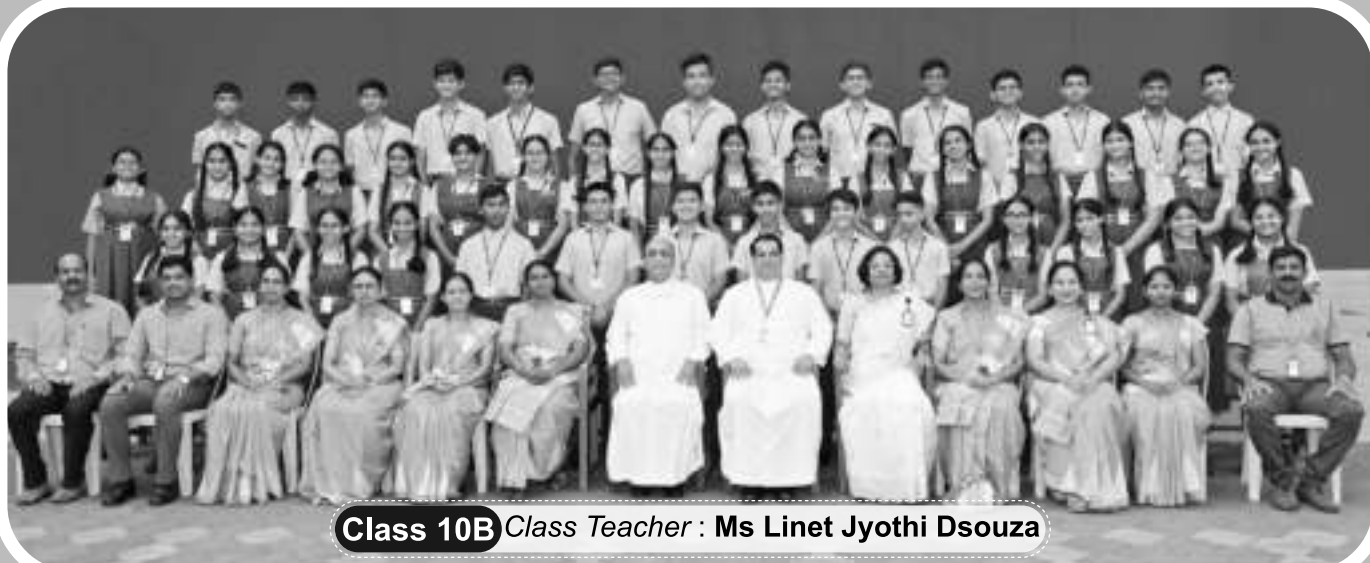
Memories Forever...



Memories Forever...



Class 10A Class Teacher : Ms Deepa Josephine Dsouza



Class 10B Class Teacher : Ms Linet Jyothi Dsouza



Class 10C

Class Teacher : Ms Jayashree

Memories Forever...



Class 10D Class Teacher : Ms Anitha Maria Menezes

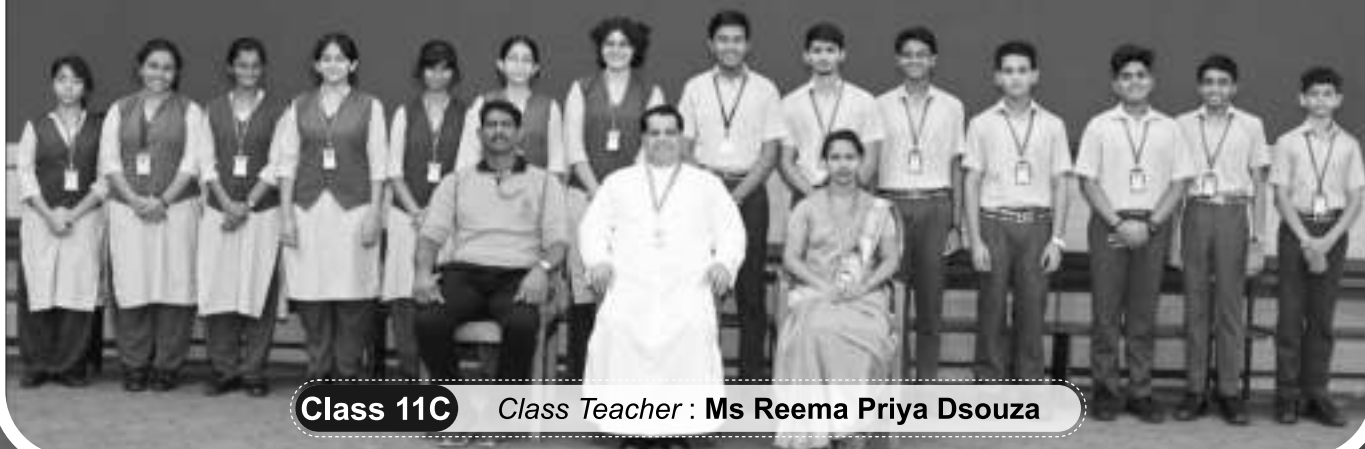


Class 11A Class Teacher : Ms Anita Thomas



Class 11B Class Teacher : Ms Sharmila Colaco

Memories Forever...



Class 11C Class Teacher : Ms Reema Priya Dsouza



Class 12A Class Teacher : Ms Sreelatha P. V



Class 12B Class Teacher : Mr Girish

Memories Forever...



Class 12C

Class Teacher : Ms Gowri Ravi



Basket Ball
(12th James Nismith Cup - runners up)



AICS winners (Badminton)

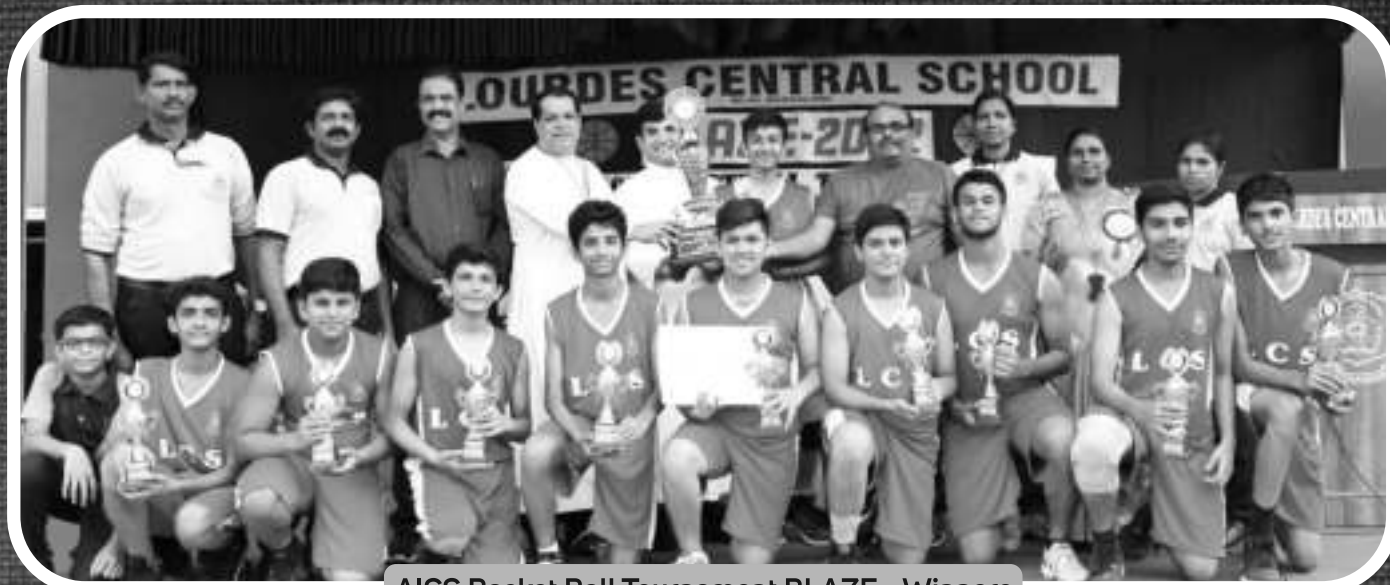


AICS Winners (Chess Tournament)

Memories Forever...



AICS Winners (Hand Ball Tournament)



AICS Basket Ball Tournament BLAZE - Winners



AICS Winners
(Shuttle Badminton Tournament)



Cubs and Bul-Bul

Memories Forever...



Guides



School Band



Scouts

SCHOOL TEAM



Basket Ball – Senior Girls



Basket Ball – Senior Boys



Basket Ball – College



Basket Ball – Junior Boys



Basket Ball - College



Cricket – Junior Boys



Cricket – Senior Boys



Foot Ball – Junior Boys



Foot Ball – Senior Boys



Foot Ball - College



Hand Ball – Junior Girls



Hand Ball – Senior Girls



Karate



Skating



Swimming



Throw Ball – Senior Girls



Volleyball – Junior Girls



Volleyball – Senior Girls



Volleyball – Senior Boys



Chess Team



Athletic Team



Shuttle Badminton – Junior Boys



Shuttle Badminton – Senior Girls



Shuttle Badminton – Senior Boys



Shuttle Badminton – Junior Girls

Thank You

THE RESOURCE PERSONS AND THE JUDGES WHO HELPED US MOTIVATE AND EDUCATE OUR STUDENTS IN VARIOUS COMPETITIONS AND PROGRAMMES.



CA Nagaraj Sharma K



Dr Anjali Shetty



Dr Anupama and Dr Charishma



Dr Kumara IAS



Dr Rashmi Dsouza



Dr Reshma Ganesh



Dr Vijayalaxmi H Rai



Mr Anshu Kumar Srivastava IPS



Ln Ronald Gomes



Ln Anil Das



Mr Manoj Louis



Mr Rishikesh Sonawane



Mr Shivaram Rai



Mr Vilas M Bhat



Ms Anuradha Shivram



Ms Freeda Almeda



Ms Prasamsha Bhandary



Ms Rosita Dsa



Ms Verina Kunder



Ms Vivian Anita



Prof Ronald Pinto



Sri T D Nagaraj

REOPENING OF SCHOOL FOR KINDERGARTEN II TO CLASSES X AND XII



The academic year 2022-23 began with lot of excitement on 30 May 2022. The students entered the portals of LCS carrying their new books all set to begin the New Academic Year with a smile. The students of Kindergarten II to classes X and XII assembled in the school grounds for the Welcome Assembly. The assembly was conducted by class X, which began with the universal prayer followed by the intentions. Elishia Baptist compered and Amber



Furtado enriched the audience with an inspiring thought. Tanishka Dharmaraj delivered the welcome speech. The school choir rendered a melodious welcome song and wished the students celebrating their birthday. Rev. Fr Robert DSouza, Principal appreciated the parents for their sincere effort in sending their wards to school and welcomed all students and requested them to make use of opportunities provided to them. He gladly announced and introduced Ms Anita Thomas as the Vice Principal, who will look after the welfare and discipline of the school. He also introduced and welcomed the newly appointed teachers. The assembly concluded with the school anthem.

REOPENING OF KINDERGARTEN I



The Kindergarten I began on 31 May 2022. The campus of LCS was beaming with expressions of joy, anxiety, fear, confidence and enthusiasm in the minds of the parents and the little ones. The program began with a prayer song. The children and parents were

welcomed in the beginning by the enthusiastic and dynamic Principal Rev. Fr Robert DSouza. He welcomed and appreciated the parents for choosing LCS as the platform for their children's overall and academic



growth. He introduced the teachers and requested the parents to be confident and make their wards independent. He spoke about the amenities which will be exclusively provided for the Kindergarten children. Principal assured the safety of the children in the school campus and called the teachers as second mothers. Ms Lydia DSouza the KG coordinator welcomed the parents and students and requested for a positive partnership with the parents in the development of the children and as per the tradition of LCS each child was handed over to their respective class teacher by the Principal.



WORLD ENVIRONMENT DAY

On 5 June 2022, an awareness programme on the occasion of World Environment Day was observed. Rev. Fr Robert DSouza, Principal and Ms Anita Thomas, Vice Principal graced the occasion. The objective of the programme was to spread awareness about saving the



environment by planting more trees. The programme commenced with the Universal prayer followed by the prayer song and the intentions. Bhoomika of class VII A, conveyed a beautiful thought about the environment. Sanjana DSilva, of class VII C enlightened the gathering on the theme "Only One Earth". Ms Preethi briefed about 'World Environment Day', and shared tips about a cleaner and greener planet. She also stressed on the three R's, Reduce, Reuse and Recycle. A melodious song on the Environment was sung by the students of class VII, followed by the excellent



enactment of a skit that urged students to inculcate the good habits of conserving and protecting the environment. Script & direction was done by Aanya and Nivedh of class VII. Rev. Fr Robert DSouza, the Principal urged the students to do their part in saving the Environment. He thanked the staff and students who worked hard to make the event a memorable one. The compering of the program was beautifully done by Pranavee of class VIIA.

FRESHERS' DAY



Freshers' Day was celebrated on 6 June 2022. The students of class XII conducted the assembly in the school lobby. The program was compeered by Leann Preetal Aquinas and Prithika Frith Pinto. The programme began with the Universal prayer followed by the prayer song. Anika Jagdeesh Shetty read out the intentions. A motivational thought for the day was presented by Aaryan Srivastav. Amna Javed rendered the welcome address. A magnificent classical

welcome dance was performed by Carol Lauren Menezes, Nidhi K, Sai Prathiksha K and Srishti M Kille. The Principal, Rev. Fr Robert DSouza extended his heartfelt welcome to more than three hundred freshers. He motivated them and



wished them a joyful learning at LCS, striving towards excellence in learning and a fruitful academic year. Rev. Dr John Baptist Saldanha, the Manager, encouraged the Lourditers to make the newcomers comfortable and to work as a team to reach greater and newer heights. He motivated students to respect punctuality and the schedule of the school and to shine in every type of extracurricular activity. The programme ended with the school anthem.

PUNCTUALITY - THE ESSENCE OF LIFE



A day for Punctuality was observed on 7 June 2022. During the assembly, students highlighted the importance of punctuality in our daily life. The thought for the day was 'Punctuality is the key to success'. A song on punctuality was melodiously sung by the school choir. Parin of class VIII B spoke on the topic 'A Punctual Lourдите'. Fr Principal quoted Swami Vivekananda

"When you are doing any work, devote your time for it, don't think beyond". He appreciated the punctuality which is well maintained by everyone during the new academic year.



PARENT TEACHER INTERACTIVE SESSION

The Parent Teacher Interactive Session is a forum for teachers and parents to work in collaboration for the holistic development of the students and the school community. A series of Parent Teacher Interactive Sessions for KG to Class XII were held in the School AV Room from 4th to 10th June 2022 in two batches. The sessions were organised by the Principal, Rev. Fr Robert Dsouza. Ms Anita Thomas, the Vice Principal briefed the parents about the school rules and regulations. She stressed on discipline, punctuality, uniform code and anti-bullying. Ms Gretta Menezes, Exam Cell Coordinator - Secondary Section, Ms Roshni Jose, Coordinator - Senior Secondary Section and Ms Sunitha, Coordinator - Primary Section acquainted the parents with



the academic assessment both scholastics and co-scholastic for the year 2022-23. They



appraised about the CBSE guidelines regarding the examination policy. All class teachers and subject teachers were present for the meeting. Election for the parent representative was conducted for all classes. Rev. Fr Robert DSouza, Principal addressed the gathering and appreciated the parents for expressing positive views about school. He requested parents to make their ward responsible and disciplined and not to compromise with academics. He urged the parents to encourage their wards to prepare and appear for UPSC exams in the future. Parents appreciated the work put in by the school management and the staff. There were positive suggestions given for the smooth conduct of the teaching-learning process. The sessions concluded with the vote of thanks.



CAREER GUIDANCE PROGRAMME - COMMERCE STREAM



A career guidance session was held for classes XI and XII Commerce batch on 13 June 2022. The resource person for the day was Mr Manoj Louis, Assistant professor, Department of Commerce & Management, Government First Grade College, Kavoor, Mangalore. Session started with a welcome address by Ms Gowri Ravi.

Mr Manoj began with his presentation, by making the students realize that the basic idea of choosing a career, should be a "CALL" from within. He explained

that "CALL" stands for Conceptual Clarity, Analysis, Lots of Hard Work and Little bit of Luck.

The resource person briefed the students about the three stages of CA course. He explained each of these stages, their respective subjects and marks allocation in detail. The resource person addressed the questions and clarified the doubts. The session concluded with vote of thanks, proposed by Neha Sing of class XII C.

CAREER GUIDANCE BY ALUMNI VILAS



On 15 June 2022 an interactive session was conducted between an alumni Mr Vilas M Bhat (2015 Batch) and the students of classes XI and XII (Science stream) of our School.

Mr Vilas briefed the students about his journey from High School to landing his job at Twitter, San Francisco. Prior to that he had worked at Google. Every minute of the talk was inspirational and the session proved to be extremely helpful and motivating.

He shared his experiences at NITK; how he managed his time schedule and the inspiration and opinions he got from his seniors and teachers. He stressed on the importance of a good friends and good contacts in one's chosen career. He encouraged students to rely more on books and teachers for gaining knowledge rather than the Internet. He answered a lot of questions regarding his experience and career. The vote of thanks was proposed by Aaryan Srivastav of class XII which marked the end of the session.

RESPECT AND GREET ALL



Instilling respect and developing humane values is an integral part of schooling. The classes I to V conducted a project "Respect and Greet All" for the primary section on 13th to 15th June 2022. The project was inaugurated during the morning assembly with the prayer and followed by the intention. The Vice Principal Ms Anita Thomas in her message mentioned that respect is like mirror, the more we show to other people, the more it will reflect back.

She also stressed on the importance of greeting teachers and other members of the faculty.

The students of class III sang a melodious action song and students of class V presented a skit depicting the importance of greeting others. The teachers in class briefed the students about greeting and respecting everybody. Children were given an activity to prepare a greeting card for their loved ones. Every Class displayed a window chart depicting different ways of respecting and greeting.



CONDOLENCE MEET FOR LATE SEHER IMITIAZ BY STAFF



Sadly enough, the most painful goodbyes are the ones that are left unsaid and never explained. - Jonathan Harnisch

A Condolence Meet was held on 16 June 2022 to pay homage and offer prayers for the repose of the soul of our dear student Seher Imtiaz of class X C.

Ms Deepa DSouza gave an introduction to the Condolence Meet and acknowledged the loss of our beloved student. The entire staff offered their prayers for the repose of the departed soul with a prayer song. A silent Prayer was also said for the repose of the

soul of Rhiannon Pais's father and to the bereaved family. Fr Manager, Fr Principal, Vice Principal and class teacher Ms Jayashree paid floral tribute to Seher Imtiaz.

Ms Vidhya Joseph, in her condolence message shared a memory of her while she was her class teacher in class IX. She said that Seher has left an indelible mark in her life as her student. She fondly recalled the calm and serene way in which she conducted herself, ready to share her talents with her classmates and always open to suggestions and corrections.

Fr Principal, in his message said that he was thunderstruck when he heard the shocking news at 10:05 pm. Fr Principal along with the Fr Manager, Asst. Parish Priest Fr Suraj Lobo and Resident Priest Fr Vincent visited the bereaved family. Fr Principal invoked God's strength on Seher's family at the hour of grief.

Fr Manager extended his condolences to all present at the Meet. He extended his deepest sympathy and shared in the grief of the bereaved family. He advised Teachers to be sensitive and said that Silence would be the greatest homage one could pay Late Seher. The teaching and non-teaching staff paid loving and heartfelt tribute to late Seher Imtiaz by lighting candles and offering flowers to the departed soul.



CONDOLENCE MEET FOR LATE SEHER IMITIAZ BY STUDENTS



A Condolence Meet was held in the memory of late Seher Imtiaz of class X C by the students, during the School General Assembly on 17 June 2022. The Meet commenced with soulful prayer song sung by the School Choir led by Mr Roshan Corderio and Vice Principal read the intentions. A silent Prayer was also said for the repose of the soul of Rhiannon Pais's father and to the bereaved family.

Fr Principal, Vice Principal and class teacher Ms Jayashree paid floral tributes to Seher Imtiaz. All Teaching and Non Teaching staff along with the students of classes IV–XII paid homage by lighting candles. Elishia Baptist of class X D recollected the fond memories with Seher.

Ms Vidhya Joseph, in her condolence message shared a memory of her while she was her class teacher in class IX. Fr Principal invoked God's strength on Seher's family. He advised students to maintain Silence and that would be greatest homage one could pay Late Seher.



EXHIBITION AND TECHNOVAAT ST JOSEPH ENGINEERING COLLEGE



On 18 June 2022, the students of science section of classes XI and XII attended an exhibition organised by St Joseph Engineering College, Mangaluru (SJEC). Students were accompanied by the teachers Mr Girish, Ms Roshini Jose and Ms Sharmila Colaco. At the exhibition, there were a plethora of still and working models on exhibit based on fields like Mechanics, Computer Science, Electronics, Communication and Civil Engineering. Few of the models on display included smart lamp, wooden calendar, sanitizer dispenser, etc. Students were also



shown some technical machinery like 3D Printers, Laser Cutting Machine, CNC Wood Cutter etc. Different projects such as Smart Walker (an aid to visually challenged people), Classification of Insulators based on Image Processing, Effect of Artificial Light on Plant Cultivation, Arecanut Tree Climber and Pesticides Spray were presented and explained. The host college students and faculty were

friendly and knowledgeable. The campus was well-maintained, co-existing with greenery and modern structures. The students were thankful to SJEC and LCS for providing them with the golden opportunity.

INTERNATIONAL YOGA DAY



The International Yoga Day with the theme "Yoga for Humanity" was celebrated on 21 June 2022. The programme began with the Prayer Song. Anushka Ganiga of class VIII A delivered the welcome address. The Chief Guest Mr Shivaram Rai along with Rev. Fr Robert DSouza, Principal, Mr Veerandra Alva, Mr Vishwanath, Ms Triveni and students inaugurated the International Yoga Day by lighting the lamp.

The Chief Guest spoke on the occasion and said that by practicing yoga one can control health disorders. He stated that one has to spread the benefits of yoga. It has to be practiced with devotion and determination with a balanced diet and good sleep. He wished all the children good health and happiness. The Principal felicitated the Chief Guest with a shawl and flowers.

The Principal Rev. Fr Robert DSouza addressed the students and said that yoga makes one harmonious with nature and joyful in one's inner world. He highlighted the importance of yoga and the benefits it offers to the mind and body. The programme ended with the vote of thanks. Trishitha of class VIII B compeered the programme.



INVESTITURE CEREMONY



The Investiture Ceremony was held on 23 June 2022 in Bejai Church Hall. The programme began with a prayer song sung by the school choir. The dignitaries Rev. Dr John Baptist Saldanha, Manager, Rev. Fr Robert DSouza, Principal, The Chief Guest Mr Rishikesh Sonawane, Superintendent of Police of Dakshina Kannada, Ms Anita Thomas, Vice Principal, Mr Ashok Pinto, Vice President and Ms Preethi Gomes, Secretary, Bejai Parish Pastrol

Parishad graced the occasion. Sharol Renjal of class X B welcomed the gathering. The Investiture Ceremony was inaugurated by lighting the lamp by the dignitaries and student representatives. The Principal Rev. Fr Robert DSouza administered the oath taking ceremony. Rev. Dr John Baptist Saldanha, Manager, Rev. Fr Robert DSouza, Principal, The Chief Guest Mr Rishikesh Sonawane, Superintendent of Police of Dakshina Kannada awarded the badges to the cabinet ministers. Ms Anita Thomas, Vice Principal introduced the Chief Guest Mr Rishikesh Sonawane, Superintendent of Police of Dakshina Kannada. Mr Rishikesh Sonawane who hails from Maharashtra is an Engineering graduate worked as a software engineer in Bengaluru and he is also the topper of IPS 2015 batch. Sports, Yoga, reading and interacting with people are his interest. He addressed the young minds by giving importance on discipline and leadership. Discipline is not just being on time and following all the



rules but it is about the systematic life style of exercising, focusing your choice or goal and achieving it through inner motivation. Another aspect he highlighted was about the leadership. To be a good leader one has to be a good team player. Identify his/her role models, follow the path and motivate ourselves to become a good leader in society. Rev. Fr Robert DSouza, Principal congratulated the newly appointed school cabinet. He urged the students to think creatively and serve the nation in the years to come. Rev. Dr John Baptist Saldanha, Manager in his presidential address



said the participatory leadership has been taken up in the school cabinet. He added that it is very important to understand the concept of serving others and compassionate leadership is the need of the hour. He wished good luck to the school cabinet. The vote of thanks was proposed by Aaryan Srivastav, the Head Boy, of class XII which marked the end of the session. Nidhi Sarah John and Lauren Marian Patrao compered the programme. Mr Henry Mascarenhas was the convenor of the programme.

INAUGURATION OF THE SILVER JUBILEE BUILDING

The inauguration of the newly constructed Silver Jubilee Building was held on 24 June 2022. The programme commenced with the receiving of the Guests, Rt Rev. Dr Peter Paul Saldanha, the Bishop of Mangalore Diocese, Rev. Fr Antony M Shera, the Secretary of the Catholic Board of Education, Mr Michael DSouza, the Chief Guest of the day, Ms Flavy DSouza, Rev. Fr Valerian DSouza, Rev. Dr John Baptist Saldanha, Manager, Mr Ashok Pinto the Vice President and Ms Preethi Gomes Secretary of Bejai parish Pastoral parishad with Indian traditional aarathi and the school band. The Guests were escorted by Rev. Fr Robert DSouza, Principal and Ms Anita Thomas, Vice Principal along with the Head Boy and the Head Girl of the school. The ceremony began by creating a spiritual ambience with a prayer song sung by the school choir followed by a graceful welcome dance by the students of class XI and XII and the lighting of the lamp by the dignitaries. Rev. Dr John Baptist Saldanha welcomed the gathering. Mr Michael DSouza and Ms Flavy DSouza unveiled the plaque and Bishop Rt Rev. Peter Paul Saldanha led the prayer and blessed the new block. The Guest of Honour, Rev. Fr Antony M Shera, addressed the gathering and expressed his profound thanks to the prime donor, Mr Michael DSouza and his wife Ms Flavy DSouza for their generosity. He also appreciated the efforts of all those who worked hard towards the growth of LCS in the past 24 years and advised the students to open their minds and hearts to learning. The



Engineer Mr George, Mr Suresh DSouza, the electrical contractor Mr Richard Rodrigues, the building contractor and work Supervisor Mr Richard DSouza were felicitated by Rev. Fr Antony M Shera, Ms Anita Thomas, Vice Principal presented a brief introduction of the Chief Guest Mr Michael DSouza and gave an account of some of his philanthropic activities while Mrs & Mr Michael DSouza were felicitated by the dignitaries. The Chief Guest Mr Michael DSouza expressed his gratitude to the Principal, Rev. Fr Robert DSouza for working hard towards the building of the new block and called upon the Secretary of

the CBE to uplift all schools under the CBE with the help of the generous benefactors. Rev. Dr Peter Paul Saldanha, in his presidential address, congratulated the whole team for the venture of the jubilee block and urged the students to couple knowledge with love and transform knowledge into wisdom. Rev. Fr Wilson L Vitus DSouza, Rev. Fr Suraj Lobo, Rev. Fr Vincent Sequeira, Sr Severine, Mr Henry DSouza, Mr Gratian Lobo, Mr Joy Veigas, Mr Jerry Lobo along with School Management committee members - Mr Arun DSouza, Ms Edweena Monis and Mr Roman DSouza Finance Committee Members – Mr Jude Goveas, Mr Eric Coelho, Ms Christine Sequeira, Ms Irene Crasta, Mr Nelsin Mascarenhas, Mr Joseph DSouza, Mr Lovett DSouza Charity Fund Members – Mr Steevan Pinto, Mr Oswald Rodrigues, Mr Nasir Rahaman School Parent Teacher Executive Committee (PTEC) Members – Dr Rashmi Chrystal DSouza the Vice President, Ms Manisha Srivastav the Joint secretary, Mr Jackery Furtado the legal advisor and the members of PTEC were present at the function. Media coverage was given by Daijiworld, Mangalore. Rev. Fr Robert DSouza, the Principal proposed the vote of thanks and the programme concluded with the school anthem.

STAFF ENRICHMENT PROGRAMME – HEALTH WEEK



A talk for the staff in connection with 'LCS Health Week' on the topic "Health and Wellness" was organised on 24 June 2022. Ms Flavia DCunha welcomed and introduced the Resource Person Ms Freeda Almeda. The Principal spoke on the



occasion and thanked the Resource Person for the session. The Resource Person Ms Freeda Almeda, a certified Health and Wellness Coach delivered an informative talk on managing and maintaining good health. She gave a Power Point Presentation on the current health scenario. The session concluded with the vote of thanks by Ms Pamela Miranda.

TALENT SEARCH



On 25 June 2022 'Talent Search' for the students of classes XI and XII was held in the Audio Visual Room. The programme began with a prayer song, sung by the school choir. Andrea Nicole Menezes of class XII A welcomed the gathering. Rev. Fr Robert DSouza, Principal inaugurated the Talent Search by lighting the lamp along with Ms

Anita Thomas, Vice Principal and Mr Girish Suvarna the programme coordinator. The event began with Eastern Singing (solo), followed by Western Singing and ended with Instrumental Music. The competition was judged by Ms Linet Pereira and Ms Seema Lobo. The programme concluded with a vote of thanks by Vernon Christopher Dantes of class XI B.



HEALTH WEEK



Theme: Be Healthy be Happy – 20.06.2022 to 25.06.2022

To achieve a healthy life style a week long programme was observed and a series of activities were conducted with the aim of achieving healthy and happy life.

Day 1 - Mindful Monday / Inauguration of Health Week: The day began with the morning assembly conducted by class VII to spread awareness about social and emotional health. Eva of class VII compered the programme. The

Principal Rev. Fr Robert DSouza inaugurated Health week by unveiling the food pyramid highlighting the importance of nutritious food. The Principal, in his key note address said that one has to be happy in order to be healthy. He urged the students to Stay positive and be positive.

Day 2 - Tasty Tuesday / International Yoga Day: The day's assembly began with invoking God's blessing. The students were apprised that our food should be our medicine and our medicine should be our food. The day's highlight was having nutritious food and avoiding junk food. Students of class II sang an inspiring song on the theme: I love food, sign of assuring love. Students of class III presented a motivating skit on the theme Good Nutritious Food. Principal advised the students to be harmonious with nature to create joyful inner world and stressed on the importance of yoga in one's life. Classes I - V were encouraged to bring traditional food of Uttarakand for their lunch break.

Day 3: Wellness Wednesday / International Music day: The day commenced with the quote "Music is the universal language of the mankind says Henry War Wadsworth.

Music helps to stay connected to one another. Sonia of class X gave a befitting thought on this occasion: 'Where words fail music speaks where words fall, music begins'.

Music is the short hand of emotions. The World Music Day is celebrated every year on 21st June to pay respect to the singers and musicians. On this occasion our LCS students exhibited their talent and mesmerized us with their eastern and western musical skills.

Thanvi Bhat played a piece on the Saxophone, Melron Lobo on the keyboard, Ashton played the Guitar, Samrudh Pai mesmerized all with the Flute and Pratheek Rao set the rhythm on his Tabla. Fr Principal enlightened the students on the importance of music and said music brings health and relives tension, calms our anxiety manages pain, aids to work productively. Love music gain health.

Day 4: Thoughtful Thursday: The best way to cheer oneself is to try to cheer someone else up. So the thoughtful Thursday began with a positive note. The students were apprised on the significance of

equity awareness: Equity awareness means everyone has a fair and just opportunity to be healthy. Health is achieved when everyone can attain their full health potential. It was a call to raise awareness how equity impacts all areas of wellbeing. The Principal Rev. Fr Robert DSouza urged the students to respect others and inculcate good values.

Day 5 - Family - Friday: Families are like branches on a tree. We grow in different directions yet our roots remain as one. So on day 4, LCS reflected on the theme: "Family" Friday where life begins and love never ends. To highlight the importance of family a motivational skit was enacted. Fr Principal urged the students to learn to enjoy every moment of life by making families happy.

The finale of the health week was conducted with the morning assembly inviting each one to keep the body in good health. A song titled 'Take care of your health' was sung. A health pledge was administered urging all to take care of health.



Fr Principal addressed the students and said that all successful men and women are big dreamers and in order to have a good dream good sleep is required. The health checkup was organized done for the students of LCS during the health week. Doctors and Nurses from A J and KMC hospital helped the school and rendered their services during the Week.

The students decorated the Notice Boards with thought provoking slogans and quotes stressing on the importance of health and wellness. We appreciate the tremendous work done by the committee members.

POETRY RECITATION



Our School witnessed such a magic on 25 June 2022 in the School Roof Top Auditorium when the students of fantastic first standards, spontaneous second standards, thoughtful third standards, fabulous fourth standards and famous fifth standards recited the poems on nature, animals, health, Uttarakhand and monsoon respectively.



Students of class IV welcomed the Principal, Vice Principal, teachers and students through acrostic poems followed by the poetry recitation from classes I to V. Colourful attires, attractive props and meaningful badges were feast to the eyes. This poetry recitation boosted students' confidence, developed oratory skills and self expression. They also gained the knowledge about phonetic awareness.

On behalf of Principal and Vice Principal, Ms Shanthi Menezes, lead



teacher of class IV congratulated the students and teachers for their vibrant performances, hard work and good discipline. Class III students concluded the programme with the vote of thanks. Class V students compered the programme.

LCS READING WEEK



The Reading Week commenced on 27 June 2022 with the morning assembly dedicated to the reading mission. The Principal Rev. Fr Robert DSouza, inaugurated the LCS Reading Week by unfolding a pop-up book and reading the thought - 'Reading teaches, expands our minds, enriches our lives, shapes our dreams, opens doors and inspires us to become who we are'. The students of class IX hosted the assembly, administered the pledge swearing their allegiance to reading responsibly. The notice board for the

Reading Week was designed by the students of class XA with effective quotes and messages. An array of activities were planned and executed during the Reading Week for KG to class XII.

Day 1 – Monday: Model reading by the teacher with voice modulation, clarity and articulation for KG to class V. Reading the newspaper in any language along with parents and family members for classes VI to XII.

Day 2 – Tuesday: Students to follow the teachers' instructions and read a paragraph from a story book aloud for KG to class V. Share the benefits of reading newspaper for classes VI to XII.



Day 3 – Wednesday: Know the benefits of reading from the teacher for KG to class V. Express your views on reading skills and tools for effective loud reading for classes VI to XII.

Day 4 & Day 5 – Thursday & Friday: To sit along with parents / guardians and read their favourite story book for KG to class V. Students from classes VI to XII were asked to write an article for the school magazine.

Day 6 – Saturday: Students to share the stories they have read with the class for KG to class V. To share articles in the class for classes VI to XII.

The LCS Reading Week 2022 concluded with the active participation of the entire Lourдите family, with the Lourdites taking forward the task of reading responsibly and spreading knowledge.

HEALTHY ME – KINDERGARTEN I & II



With this message kindergarten children celebrated LCS Health Week. Throughout the week children actively participated in various activities such as breathing exercises, yoga, planting medicinal plants, salt water gargling, enjoying family time etc. They were made aware of the importance of healthy food, importance of milk and healthy habits for a healthy lifestyle.

Action song titled 'Eat Good Feel Good' was shown to them for better understanding. The students of kindergarten II actively took part in elocution activity under the theme "Healthy Me". It was a feast to the eyes to see little angels showing so much interest and doing all the activities with the help of their parents.

The finale of the health week was held on 29 June 2022, with the theme "Healthy Children – Happy Children." Ms Verina Kunder, a Psychologist was Chief Guest for the day. The programme began with a prayer song. Little children of kindergarten I and II sang action songs on healthy tiffin, exercise and



healthy habits. Skit on "Healthy habits" was enacted by the students of class KG II. The Chief Guest congratulated the parents for cooperating with the school, and for showing keen interest in their Child's health and hygiene.

Rev. Fr Robert DSouza, Principal thanked the parents for their presence and spoke about the culture of LCS. He congratulated the little children for putting up a meaningful programme with a clear message. The programme concluded with Vote of thanks.

LCS VANAMAHOTSAVA WEEK



LCS Vanamahotsava Week was inaugurated on 4th July during the assembly on the theme "A Tree for the Future." A week long programme was organized to spread valuable and meaningful messages on various topics such as Our Green Saviours, Making a Green World and Importance of Medicinal plants. Melodious songs, magnificent poems, fabulous role play were presented to protect and save the environment. The students took a pledge to protect and nurture

nature.

Rev. Fr Robert DSouza, Principal encouraged and motivated the students to plant saplings to protect the greenery. He also urged the students to love Nature, Save Earth and Save Life. The Finale of Vanamahotsava Week



was held on 16 July 2022. Various Competitions were conducted such as Colouring, Drawing, Collage Making, Book Mark, Elocution, Poetry Writing, Placard with Slogans and Poster Making. Students actively participated in all the activities which increased awareness and love for trees.

ENRICH YOUR KNOWLEDGE ON PRESIDENTIAL ELECTIONS IN INDIA - QUIZ COMPETITION



A Quiz Competition was conducted for the Secondary and Senior Secondary students on 15 July 2022 in the A V Room to give them awareness on Voters Education and Electoral Participation with regard to the Presidential Elections of India. The programme began with a prayer and welcome address by Andrea of class XII. The Quiz Master Ms Gowri Ravi briefed about the rules for the quiz. The teams were divided into

four groups that are Opal, Coral, Jade and Amber. Each team had three participants. Amber House was declared the winner of the Quiz Competition with a total of 95 points, followed by Jade House with 85 points, Coral House with 75 points and Opal House with 60 points. The programme ended with the vote of thanks delivered by Vernon of class XI.



ART INTEGRATED PROJECT - PAIRING OF STATES: KARNATAKA AND UTTARAKHAND



CBSE Art Integrated Project was conducted in our School on 19 July 2022 for classes I to X to promote art integrated learning and make teaching learning Competency - Based and joyful. The Project for the students of the schools in the State of Karnataka was based on the art form of Uttarakhand. The students were encouraged to take up the following Art Integrated Projects: Class I: Sketching – Clothes, Class II: Clay Modeling – Clothes, Class III: Jewellery, Class IV: Poetry, Class V: Culinary Art, Class VI: Traditional Toys,

Class VII: Creating Art Reservoir Using Waste Material, Class VIII: Tourist Brochure to Uttarakhand, Class IX: Comparative Study of Fauna and Class X: Cultural Heritage of Uttarakhand and Karnataka. All students actively took part in this project under the guidance of the Art teachers and subject teachers. It gave an opportunity to the students to get hands-on experience. The project was taken up in an eco-friendly manner, using readily available local resources. On the whole, this Art Integrated Project has made the students aware of the vast and diverse cultural heritage of our country.



LCS HINDI WEEK

“To learn a language is to have one or more window from which to look at the world.”



To acknowledge the significance of the Hindi language and to enhance the importance of the language, “Hindi Week” was conducted for the students of Kindergarten to class X from 18th to 22nd July 2022. The Hindi week was inaugurated by Fr Principal. The assemblies during the week were conducted in Hindi and students actively participated in the assemblies by reciting poems, shayaris, riddles and information about poets. The finale of the week was conducted on 22nd July. During the week various competitions were conducted. Class I and II had poem

recitation. Class III to V had short speech. Class VI and VII had story telling. Class VIII had paragraph writing and class IX and X had to prepare comic strips. The students participated actively in the



competitions and emphasised on the importance of our National language which binds the whole country together.

During the week various competitions were conducted. The class I and II had poem recitation. Class III to V had short speech. Class VI and VII had story telling. Class VIII had paragraph writing and class IX and X had to prepare comic strips. The students participated actively in the competitions and

emphasised on the importance of our National language which binds the whole country together.

AATIDONJI DINA – 'THE TASTE OF KUDLA'



A unique programme – 'Aatidonji Dina - The Taste of Kudla' was celebrated on 23 July 2022. The programme began with the Universal prayer followed by a prayer song by the school choir. The day was inaugurated with the opening of Pingara (Areca nut flower) and the lighting of the lamp by Fr Principal, the teachers incharge and the students. The school choir presented a melodious Aati Kalenja song that was accompanied by a dance performance, by Athish Shetty dressed as 'Aati Kalenja' and Thanmay Shetty played the tembera (the drum).

The Principal Rev. Fr Robert DSouza addressed the students and highlighted the importance of celebrating the culture of Kudla, which develops in us the qualities of caring and sharing. He thanked the teachers and students for making this a memorable event.

The menu for the celebration was Pelakkayidagatti / garage / dosa, manjoldirettagatti, Patrode and jackfruit chips / papad and the children enthusiastically brought and shared with their classmates. Aatidonji Dina was not only the revival of the traditions of Kudla but also an appreciation and acknowledgement of the hard working farmers. The objective of organizing this program was to create awareness in the younger generation in order to remember traditional, tasty and healthy dishes. The teachers Ms Thirveni and Ms Nandini trained and guided the students. Sharvu Shetty concluded the programme with the vote of thanks. Sristi Pavor was the compere. The programme ended with the School Anthem.



SCHOOL PARLIAMENTARY SESSION



The school had organized the parliamentary session on 29 July 2022 in the Roof Top Auditorium. The welcome address was delivered by the Deputy Head Girl Portia Furtado. The President of the Parliament Rev. Fr Robert DSouza and Vice President of the Parliament Ms Anitha Thomas were escorted by the Head Boy Aaryan Shrivastav, Head Girl Amna Javed and the Speaker Aastha Khandelwal.

The session began with the Head Boy reporting about the duties performed by the cabinet ministers. The various ministries gave their reports on duties performed by the cabinet members, various cultural activities introduced for the students, tackling the issues faced by the students, different types of sports activities conducted during the monsoon season. Along with this three bills were passed. They were:

- Deduction of 10 points every time a minister is absent from his / her duty or any other disciplinary issues.



- Individual points gained by the students by their participation in various activities are added to their house points.
- Inter-house competition to be conducted to have better chances of gaining house points and inculcate the enthusiasm for sports in students.

An initiative was taken by the parliament members for improving the cultural, health, sports, disciplinary activities for the welfare of the students and the institution. The President of the Parliament Rev. Fr Robert DSouza passed the bills and appreciated all the members for their work. The vote of thanks was rendered by the Deputy Head Boy Saaket Manjrekar. Overall the programme was a successful one.

GREENING MOTHERLAND



The finale of the project “Greening Motherland” was celebrated on 1 August 2022 by the Kindergarten. The programme began with a prayer song, followed by a welcome speech. The significance of the day was given by Reuben Brendan Dias of kindergarten II C. The students of kindergarten I and II gave the message to preserve nature by actively involving themselves in action songs, dance and role play. Throughout the month children took part in various activities

such as colouring, drawing, role play, and collage activity. Principal Rev. Fr Robert DSouza lauded the little ones for their spectacular performance he also appreciated the parents for their presence and support throughout. He urged the parents to take utmost care of their surroundings so that children can breathe in the fresh air and have a clean and green world around. Later the winners of the various competitions were felicitated by the principal. The programme ended with planting a sapling and thus giving a true meaning to the project “Greening Motherland.”



LCS ENGLISH WEEK



LCS English Week was observed from 1st to 6th August 2022 for classes I to X. The week commenced with an inaugural assembly by the students of class X. Principal Rev. Fr Robert DSouza inaugurated the week long event by releasing the centre piece that contained the letters of the alphabet and a quote of Mahatma Gandhi that read “The English language so elastic that you can find another word to say the same thing.”

The entire week witnessed various activities like ‘Pitch a Sale’, Debate, Creative Advertisement, Role Plays and Elocution. Various fun activities to be done at home were also detailed to the students like the crossword puzzles, Pictionary with family members, reading editorial columns and short stories, practicing tongue twisters, watching English Musicals like Sound of Music, Mary Poppins and The Lion King etc.

Throughout the week the students of classes VI to X presented various themes through short plays, creative ads, debate and songs. The Finale Assembly was conducted by class V. Principal Rev. Fr Robert DSouza congratulated and appreciated the students for their active participation in the activities and also lauded the efforts of the English teachers.



SCATTER PEACE WITH GRACE



"The pen is mightier than the sword. Writing is more powerful than fighting" said Edward Bulwer Lytton. The importance of a pen was ignited in the minds of class IV students with an evidence based programme 'Scatter Peace with Grace' was held on 2 August 2022.

The students enacted the role of Malala Yousafzai, Edward Bulwer Lytton, Mahatma Gandhiji, Lala Lajpat Roy, Bala Gangadhar Tilak, Aurobindo Gosh and Subramanian Bharati. The students of class IV

were at an important moment in their lives where they were going to be introduced to the power of the mighty pen. The Lourditers promised that they would use the pen to spread peace and knowledge and respect the power of the pen.

The Parents representatives were touched by the innocence of the children and congratulated the Principal Rev. Fr Robert DSouza for his innovative idea of presenting the first pen to the students through a value based programme.



TALENT SEARCH - MOCK PRESS



A mock press competition was held for class XI and XII on 6 August 2022, in order to instill the importance of self-confidence and encourage the amazing talents of the students. The event was blessed with a prayer song sung by the school choir followed by a welcome speech proposed by Akshith Ullal of class XI C.

The Principal Rev. Fr Robert DSouza and the Vice Principal Ms Anita Thomas graced the occasion. The Principal, Rev. Fr Robert DSouza, emphasized on the need to broaden our Horizons in the ever changing

world. The competition was assessed by judges - Ms Anita Menezes and Deacon Brother Jason.

The participants exhibited their talents with great enthusiasm. Neha Singh of class XII C compered the event and Veeksha Nagaraj of class XI B proposed the vote of thanks. The programme convener was Ms Reema.



CULTURAL PROGRAMME FOR THE INDEPENDENCE WEEK

The Independence Week Cultural Programme – Azadi Ka Amrit Mahotsav for the students of Classes I to III was held on 12 August 2022 in Bejai Church Hall. The programme began with a prayer song sung by the students of class III. The dignitaries Rev. Dr John Baptist Saldanha, Manager, Dr Rashmi DSouza, Chief Guest and Rev. Fr Robert DSouza, Principal graced the occasion.

The students of class II welcomed the gathering. The dignitaries together with student representatives inaugurated the cultural programme by opening the petals of the Lotus flower. The significance of the day was presented in English and Hindi by the children of class III. The melodious patriotic songs sung by the students of kindergarten I and II. Armaan of class IV livened up the programme. The students of class I recited poems and performed action songs dedicated to our country. Rev. Fr Robert DSouza, Principal introduced the Chief Guest Dr Rashmi DSouza, Nutrition Therapist and ENT surgeon. The dignitaries on the dais felicitated the winners.



The Chief Guest addressed the gathering and appreciated the Management, Teachers and Parents. She also lauded the wonderful performance of the children. She added that we should be proud Indians and live the joy of freedom.

Rev. Dr John Baptist Saldanha, Manager in his Presidential address





stressed on the importance of showing solidarity to our nation. He mentioned that the parents play an important role in decision making and ruling the families. He added that a healthy child creates a healthy nation.

The students of class II performed a dance as a tribute to 'Mother India', followed by a patriotic song and a skit by class III which highlighted 'Unity and Religious Harmony'. Vote of thanks was proposed

by the children of class I. The programme ended with the National Anthem.

AZADI KA AMRIT MAHOTSAV – NATION FIRST ALWAYS FIRST



On the occasion of completing 75 years of India's Independence, the Kindergarten section organized many activities like fancy dress, collage work, patriotic singing and colouring to the students of kindergarten I & II under the banner "**Azadi Ka Amrit Mahotsav – Nation First Always First**" on 6 August 2022.

The aim was to develop patriotic spirit and remember the sacrifices of our freedom fighters. It gave a wonderful opportunity for students to showcase their talents in various activities. Principal Rev. Fr Robert DSouza visited the classes and appreciated the students for showing their solidarity towards their nation by their active participation.



LCS SUMMIT



LCS Summit was held on 13 August 2022 to honour and felicitate the CBSE board exam toppers of classes X and XII. The Chief Guest of the programme was Dr Kumara IAS, Chief Executive Officer of Dakshina Kannada Zilla Panchayat. The event was presided over by Rev. Dr John Baptist Saldanha, Manager, Rev. Fr Robert DSouza, Principal, Mr Ashok Pinto and Ms Preethi Gomes, the Vice President and Secretary of Parish Pastoral Parishad, Bejai Church, Ms Rashmi DSouza, PTEC Vice President and Ms Anita Thomas, Vice Principal were the dignitaries on the dais. The

students of classes X, XI and XII were among the audience.

The programme commenced with the prayer song by the school choir, welcome dance by the students of secondary section and the welcome address by the Principal, Rev. Fr Robert DSouza. Next on the list was the felicitation and honouring ceremony for the school toppers of X and XII board exams for the batches 2021-22, 2020-21 and 2019-20. Students who scored 90 percent and above in the board exams were also felicitated. Ms Deepa DSouza, Ms Shaila Pereira and Ms Sharmila Colaco read out the achievers list.

The Principal Rev. Fr Robert DSouza introduced the Chief Guest Dr Kumara and felicitated him along with the other dignitaries. Dr Kumara the Chief Guest of the day enlightened the students with the sapthasutras to victory. He listed them as – Right goal, Right path, Right focus, Right dedication, Right emotion, and Right discipline. He also said that - "Scoring is important but scoring in life's exams is more important." He called upon the students to perceive success by saying, "Success should always be sustained." He had the words of gratitude and admiration for all the parents.

Rev. Dr John Baptist Saldanha, in his Presidential address elaborated the significance of Azadi Ka Amrit Mahotsav. He also added that, "The dream project LCS that was set up 25 years ago in the 50th year of Independence is going to witness its Silver Jubilee." He called upon the students as well as the parents to contribute towards this event in whatever way possible. Adin D'Costa of Class X and Hiya Hegde shared their views on their schooling in LCS. Ms Anita Thomas, Vice Principal proposed the vote of thanks.



INDEPENDENCE DAY CELEBRATION



The 76th Independence Day was celebrated with great pomp on 15 August 2022. The School was decorated with a festive look. The School Band ceremoniously welcomed the dignitaries Rev. Dr John



Baptist Saldanha - President of the Programme, Rev. Fr Robert Dsouza - Principal, Ms Anitha Thomas - Vice Principal, Rev. Fr Vincent Sequeira, Rev. Fr Suraj Lobo - Assistant Parish Priest, Mr Ashok Pinto - Vice President, Ms Preethi Gomes - Secretary, Parish Pastoral Parishad and Members of the Management Committee, escorted by the Head Girl Amna Javed and Head Boy Aryan Srivastav. The

school's Scouts, Guides, Cubs and Bulbuls presented the guard of honour to the dignitaries. The programme commenced with a prayer song sung by the school choir. Tanishka Dharmaraj of class X warmly welcomed the honourable dignitaries and the audience.

The President of the function, Rev. Dr John Baptist Saldanha hoisted the National Tri-colour flag accompanied by the Principal Rev. Fr Robert DSouza and other dignitaries. The National Anthem was sung in honour of the nation. Significance of the day in Hindi was given by Ruhan of X B and in English by Mansi of X A. A musical rendition of patriotic songs by the school choir awakened the hearts of all towards the Motherland. A Solo Flute Performance by G. Samruddh Pai of class X was a feast to the ears.

To commemorate the occasion, the much-awaited School Magazine LOURDITE 2020-21 was released by Manager Rev. Dr John Baptist Saldanha, President of the Programme, Rev. Fr Robert DSouza, Principal, the dignitaries and the Editorial Board Ms Vidhya and Ms Mary. The magazine is an integral part of the education system which reflects the identity of the school through its achievements, art and writings of its students and teachers.



Rev. Dr John Baptist Saldanha in his presidential address recalled the sacrifices of the Freedom Fighters and their role in nation building. He further reminded us to use our freedom with responsibility. As a nation one has to be mindful of one's thoughts and duties, to eradicate poverty, corruption, evil and discrimination. He appealed to the parents and urged them to take pride in being an Indian and fulfill one's duty with responsibility. The vote of thanks was delivered by Ireshkishan Shetty of class X D.

LOURDES MELODIES



Our school organised an online family patriotic singing competition 'Lourdes Melodies' in connection with the 75 years of India's Independence. The videos were uploaded in the school social media websites. A total of 60 groups had participated with great enthusiasm. All our young maestros who took part in the competition made it a great success. An attractive prize was announced for the song videos with highest likes on our school's official face book account.

The year 2022 is the Platinum Jubilee of Indian Independence and the Azadi Ka Amrit Mahotsav – was uniquely observed. The classrooms were decorated and the students of each class enthusiastically prepared the badges and proudly wore them from 12th to 15th August 2022.

The unique feature was, organizing the programme for the parents like Patriotic Decor, Har Ghar Tiranga and Family Togetherness. The icing on the cake was the online singing competition to all the Lourdite family. The parents and students enthusiastically participated in the competition.

The inaugural assembly was conducted on the 10 August 2022 by the cabinet members and was inaugurated by Fr Principal. The attraction of the day was the news bulletin where the cabinet members enacted as the journalists and spoke about the milestones that has been achieved by Indians in the

past 75 years and the challenges to be faced in the coming years. A Plethora of competitions were arranged for the students of each class. The winners of various competitions were felicitated on the 16th August during the assembly. Ms Lolita Mascarenhas and Ms Aruna Pereira were the convenors of the programme.

RELEASE OF ANNUAL MAGAZINE "LOURDITE 2021-22"



Our School Magazine LOURDITE 2021-22 with the theme "Creative Minds is Subtle" on the 76th Independence Day celebration was held in the school grounds. The magazine was released by Rev. Dr John Baptist Saldanha, Manager, Rev. Fr Robert DSouza, Principal, Mr Ashok Pinto, Vice President and Ms Preethi Gomes, Secretary, Bejai Parish Pastoral Parishad and Dr Rashmi DSouza, PTEC Vice President.

LOURDITE 2021-22 is a potpourri of the talents of the students in the form of articles in English, Hindi, Kannada, Konkani and activities portraying themes such as First Step towards Success, LCS Reading Week, LCS Health Week, Journey through Socio-cultural and Natural Environment, Fun with Shapes, Think like a Scientist, Sharing and Caring, Young Talent Hunt 2021 and the like.

It also comprises the keynote address and messages of the Heads of the Institution. The magazine gives a 360 degree view of all the happenings at LCS. It has undoubtedly touched the hearts and minds of the Lourdites and the society at large.

The Chief Editor - Principal Rev. Fr Robert DSouza and the entire Editorial Board is thankful to God Almighty and the Patroness of Our School, the Lady of Lourdes. We also place on record our grateful thanks to the Management Committee Members, Staff and Students of LCS, whose active involvement has resulted in this beautiful souvenir LOURDITE 2021-22.

KONKANI MANYATHA DIVAS



Konkani Manyata Divas was celebrated on 20 August 2022 with great enthusiasm. The programme began with a prayer song. Emily Rodrigues and Angel Barboza of class VIII read out the intentions. Eva Lisa Lobo of Class VII enlightened the students with a beautiful thought. Riya DSouza of class VIII highlighted the importance of Manyata Divas. The Konkani learning students presented a beautiful Konkani song.

Principal Rev. Fr Robert DSouza in his message congratulated all the students learning Konkani. He also encouraged students to take part in various Konkani programmes. He also asked the students to read the Konkani magazines and articles to improve themselves. Sixty eight students learning Konkani in class VI, VII and VIII were present for the programme.

Fr Principal and Deacon Jaison Pais gave away the prizes to the students who won in the Konkani Quiz Competition. Esther Fernandes and Darren Patrao of class VIII compered the programme under the guidance of Music and Konkani teacher Mr Ivan Mascarenhas.

INAUGURATION OF THE RENOVATED CHILDREN'S INDOOR PLAY PARK



Play area is a place designed to provide a happy environment where the children can exercise, play and have fun.

It was an auspicious day for the little children of kindergarten as they witnessed the blessing and inaugural ceremony of the newly renovated indoor play area on 24 August 2022. Manager Rev. Dr John Baptist Saldanha, Principal Rev. Fr Robert DSouza, Deacon Jason Pais, Fr Arul Joseph, Sr Regina and PTEC members were present.



Ms Linette Pereira welcomed the gathering and invited Fr Manager, Fr Principal, PTEC members and a few children to cut the ribbon and inaugurate the children's play area.

Fr Manager and Fr Principal led the prayer and blessed the play area. Fr Manager in his address motivated the students to use the play park to enjoy and refresh their minds. He thanked Fr Principal for putting in all the hard work in providing such a sophisticated play park for the children. After the blessing, children rushed to find the place on the different play equipments. It was truly a heavenly sight to see the children happy and enjoying their time in the play park.

NATIONAL SPORTS DAY



National Sports Day was celebrated on 29 August 2022. The programme began with the prayer followed by the prayer song. The significance of sports was given by Melanie and Anna of class XI C.

A quiz on sports was conducted by Rev. Fr Robert DSouza, Principal for classes III to XII. The students were very enthusiastic to answer the questions and participated actively. The winners were given attractive prizes. The students of the choir group sang a melodious song titled 'Healthy body, Healthy mind keeps our Health always good.' This was followed by a short skit performed by the students of class XI C conveying the message that whether you win or lose parents and

teachers are always there to support the children.

The Principal in his message said that respect is the most important element of personality. The sports achievers of different tournaments were felicitated with trophies and certificates. The programme ended with the school anthem. Akshith and Mridula of class XI C compered the programme.



LITTLE LIBRARY IN LCS NEW BLOCK



"Libraries change lives for the better." They store the energy that fuels the imagination. They open up windows to the world and inspire students to explore, achieve and contribute to improvement of the quality of their lives.

The inaugural ceremony of a newly set up library "Knowledge Bank" for the students of class XI and XII was held on 3 September 2022, in the new block. Aastha Khandelwal of class XII C welcomed the gathering. Rev. Fr Robert DSouza, Principal, Ms Anita Thomas, Vice Principal and The Literary Minister Brinda of Class XII C cut the ribbon and formally inaugurated "LCS Knowledge Bank" followed by an issue of a book from The Knowledge Bank, along with the entry in the new library register signed by Fr Principal and the Literary Minister.

Fr Principal addressed the students and encouraged them to make best use of the newly set library. He also thanked the teachers and students for their genuine efforts in making the ceremony a successful one. The ceremony concluded, with a vote of thanks delivered by Riddhi N. Hegde of class XII C.



LCS COLLECTION DRIVE



A collection drive was organized from 3rd to 7th September 2022 to help the needy during the season of festivals. The response was truly heart-warming, knowing that our students and the parent community do care and are sensitive to the needs of poor and underprivileged.

Students were guided to bring groceries, bed linen and sanitary napkins. The students of class XI collected and sorted the items to be distributed to different homes of the needy and orphanages – St Juze home, Mangalore, Karunamaya Ashram, Cascia, Paschim Rehabilitation Centre, Ullal, Olavina Halli Old-age and Rehabilitation Centre, Thokkottu and St Angela Boarding Bejai, Ashraya Girls Orphanage Anegundi, Bejai, Mangalore.

The Principal greatly appreciated the students and the parents for their keen interest and generous contribution towards LCS Collection Drive.

ONAM CELEBRATION



ONAM CELEBRATION On 6 September 2022, Onam was celebrated with a thematic assembly lead by the students of classes IX to XII. Tanishka Dharmaraj of class X C was the master of the ceremony. The school choir led the prayer song and the intentions were read by Sarah of class X C followed by the thought for the day by Geanne. Anna of class IX A presented the significance of onam in Malayalam as well as in English followed a mash-up of traditional onam songs by students of

classes IX to XII. The center of attraction was the colourful and magnificent Pookkalam at the entrance of the lobby, designed by the students of classes IX to XII under the guidance of Ms Revathi.

Rev Fr Robert DSouza, Principal, wished all the Keralites a very happy onam. The assembly concluded with the school anthem. The entire programme was planned, coordinated and guided by Ms Jayashree.

NATIVITY OF BLESSED VIRGIN MARY



Lourdes Central School organised a short and meaningful programme on the occasion of the Nativity of Blessed Virgin Mary on 7 September 2022 in the school Lobby. The programme began with the universal prayer followed by melodious prayer song.

Carol Mascarenhas of Class X D cheerfully welcomed everyone and Jaden Saldanha of Class VII A presented the significance of the day. He also highlighted on traditional ways of celebration by offering flowers by little children to 'mamma Mary'.

The Principal addressed the students and said that we need make our lives better by reaching out to others around us in whatever possible manner during this delightful moment of the festive season. Eucharistic celebration was organised for the catholic students and special prayers were offered for world peace and for the farmers who toil for making the food grains available for us. The programme ended with the feelings of gratitude expressed by Aadhya Shetty of Class VIA.

WORLD PHYSIOTHERAPY DAY



It is said that a physiotherapist has the brain of a scientist, heart of a humanist and the hands of an artist.

To commemorate World Physiotherapy Day, 'Wellness Drive' was conducted jointly by the Department of Physiotherapy, Father Muller's Medical College, Mangalore along with Mangalore

Round Table 115 and Mangalore Ladies Circle 82 at Lourdes Central School, Bejai, Mangalore.

After a prayerful rendition, Nicole Genelia Miranda of class IV A and Aditya Jatin Rao of class IV D welcomed the humongous team. The speakers for the afternoon were Dr Panda Vadra Roshni Ramabhai and Dr Fiona Verdine Dsouza. The other dignitaries were Mr Haron



Fernandes, Chairman of Mangalore round table 115 and Ms Monisha Dsouza, Chairperson of Mangalore Ladies club 82. The students were happy to watch an inspiring skit on healthy eating and exercise enacted by the physiotherapy final year BPT batch of Father Muller's Medical College. After which the speaker involved the students educating them about right posture, the right way to carry a school bag, importance of being physically active and proper diet and nutrition.

The Wellness Drive team was grateful to Lourdes Central School and Principal Rev. Fr Robert Dsouza for permitting them to conduct this unique seminar. Amora of class IV B delivered the vote of thanks. Overall, students were satisfied and happy that most of their queries were answered.

CBSE TEACHER TRAINING PROGRAMME ON HEALTH AND PHYSICAL EDUCATION



Our School hosted the CBSE Teacher Training Programme on Health and Physical Education held on 13 September 2022 in the Audio Visual Room. Sixty Four teachers from various CBSE Schools of Dakshina Kannada and Udupi Districts attended the workshop.

The programme began by invoking God's blessings with a prayer song sung by the School Choir. Principal Rev. Fr Robert DSouza welcomed the gathering. This was followed by the lighting of the lamp by Rev. Dr John Baptist Saldanha, Manager, Rev. Fr Robert DSouza,

Principal, Dr Reshma Ganesh, Resource Person and Mr Veerendra Alva, Physical Education Teacher, LCS.

Rev. Dr John Baptist Saldanha in his key note address said that Covid 19 had made the students inactive. Presently, the physical activities at school have made them enthusiastic and energetic. He said that the Physical Education Teachers are the ambassadors of the school and invited them to be role models to students with regard to cleanliness and hygiene. Ms Harshitha Shetty introduced the Resource Person Dr Reshma Ganesh, Principal, Sri Sri Ravishankar Vidya Mandir, Bangalore East who was felicitated by the dignitaries.

Dr Reshma Ganesh, the Resource Person gave her valuable inputs, lessons and aids on Health and Physical Education. She conducted many activities mainstreaming health and physical education. She highlighted that students have to undertake activities categorized under four strands namely Games, Health and Fitness, SEWA and Health and Activity Card. She expressed that the overall aim of physical education programmes is to



give the students confidence, competence, understanding and enjoyment of being active and having a healthy lifestyle that considers good hygiene, healthy eating and social and emotional well being. Activities are categorized according to the similarity of their outcomes namely athletics, adventure, games, individual sports, health and fitness.

She stated about the SEWA Philosophy which takes learning beyond the walls of the classroom and sometimes even beyond the boundaries of the school, building bridges with the authentic and real world in meaningful and positive ways. She urged that all students of classes IX to XII to participate in SEWA programmes throughout the year. Ms Anitha Pinto, Physical Education Teacher proposed the vote of thanks. Ms Harshitha Shetty compered the programme.



GANDHI JAYANTI CELEBRATION



Gandhi Jayanthi the Birth Anniversary of the Father of Our Nation was celebrated on 2 October 2022. The Principal Rev. Fr Robert Dsouza and the Vice Principal Ms Anitha Thomas graced the programme. The programme began with a prayer song. Sancia Pinto of class X welcomed the gathering.

To inculcate the feeling of integrity and brotherhood – a short prayer from each religion – ‘Sarva Dharma Prathana’ was organised. The Lourdites

read a verse each from the Bhagwad Geeta, Quran, Guru Granth Sahib and Bible and gave the interpretation. The Significance of the day was read by Shahan Lobo who enlightened the audience with the life story of Mahatma Gandhi. To express the patriotism in little ways the Lourdites presented a patriotic song.

Remembering yet another great leader Lal Bhadur Shastri, the second Prime minister of India, Deep Mascarenhas of class X appraised the audience on his contribution to the nation. The Principal in his presidential address upheld the values of Gandhiji who was simple in living, high thinker, confident,



truthful, committed for task and dedicated in his work. He asked to love and respect the farmers and soldiers who contribute towards the nation, he invited the students to know more about Mahatma Gandhi and imbibe his teachings in their life.

Ania Mascarenhas of class VII proposed the vote of thanks. The programme was compered by Pranavi Shetty of Class X and concluded with the National Anthem.



THE INTERNATIONAL GIRL CHILD DAY



The International Girl Child Day with the theme – ‘Our Time is now – Our rights, Our future’, was observed on 11 October 2022. The assembly was conducted by the students of class VII. The programme was held along with the Kannada Saptaha and Mental Health Week. The assembly began with a prayer in Kannada. Joanne Karkad read the significance of the day. She highlighted that the International Girl Child Day is dedicated to girl child and eliminate

gender based bias. Students were given a few tips to stay healthy.

As a part of Kannada week, students read about great poets like Kuvempu, Shivaram Karanth, Dattatreya Ramachandra Bendre, Maasti Venkatesha Iyengar who had received Jnanapeeta Prashasti for their works in Kannada. Rev Fr Robert Dsouza addressed the gathering and said that each girl child should be valued and respected. The Principal then motivated the students to be happy and healthy. Deona of Class VII compered the programme.



CAREER GUIDANCE



CLASSES XI & XII SCIENCE

A career guidance session organized by Lions Club was held for classes XI and XII Science batch on 12 October 2022. The session began with a prayer song sung by the school choir. Principal Rev. Fr Robert Dsouza welcomed the gathering and introduced the resource person Prof Ronald Pinto. He also motivated the students to strive hard and reach excellence.

The session by Prof Ronald Pinto started with an ice breaking activity. He briefed the students about



various career options such as medical, engineering, general courses, ITI courses, pure and applied sciences etc. He guided and instructed the students about various exams, colleges and job opportunities in each field. He also shared details about the prospects and opportunities one can find in foreign countries.

Further more the students interacted with the resource person and a question & answer session was held. Various students expressed their queries and came to know about wider scopes which are available to them. The students were greatly benefitted. The programme ended with the vote of thanks proposed by Matthew Chacko of class XI A. The entire programme was compered by Riya of class XI B.

CLASS X



A career guidance session was organised by Lions Club Mangalore for the students of class X on 13 October 2022. The session dealt with essential topics like study skills, stress management and importance of mindfulness etc. The session began with a prayer song by the school choir.

Principal Rev. Fr Robert DSouza welcomed the gathering and introduced the guest speakers, Resource Person Prof. Ronald Pinto, Director of

Institute For Individual Development; Ln Anil Das, President of Lions Club; Ln Mallika Alva, Secretary of Lions Club; Ln Anitha Gomes; Ln Ronald Gomes, Former District Governor; Ln Sanjyoti Sheikha, Zonal Chairperson; Ln Rammohan Alva, District Cabinet to the audience. The guests were honoured with flowers by Ms Deepa DSouza, Tanishka Dharmaraj of class X C and Deep Mascarenhas of class X C.

Ln Anil Das briefed about the importance of social service just before the session began. After which, Ln Ronald Gomes shared success story of Lions Club Mangalore in rendering service to the society. The session was initiated by Prof. Ronald Pinto. He urged the students to dream bigger by quoting Swami Vivekananda's "Arise, Awake and Stop not till the goal is reached". He started with an 'ICE Breaking SONG'. He urged the students to really think about their decisions and introspect what they want and what they can excel in. He spoke about the bigger picture and long term goals dealing with job opportunities and what employers look for in a candidate. He put skills on a higher pedestal than education. He apprised the students with various study streams available and also advised the students to take aptitude tests before deciding their career paths. Students interacted with the resource person and clarified their doubts. The session was ended with the vote of thanks by T. G. Laasya of class X B. The programme was compered by Pranava of class X D. The entire session was fruitful and the students were greatly enriched.



LCS PRO SCIENCE



The 'Science week' was organised from 17th to 21st October 2022 for the students of classes I to X under the title "LCS PRO SCIENCE 2022".

The science week was inaugurated on 17 October 2022 during the assembly. The programme began with the prayer. Rev. Fr Robert DSouza, Principal and Ms Anitha Thomas, Vice Principal symbolically inaugurated the science week by operating the robot 'Tio' which was designed and built by four students of class IX. Significance of science week was given to the students. To make the programme more

cheerful and interesting, students of class VII presented a song based on science and students of class X performed a dance depicting the safety measures to be taken in labs while performing experiments.

Principal addressed the students and encouraged them to take active part in all the activities of science week. Students of classes I to XII witnessed the programme. Shahan Bryan Lobo and Shazia Noushad of class X compered the programme.

Activities:

- Students were given an opportunity to decorate the bulletin boards and display the science facts through art integration
- Assemblies were informative and enthusiastic throughout the week. It involved information on recent developments in the field of science, importance of some discoveries / inventions and singing songs that explained various scientific phenomena.
- Science model making competition was held on 21st October for the students of classes I to X. Each student had to make a science model based on the topics given to them. All students actively participated in the science exhibition and explained their models to the respective teachers. Winners of the competition were awarded.

Finale of the fun filled science week was held on 21st October 2022 by the students of class XI. The programme involved melodious songs describing the various branches of science, a science drama with a message and report of the science week. Four students of class XI, Sanath Sanjay Shet, Simeon A Rodrigues, Aahan D Hegde and Nandan Bhandary received the certificate of appreciation from the Principal and Vice Principal for their efforts in making the robot 'Tio'.

Information about the recent developments in ISRO was given to the students. The Principal Rev. Fr Robert DSouza appreciated and congratulated all the students and teachers for their efforts in making the science week successful. Amritha Nair of class IX was the MC for the programme.

All the activities were well planned and executed by the wholehearted support of all the teachers of Science Department under the guidance of the coordinator Ms Linet DSouza.



DEEPAVALI CELEBRATION



Deepavali celebration was held on 22 October 2022 during the assembly. The programme began with a prayer and a prayer song. A genial welcome was given by the MC Meghna Bhat of class IX D. To bring in the ambience of celebration and enjoy the wonderful celebration of Deepavali, the students of class VII to X sang a melodious song in Kannada which meant "light a lamp and pass on the light."

C "On Eco Friendly Diwali" which depicted the meaningful way of celebration and also the potential dangers and hazards of burning crackers. They also showed the safe way of burning crackers known as green crackers.

The Manager Rev. Dr John Baptist Saldanha spoke on the occasion and appreciated the staff and students for their whole hearted involvement in the celebration of Deepavali and decorating the whole school. He urged the students and staff to introspect and be aware of the power to outshine darkness and clear all the obstacles in life.



FR MANAGER'S BIRTHDAY CELEBRATION



The school celebrated the Birthday of Rev. Dr John Baptist Saldanha, the Manager on 28 October 2022 with much zeal and enthusiasm. The celebration started with a melodious rendition of a prayer song. A warm welcome was given by Jovila Rodrigues of class IX B. Ma'am Seema Lobo wished Fr Manager on behalf of the Staff and Jane Moras of class IX C conveyed special wishes on behalf of the students.

Fr Manager was joyously wished with songs and flowers by the whole Lourдите family along with the little Lourdites who shared their birthday with Fr Manager. The influence of a great Principal can never be erased. Rev. Fr Robert DSouza, Principal delivered his beautiful message to Rev. Dr John Baptist Saldanha which was well appreciated by the Birthday celebrant.

Fr Manager praised and thanked God for being generous and gracious to him. He expressed that his birthday is a stopover to recall all the blessings received from God. He urged the Lourдите family to stop negative attitude towards their life and cultivate positive vibes in them. The newly ordained priest, a member of the school family Rev. Fr Jaison Pais was honoured with shawl, flowers and school memento by the dignitaries.

The talented Lourdites of secondary division (the runner up team of the talent hunt contest at St Aloysius autonomous college) and the girls' hand ball team (winners of the district level hand ball tournament) were congratulated and awarded for their great achievement. Anusha Nayak of class VIII B proposed the vote of thanks. Anna Prashanth Manimala and Vishruth Boppe were the comperes. The celebration concluded with the school anthem.



Fr Manager's Birthday celebration by the Staff and Management was held at AV Room. The master of the ceremony, Ms Francisca welcomed the dignitaries and the staff of LCS. The teacher's choir greeted Fr Manager with a melodious song followed by floral wishing. Fr Manager appreciated the hard work of the staff and the whole hearted support of the Management

Committee to maintain the standard of education at Lourdes Central School. Fr Principal showed his love and respect in his birthday message for Fr Manager..

RASHTRIYA EKTA DIWAS



To commemorate the 146th birth anniversary of the Iron Man of India - Sardar Vallabhbhai Patel, "Rashtriya Ekta Diwas" (National Unity Day) was observed on 31 October 2022. The assembly was held for classes I to XII in the school ground. The assembly commenced with the prayer, prayer song and intentions where the students interceded for the unity, solidarity and fraternity among all the nations and people of the world.

Thought for the day was presented by Deborah and the significance of the day was given by K P Saanvi. A tribute to the Iron man was paid by the choir members by singing the Ekta song. The Principal Rev. Fr Robert DSouza in his message spoke about the achievements of Sardar Patel and urged the students to follow his footsteps.

Gavin of class X administered the Ekta pledge. The most meaningful part





of the assembly was witnessed when the students undertook the Unity March. The Principal Rev. Fr Robert DSouza waved the flag and inaugurated the march. The students covered a prescribed distance with a lot of zeal and vigour.

The assembly was concluded by wishing the birthday celebrants and singing the school anthem. Adithi Acharya and Rithika M of class IX compered the programme. The day witnessed the extended celebration of Ekta Diwas. The students watched the digital exhibition

"Sardar Patel - Architect of Unification" in their respective classrooms. Each of the classrooms displayed colourful window charts.

BLAZE 2022 – AICS BASKETBALL TOURNAMENT



With an aim to provide an opportunity to hone the talents of students, to build on skills and form new friendship, 'Blaze-2022' AICS Basketball Tournament was organized and hosted by Lourdes Central School on 3 November 2022 at LCS school ground and Mangala Stadium simultaneously.

Athletes of thirty two schools of the association of ICSE and CBSE of Dakshina Kannada and Udupi districts gathered in the campus with great enthusiasm and sportsmanship. The inauguration of the tournament began with a prayer song sung by the school choir which was followed by the exuberant

welcome address by the Vice Principal Ms Anita Thomas.

Rev. Dr John Baptist Saldanha, Manager, Chief Guest Ms Anuradha Shivram, Principal, Manipal School, Mangaluru, Rev. Fr Robert DSouza, Principal, Rev. Fr Jaison Pais, Mr Ashok Pinto, Vice President, Bejai Pastoral Parish, Ms Preethi Gomes, Secretary, Bejai Pastoral Parishad, Ms Rashmi DSouza, P.T.E.C Vice President, Dr John Pinto, Technical Advisor, Dr Shakti Mani, Advisor, AICS Basketball, Mr Veerendra Alva, Convenor inaugurated the tournament by lighting the lamp.

Ms Pamela Miranda introduced the Chief Guest Ms Anuradha Shivaram to the gathering and was felicitated by the dignitaries. The Chief Guest Ms Anuradha Shivaram encouraged the athletes by her inspirational message and motivated the participants to make basketball as their profession if it is their real passion and to do everything they can to achieve their goal.

Addressing the participants Rev. Dr John Baptist Saldanha in his presidential address stated that when we come together, we can always learn something new from others and he also encouraged the athletes to give their best and bring name and fame to their school. He also urged the students to strive hard to get a place in the National Basketball Team.

The beginning of the Tournament was marked by shooting up the hoop at the basketball court by the dignitaries and by declaring the event open by the Chief Guest. Rev. Fr Robert DSouza, Principal of the host school introduced the referees and a floral welcome was given by Mr Veerendra Alva. During Valedictory Ceremony Rev. Fr Robert DSouza lauded the tireless efforts put in by each and every team and congratulated the winners. Rev. Fr Suraj Lobo, Asst Parish Priest, Bejai Parish felicitated the winners.

In the category of Under 17 boys, Lourdes Central School and Mount Carmel School, Mangaluru emerged as the winners and runners up respectively. In girls category Mount Carmel School Mangaluru was declared as the champions and Manipal School, Mangaluru as the runners up. Shubhan Das of Lourdes Central School and Maithili of

Mount Carmel School were declared as the 'Best Player' in the category of boys and girls respectively. Mr Shashank Rai, an International Basketball Player was felicitated by the Principal Rev. Fr Robert DSouza. Ms Anitha Pinto extended her gratitude to all those who were responsible for making 'Blaze-2022' a grand success. Ms Lynette Pinto and Ms Pamela Miranda compered the programme.



DENTAL HEALTH EDUCATION

Our Kindergarten Section organized a dental awareness programme on 5 November 2022 in the school auditorium. The resource persons for the day were Dr Charishma and Dr Anupama.

The programme began with invoking God's blessings followed by welcome address by the Principal Rev. Fr Robert DSouza. The Principal in his address said that Kindergarten students are always happy because they have happy teachers who make every child's day a happy one. He also told the doctors to feel free and enjoy the session with the little ones.

Dr Pallavi began the session asking the children about their well-being. Dr Divya a pediatric dentist explained the importance of taking care of baby teeth by brushing them twice a day. Methods of brushing teeth were explained to the children through pictures, videos and a small play was enacted by the doctors. The play encouraged the students to eat healthy food like vegetables, fruits, fish etc.



The doctors guided the teachers regarding the injury to the tooth during school time. The teachers were instructed how to attend a child who has broken a tooth or injured the jaw while playing in the school. The programme was compered by Ma'am Reshma and gratitude expressed by Ma'am Lavita. A small booklet on "Taking care of your child's teeth" was distributed to all the children of the Kindergarten section by the doctors.

SPELL BEE COMPETITION

In order to improve the literary language, spellings and reading skills in students, the school had conducted a Spell Bee competition for classes I to V on 5 November 2022 in their respective classes. Ms Sunitha was the teacher in charge of this competition. This competition boosted students intellectuality, developed their thinking skills. It was a wonderful sight to see all the children participating with zeal and enthusiasm. The Principal, Rev. Fr Robert DSouza appreciated all the students for their participation.

LCS SOCIAL SCIENCE WEEK



LCS Social Science Week 2022 was inaugurated on 7 November 2022. The programme began with the prayer and prayer song sung by the school choir. The intentions were led by Shallen of class IX A, followed by the thought for the day by Amoura of class IX C. Rev. Fr Robert DSouza, Principal inaugurated the LCS Social Science Week 2022 by switching on the Ferris Wheel that depicted the theme – 'The World Around Us' with the pictures of rules for safety, places in our neighbourhood, clothes we wear, States of India, space exploration, settlements and resources. This Ferris Wheel Model was made by the siblings Maria and Basil Jose Paul of class IX A. Vamshitha Shetty of class IX B briefed the significance of LCS Social Science Week and aims and objectives of the Social Science Exhibition. The School Choir presented a special song on 'Nature'. The students of classes VII, IX and X performed a skit titled - 'An Escapade in India.' In connection with LCS Regale, Nidhi Sarah John of class IX C highlighted the inspiring reasons why one should showcase their talents. The Principal Rev. Fr Robert DSouza wished the students and Social Science teachers and congratulated them for their hard work. On the whole, the programme highlighted the role of Social Science in today's society. The programme ended with the school anthem. Vraddhi Jain of class IX B compered the programme.



AICS ANNUAL CONFERENCE

Association of ICSE and CBSE school of Dakshina Kannada and Udupi districts (AICS) conducted a seminar for its member schools at Little Rock Indian School in Brahmavar on 9 November 2022 with the theme "Towards taking our schools to a higher level". The conference began with prayer song by the teachers and an attractive welcome dance by the students of Little Rock Indian School. Rev. Fr Robert DSouza, President AICS and Principal Lourdes Central School, Mangaluru welcomed the August gathering.



The conference was held in three sessions. The first session was the keynote address on "The importance of Art Integration in school curriculum as per NEP 2020" by Ms Meenakshi Aneja, Senior Content Writer, IMT, Noida. She emphasized on the scope of Art Integration in education with endless possibilities and optimizing the human creativity to the fullest. The second session was "Transforming Organizational Culture in Schools" by Mr Mathew K G, Principal, Excel Public School, Mysore. He urged the Principals and teachers to have their own unique and apt identity in physical, intellectual and emotional infrastructure of the school. The third session was a lively and practical session by Dr Ankitha Sharma, Content Developer, Primary Education TMT, Noida on the topic "Early Childhood Education in School Curriculum" with a bunch of activities and demos. The valedictory address on the "Essence of leadership" was given by Prof. Ninan, Director of Little Rock and one of the founders of AICS.

The vote of thanks was given by Ms Jessy Andrews, Principal, Madhav Kripa School, Udupi and coordinator for CEO programmes for AICS. Participation of the 230 delegates made this conference a successful one.

LCS REGALE



LCS Regale 2022 was held on 11 November 2022. The event commenced with a meaningful prayer service by the teachers. The event was chaired by the Head Boy Aryan Shrivastav and presided over by the Head Girl Amna Javed. The dignitaries on the dais were Rev. Fr Robert Dsouza, Principal, Rev. Dr John Baptist Saldanha, Manager and President of the day, Fr

Suraj, Fr Jaison, Fr Arul and Fr Wilson Sequiera, Mr Ashok Pinto, President of Bejai Parish Pastoral Council, Ms Preethi Gomes, Secretary, Bejai Parish Pastoral Council, Dr Rashmi DSouza, President of PTEC accompanied by 21 student representatives.

The Principal welcomed the gathering. Rev. Dr John Baptist Saldanha, Manager in his address poured out his love and blessings on all the Lourdites and their families. Students and teachers performed a series of programmes. There were a lot of stalls put up by the teachers and the show stopper was the food stall by Gold Finch, Mangalore.



A noble cause was also met through the LCS Regale through the 'Donate a Toy Counter' and the toys were later delivered to the needy children. LCS Regale 2022 was truly a synonym for fun, frolic and entertainment.

CHILDREN'S DAY CELEBRATION



Children's Day was celebrated on 14 November 2022 in the LCS school grounds. The staff of LCS had organised an assembly for the students. Programme started with a prayer song followed by intentions read by Ms Noleen Pais and Rev. Fr Arul Joseph. A thought for the day was presented by Mr Girish S.

Guests for the programme were Deputy Head Boy Saaket and Deputy Head Girl Portia. Ms Gretta Menezes welcomed the gathering. A floral tribute was paid to the first Prime Minister of India Pt. Jawaharlal Nehru by all the dignitaries. Ms Deepika Fernandes spoke on



students to be confident and take up their responsibilities. Children's Day song was presented by Mr Ivan Mascarenhas and team. Spot games were conducted by Ms Lolita. The students enjoyed the programme which concluded with the vote of thanks.

SPORTS DAY (KG TO CLASS V)



'Muscle your way to mindfulness. Mental alertness is possible only through physical ability. Let's aim at a sound mind in a sound body.' The above saying was apt for sports finale that was held on 18 November 2022 for the Kindergarten to Class V.

Students though small in stature and age contemporaneously presented an array of mass drill and proved that they were as energetic as their seniors. The Masters of the ceremony, Heather, Siddarth, Zion and Purvi

were at their best and enthralled the spectators with their voice modulated talks.

"Failure is the stepping stone for success, so students who have participated deserve appreciation from elders", was the advice given by the chief guest of the event Dr Vijayalaxmi H Rai. She also stressed that Sports is not about competition, it's about having fun and gaining energy to our body. Rev. Dr John Baptist Saldanha congratulated little Lourdites for their best performance and asked the Lourdites to thank each other for making each other's day beautiful.



The Kindergarten and Class V gave a spectacular ground display for a western composition. Rev. Fr Robert DSouza, Principal, Vice Principals Ms Belita Mascarenhas and Ms Anita Thomas, PTEC Vice President Dr Rashmi DSouza gave away the medals and certificates to the winners. Ms Anita Pinto and Ms

Thriveni, the Physical Education Teachers attracted the spectators with their welcome speech and Vote of thanks. The event came to an end with a short prayer to Mother of Lourdes, Patroness of Lourdes Central School followed by the school anthem.



ANNUAL SPORTS MEET

The Annual Sports Meet was organised for classes VI to XII on 19 November 2022 at Mangala Stadium. The dignitaries on the dais were the Chief Guest Ms Prasamsha Bhandary, Wildlife Biologist and Scientific Officer, Pilikula Zoo, Mangaluru, Rev. Dr John Baptist Saldanha, Manager, Rev. Fr Robert DSouza, Principal, Ms Belita Mascarenhas and Ms Anitha Thomas, Vice Principals, Mr Ashok Pinto, Vice President and Ms Preethi Gomes, Secretary, Bejai Parish Pastoral Parishad escorted by the Convenor Mr Vishwanath Devadiga.

The inaugural programme began with the prayer song 'Bless This Beautiful Day' sung by the school choir. This was followed by the school march past headed by the Head Boy Aryan Srivastav, Head Girl Amna Javed, House Captains and Vice Captains with their respective Houses marching to the beat of the band. The 'Platoons and Brigades' of Lourdites gave a stunning performance through the march past. The school flag was ceremonially carried by the school cabinet members – Shamit R Kumar, Diya N Yashodhar, Portia Furtado and Saaket Manjrekar for the flag raising ceremony. The Chief Guest Ms Prasamsha Bhandary hoisted the flag. The Sports Torch was carried by the athletes Nahan Shetty, Nimit Pai, Parikshit Shetty, Aditi



Acharya, Chinmayi, Clare DSouza, Diya Alva and Shubhan Das. The Chief Guest Ms Prasamsha Bhandary received the torch and declared the sports meet open. To rejuvenate the spirit of true sportsmanship, the Sports Minister Shamith R Kumar administered the oath. The students gave an impressive spectacle of harmony and discipline through the mass drill. The school band in symphony complemented the drill.



Ms Belita Mascarenhas, Vice Principal delivered the welcome address. The Chief Guest Ms Prasamsha Bhandary addressed the gathering, shared her experiences and motivated the students to follow their passion. She said that her journey at LCS was beautiful as importance was given to both curricular and co-curricular activities and it has been the top educational institution in the city and she is proud to be a Lourдите.



She stated that being physically fit is important but being mentally fit is equally important. She expressed that sports helps one to channelize their strength and to be positive. She urged the students to be kind, believe in themselves and to have a 'never give up' attitude.

Rev. Dr John Baptist Saldanha, the president of the function gave his message and said that a healthy mind in a healthy body makes one holistic. His expectation from students was to have exceptional qualities to lead an integrated life. He told the students to inculcate a positive spirit and wished them a bright

future.

Mr Veerendra Alva, the Physical Education Teacher and Convenor of the programme delivered the vote of thanks. House system song was sung with vigour and gusto. Ms Vivita DSouza welcomed the gathering for the Valedictory Ceremony. Rev. Fr Robert DSouza, the Principal, Ms Belita Mascarenhas and Ms Anitha Thomas, the Vice Principals felicitated the champions.

The Convenor of the Annual Sports Day, Mr Vishwanath Devadiga proposed the vote of thanks. The lowering of the School Flag which marks the end of the closing ceremony was done ceremoniously in the presence of the Principal and Vice Principals. The programme ended with the National Anthem. Ms Deepa DSouza, Ms Seema Madtha, Ms Vivita DSouza and Ms Noleen Pais anchored the programme. Mr Vishwanath Devadiga and Mr Veerendra Alva were the Convenors of the Annual Sports Meet.

ANNUAL DAY



ANNUAL DAY The Annual Day was celebrated with great zest and vibrancy on 25 November 2022, with a medley of events from each class woven around the theme 'We are the Beacon of Peace'. The programme commenced with a scintillating Prayer Song and Welcome Dance. The tiny tots of Kindergarten I and II delivered the welcome speech.

Mr Anshu Kumar Srivastava IPS, Deputy Commissioner of Police, Mangalore was the Chief Guest. Rev. Dr John Baptist Saldanha, Manager was the President of the function. The

other dignitaries who graced the occasion were Rev. Fr Robert DSouza, Principal, Ms Belita Mascarenhas and Ms Anitha Thomas, Vice Principals, Mr Ashok Pinto, Vice President and Ms Preethi Gomes, Secretary, Bejai Parish Pastoral Parishad. Rev. Fr Robert DSouza extended a warm welcome to all the dignitaries present. Ms Belita Mascarenhas introduced the Chief Guest. Ms Anita Thomas rendered the vote of thanks.

Mr Anshu Kumar Srivastava IPS was felicitated by Rev. Dr John Baptist Saldanha and Rev. Fr Robert DSouza. The Principal, Rev. Fr Robert DSouza presented the School Annual Report 2022-23. Mr Anshu Kumar Srivastava IPS in his address, advised students to study seriously, since it is academics that make our careers successful. Secondly he motivated students to develop good hobbies and stressed on acquiring good friends in school. He advised the parents to encourage their wards to develop an inquisitive mind and at the same time to limit their wards' mobile use.

Rev. Dr John Baptist Saldanha, Manager in his address mentioned that Lourdes Central School is a happy school due to the warmth and joy of the Principal, the radiant staff, excellent teamwork and solidarity in the teacher student parent community. He stressed that peace is the need of the hour and all students are treated equally without discrimination.

The cultural bonanza began with our ebullient students presenting an array of cultural programmes with colourful props depicting the theme 'We are the Beacon of Peace'. The tiny tots of Kindergarten conveyed the message of peace and harmony through their action songs and foot tapping dances.



The students of class I performed a Dance Drama depicting unity in diversity. The students of class II portrayed the Theme: 'Happy Childhood – Peaceful World' through a dance drama and gave the message 'the best security blanket every child can get is the parents who respect each other'. The students of class III, through the performance showed that Peace is Priceless and it begins within us and should be radiated around us. The theme: Interfaith Harmony was presented by class IV through a Hindi dance drama showcasing the unique contributions of Kuriakose Elias Chavara of upholding the ideology of all religions being one before God. Students of class V depicted the evolution of peace in the 20th century through the theme:

'We are the pillars of peace'.

Students of Class VI portrayed the theme 'Peace within oneself / equilibrium of peace within oneself'. The story revolved round the people of various age groups with different professions finding peace in life. The theme 'Gender Equality' was effectively brought out by the performance of the students of class VII. Students of class VIII performed a short play on 'Role of Media in the manifestation of peace in connecting people of diverse regions, cultures, beliefs and languages. Class IX presented a cantata on harmony and balance in the world fostering peace and sustainable development. Class X with the theme 'To reach peace is to teach peace' made an effective attempt to teach peace to the people of the imaginary village – Jumri Thalaiya in a unique way that is through the Sapta Swaras "Sa Re Ga Ma Pa".



Peace is Our Gift to Each Other was the theme depicted by class XI and XII – through their performance students explored Indian, Persian and Western Christmas traditions bringing the magic of peace and human connection. The Finale song on Peace was sung by the mellifluous school choir. The programme was beautifully compered by Ahana Murali Krishna, Leann Preetal Aquinas, Amekha Bedi, Sai Prathiksha Karthikeyan, Aaryan Shrivastav, Sonia Cathy Lasrado, G Samruddh Pai and Sharol Priya Renjal.

CONSTITUTION DAY



CONSTITUTION DAY The Constitution Day was celebrated on 26 November 2022 in the morning assembly. The celebration began with the Universal Prayer followed by the Prayer Song led by Mr Ivan Mascarenhas. The intentions were read by Sr Ivy Moras. Thought for the Day was given by Ms Asmitha Tauro. Ms Rekha Naveen highlighted on the importance of the Day. The song on Constitution titled 'India is our Motherland' was sung by the teachers.

Ms Belita Mascarenhas, the Vice Principal spoke on the occasion and said that freedom of mind is the real freedom, and one should have the zeal for justice, to be exemplary and peaceful. The closing ceremony of LCS Panache and the lowering of the School Flag was done in the presence of the Principal, the Vice Principal, Ms Deepa DSouza and Mr Veerendra Alva followed by the singing of the school anthem.

Rev. Fr Robert DSouza, the Principal gave his message and said that teachers need to be like the sunflower giving life to the students, parents, society and the nation. He stated that the Indian Constitution is the longest written Constitution and wished, 'long live the Constitution of India and long live LCS'. The programme ended with the National Anthem. Ms Poornima Claret anchored the programme and Ms Rekha Naveen was in charge of the programme.



WORLD COMPUTER LITERACY DAY



Awareness regarding the 'World Computer Literacy Day' was conducted during the morning assembly programme on 2 December 2022. Siddarth G student of class VIII D spoke on the significance of the day and said that the "World Computer literacy day" is celebrated annually on 2nd December instituted by N.I.I.T in 2001. This was created in honour of the company's 20th anniversary and as a way to increase Computer literacy among the people, especially women and children.

J E VACCINATION CAMP



To avoid harmful and debilitating effects of the Japanese Encephalitis a vaccination camp was held at our school on 7 December 2022. The camp began at 9.00a.m in the school campus, a total of 1377 Lourditers were vaccinated. The campaign went on in a smooth and efficient way. The Principal Rev Fr Robert DSouza organized the camp in the school. The campaign was a success.

CHRISTMAS COMPETITIONS



KINDERGARTEN: In connection with Christmas celebration, Card Making and Carol Singing competitions were organised for the Kindergarten I and II.

The teachers of the Kindergarten section geared up the spirit of the children to participate in the activities by decorating their classrooms, their notice boards and lobbies. It brought a true festive feeling among the children, parents and teachers. Christmas carols were taught to the little ones. The winners were honoured with certificates.

PRIMARY SECTION: 17 December 2022 LCS was filled with festivity as children all over the campus were busy in various competitions. Following competitions were held for classes I to IV. Christmas card



making, tree drawing, candle and wreath making. Class V had Christmas tree decoration.

A large number of students participated in the competition enthusiastically and created a variety of innovative items that were later used for decorating the campus which added special touch to the festive season. Ms Seema Lobo, the Incharge teacher helped in conducting the competition successfully.

CHRISTMAS CELEBRATIONS



On 23 December 2022 LCS celebrated the birth of Jesus Christ in true Christmas spirit. The programme began by invoking God's blessings with a Christmas carol sung by the school choir. Ewin Timothy DSouza of Class V D delivered the welcome address.

The dignitaries on the dais were Rev. Fr Anil Alfred DSouza, Chief Guest, Manager, Rev. Dr John Baptist Saldana, Principal Rev. Fr Robert DSouza, Assistant Parish Priests Rev. Fr Suraj Lobo, Rev. Fr

Jaison Pais, Vice Principals Ms Belita Mascarenhas and Ms Anitha Thomas.

Rachel of Class VIII presented the significance of the day. The Chief Guest of the day Rev. Fr Anil Alfred DSouza, Director of Family Life Service Centre and the Guardian of Senior Priests' Home, Jeppu said that Christmas is experiencing the love of God. He highlighted that Christmas is not merely an outward celebration but to share and care with the less fortunate.

Rev. Dr John Baptist Saldhana, the Manager delivered his valuable message and highlighted the importance of the values of sharing and caring. The true meaning of Christmas was depicted through a skit. Christmas carols were sung by the choir. The students enjoyed dancing with Santa Claus who arrived at LCS with chime of happiness and joy. Siddarth and Joanne of Class VIII D compered the programme. Nathan Rodrigues of class VIII delivered the vote of thanks.



MATH WEEK



Math week was celebrated from 19th to 22nd December 2022. The project was inaugurated by Rev. Fr Robert DSouza, the Principal on 19th December by projecting a miniature tree house on which various solid shapes were hung. The week was filled with various competitions and activities that encouraged the students to involve actively.

The assemblies were filled with Math songs composed by students which were sung melodiously to the foot tapping tunes which meant that Maths is fun. Students spoke on the great mathematicians and their contributions. They also prepared beautiful Mathematic charts and decorated their classes.

Students enthusiastically participated in the exhibition and made amazing models on the topics given which brought out creativity in solving mathematics problems. The topics for the math exhibition were as follows – Kindergarten I and II – Fun with shapes, Class I - Make a clock, Class II – Represent fractions on the chart, Class III and IV - Models on fractions, Class V - Wall hanging made of plane figures, Class VI - Tangram and objects made of solid shapes, Class VII - Warli art and Aipan art, Class VIII - History of mathematicians including the great mathematicians of quadrilaterals, any three polyhedrons/platonic solids, tessellation. Subject enrichment activities were conducted for Classes IX to XII.



The students made different models both still as well as working models. The students also presented the models and explained the topics vibrantly. Math Finale assembly was conducted on 22 December 2022. Students of class VII presented a heart touching skit by giving value to the least number “0” and highlighting the message that we should always lift up others and join hands with them. Prizes were distributed to the winners.



Math Week concluded with a beautiful message to be pondered

Life is a Math equation

In order to gain the most

You have to know how to convert

Negatives into positives.

KINDERGARTEN – FUN WITH SHAPES



‘Fun with Shapes’ was an activity held to bring out the creativity in the tiny tots. Children and their parents had put in a lot of hardwork and made creative things like wall hangings, houses, transport, amusement areas etc. It was a lovely sight to see all the things which were exhibited in the kindergarten activity hall. The parents were called to view the exhibition of the little ones. Songs on different shapes were sung on the

occasion. Rev. Fr Robert DSouza, the Principal came around to see the exhibition and appreciated the parents and students. The winners of the activity were awarded.

THE LCS SAMARITANS



BASIC COMPUTER CLASSES

Community service is offered every year by students of class IX who teach computer applications to the students of class VII, St. Francis Xavier Kannada Medium School, Bejai. The students instructed and taught some basics like use of MS Paint, typing a paragraph, highlighting and decorating it. The students of the community school showed great interest and participated actively in learning. It was a

great learning experience to the students of LCS coupled with the joy of rendering service to others. Ms Chandini mentored the students in the programme. The main motive of this programme was to develop basic computer knowledge which would help them in their future life.

LANGUAGE CLASSES

Our school has always been active in various outreach programmes and community services. Teaching the students of class VI, St Francis Xavier Kannada Medium School, Bejai is another humble step towards helping humanity. The students came here with great enthusiasm and eagerness to learn English and communicative skills. Even if it was once a week, the teacher and the taught took great pride in meeting each other, which had created a special bond over a period of time. LCS will always continue this tradition of helping others grow and make a mark in the lives of everybody.



EDUCATIONAL AND RECREATIONAL PICNIC

CLASS IX: RIVER ROOST RESORT



The school had organized a day's picnic for class IX on 17 December 2022 to River Roost Resort, Mudushedde, Vamanjoor. The day began with a prayer and briefing of instructions by the Principal Rev. Fr Robert DSouza, followed by boarding the bus at 8.15a.m. As the students stepped into the resort, they were filled with awe looking at the lush greenery and picturesque view around them. Students were delighted seeing a variety of unique birds like emu, turkey, duck and many more. After a sumptuous breakfast, the students explored the place. There was an exciting and impressive obstacle course

that attracted everyone there. Students spent the morning indulging in several indoor and outdoor games like badminton, table tennis, basketball and the like. A house wise game of tug of war was conducted to bring out the sportsmanship in students. After relishing a mouth-watering lunch, came the most awaited part – pool time and also the enthusiastic rain dance with the most trending music. Students reached back to school at 5.30p.m. Prachi proposed the vote of thanks. It was indeed a day packed with fun and frolic.

CLASS X: UDUPI, MANIPAL



School trips are the platform for students to develop better understanding of what they have learned theoretically. It's a keyway to develop a child's interest and confidence in the subjects learned. An educational and recreational trip was organized for the students of grade X to Udupi, Manipal. The picnic was scheduled on 17 December 2022. A group of 57 enthusiastic students along with staff gathered at the LCS ground in the morning. Principal Rev. Fr Robert DSouza recited a small prayer and then gave a brief overview of the rules and guidelines to be followed by the students during the trip.

A spiritual visit to Shri Krishna Mutt, Udupi and Shrine of Vailankani, Kalmadi, a historical visit to Hasta Shilpa Heritage Village Museum, Manipal and Recreational visit to Manipal Lake were the proposed places in schedule. A day long trip that commenced at 7:45 a.m. nourished the students with a lot of knowledge regarding the history and cultures of various places as well as entertainment. The bus reached back to the school premises by 7:00p.m. Aryan Poonja, in his vote of thanks poured out his heart on behalf of the student community expressing his gratitude to the Principal Rev. Fr Robert DSouza and the teachers who accompanied them. This trip was truly an example for fun and learning.

CLASS XI AND XII: JOHN'S WATER PARK



On 17 December 2022, a bright Saturday morning, the students of Grades XI and XII went on a field trip to John's Water Park, Karkala. Students left the school at 8:00 am along with their class teachers. During the journey, the students thoroughly enjoyed themselves with music and dance. They had a delicious breakfast at Mayura Hotel. Students enjoyed themselves on rides and slides, playing volleyball in water and badminton in the court nearby. Around four in the evening, they got into the bus after some refreshments and snacks. For grade XII students, it was their last field trip which made it even

more nostalgic. They reached the school by 5:30 pm.

PARENT-TEACHER INTERACTIVE SESSION – II



Parent Teacher Interactive Session – II for classes IX to XII was held on 6th and 7th January 2023 in the Roof Top Auditorium. The programme began with the prayer song. The welcome address was delivered by Ms Harshitha Shetty, Ms Linet DSouza and Ms Gowri Ravi. The Subject Teachers briefed about the Question Paper Pattern and tips for Board Examination and Annual Examination. The Exam Cell Coordinator Ms Gretta Menezes and Ms Roshni Jose presented the Examination Schedule. To help our students to achieve and become successful, Ms Anita Thomas, the Vice Principal gave a brief guideline.

In the Question and Answer sessions, the parents felt free to put forward their views and appreciated the teachers. Mr Vipin, Director of Allen Coaching Centre, addressed the gathering and briefed on the examinations for JEE and NEET.

The Principal in his message said that the bond between the parents and children to be the bond of love and respect. He motivated the students to do better and become diligent and disciplined. He warned on the use of social media and safety of their ward. He told the parents to monitor their child's progress and guide them through this stressful time. He urged the students to study, to grow in values, obey their parents, shine and achieve their goal. He concluded by thanking the parents for being present which shows their respect for the school and love for their ward which will bear fruits for them.

The Session ended with the vote of thanks by Ms Shamitha Machado, Ms Anitha Menezes and Ms Sharmila Colaco. The programme was compered by Ms Shaila Pereira, Ms Deepa DSouza and Ms Reema DSouza.



LCS LIBRARY WEEK



LCS LIBRARY WEEK The “LCS Library Week” was celebrated from 16th to 20th January 2023, with a hope of reigniting the passion for reading in young minds.

Principal Rev. Fr Robert DSouza along with Vice Principals Ms Belita Mascarenhas and Ms Anitha Thomas, Librarians Ms Nandini and Ms Lavina Crasta inaugurated the event during the morning assembly on 16 January 2023.

The week was filled with numerous activities to enhance their joy of reading. A variety of competitions like story telling, bookmark, book cover, poster making and book

review writing, were held for classes I to VIII during the week. The best bookmarks, covers and posters were displayed in the school lobby.

20th January 2023, was a colourful and vibrant finale event of the Library Week. It started with an adorable performance by the students of class I reciting a poem on Library. The story of Pied Piper was confidently and dramatically narrated by Joanna Anaya Kunder of Class III. A dance drama was performed by the students of class VIII which was a visual treat. Prizes were distributed to the winners of the competitions. Vice Principal Ms Belita Mascarenhas addressed the students and encouraged them to read the library books and make proper use of the school library resources and services.

Rev. Fr Robert DSouza in his address thanked and congratulated the librarians for conducting various literary competitions and making the Library Week meaningful. He further advised students to make good use of the library and enhance their knowledge. Kshiti G Shetty and Prachi of class VIII compered the programme.



JYOTHI PRADHAN

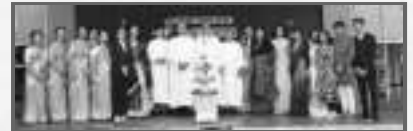


'Jyothi Pradhan' was organised for the outgoing students of Class X and XII on 21 January 2023. The programme commenced by invoking Gods blessings and prayers of the faithful were led by the teachers' Ms Deepa Dsouza and Ms Shaila Pereira and the student representatives. The Vice Principal, Ms Belita Mascarenhas welcomed the gathering and enlightened on the significance of the day.

Rev. Dr John Baptist Saldanha, Manager, Rev. Fr Robert DSouza, Principal, Ms Belita Mascarenhas, Ms Anita Thomas, Vice Principals, Rev. Fr Suraj Lobo, Rev. Fr Jaison Pais lit the lamp and inaugurated the programme along with the class teachers of class X and XII, the Head Boy Aryan Srivathsav, the Head Girl Amnah Javed, the Deputy Head Boy Saaket Manjrekar, the Deputy Head Girl Portia and the representatives of class X and XII.

The Head girl Amna Javed administered the pledge. Elishia Baptist of Class X and Shamith Kumar of Class XII shared their fond memories of the school. The Principal Rev. Fr Robert DSouza addressed the students and asked the students to listen to two voices, one of their parents and another of their own conscience. The Manager Rev. Dr John Baptist Saldanha in his message requested the students to be like eagles and fly high and come out with great colours. He also asked the students to inculcate values from their parents, school and teachers and be constructive wherever they are.

The School Choir wished the students adieu by singing a farewell song 'days have rolled, years have passed'. The vote of thanks was delivered by Nawreen Sheik of class XII. The mementos were presented to the students by the Manager and the Principal. The programme concluded with the School Anthem. Vernon Dantes and Melani DSouza were the masters of ceremony of the programme.



REPUBLIC DAY CELEBRATION



The 74th Republic Day was celebrated on 26 January 2023 in the LCS Grounds with the spirit of Patriotism. The anchors of the event were Ira Rao and Avinash of Class VI. Major Lohith Suvarna, the Chief Guest, Rev. Fr Robert DSouza, the Principal, Ms Belita Mascarenhas and Ms Anitha Thomas, Vice Principals, Rev. Fr Suraj Lobo Assistant Parish Priest, Shamith

R Kumar and Diya N Yashodar, the Sports Ministers along with the Scouts and Guides escorted the dignitaries to the dais with the rhythm of the school band.

The programme began with a prayer song followed by the Intentions. Sharvi Shetty of Class VIII welcomed the gathering. Ms Apoline Lobo introduced the Chief Guest to the gathering. The Principal Rev. Fr Robert DSouza along with the other dignitaries felicitated the Chief Guest.

The Chief Guest unfurled the National Flag along with the dignitaries and the National Anthem was sung. The school band performed melodiously which was indeed a celebration for the day. Aarav Agarwal of Class IX and Ethal Vivin of Class VII delivered the Significance of the day in Hindi and English respectively. The school choir rendered a Patriotic song in Hindi.

The Chief Guest addressed the gathering and inspired our young Lourdites to join the Army with a positive attitude. He encouraged the students to be mentally and physically strong and highlighted on how our Indian soldiers defend the border to keep the country safe.

The Principal Rev. Fr Robert DSouza, in his address thanked the Chief Guest for his relentless service towards the Nation. He also inspired the students to respect the soldiers and pray for them for their hard work who spent their precious time in protecting and safeguarding our country. A patriotic dance was performed by our little Lourdites which was indeed a great treat for our eyes. The programme concluded with the Vote of Thanks by Ayesha Ahmed of Class VIII.



FINANCIAL LITERACY AND USE OF DIGITAL TOOLS



Lourdes Central School organised a seminar on financial literacy and use of digital tools for the staff of LCS along with three schools from the city on 27 January 2023 in the Audio Visual Room. The seminar commenced by invoking God's blessings, Rev. Fr Robert DSouza, the Principal introduced the resource person and welcomed the gathering. The seminar was inaugurated by lighting a lamp.



CA Nagaraj Sharma K the Resource Person of the day gave an effective talk along with activities which reflected on the knowledge and usage of digital tools in financial transactions. He shared awareness on the importance of the use of digital tools in daily transactions. It was truly an eye-opening experience to all the participants. The power point presentation on retirement planning, term cover requirement, inflation rates over the years, mutual funds and various types of savings in the bank enlightened the minds of all the attendees. The seminar ended with a vote of thanks.

ART EXHIBITION



LCS Art Day Exhibition was held on 28 January 2023. The Principal, Rev. Fr Robert DSouza inaugurated the Art Day by unveiling the poster on 'Warli Art' and with a live drawing. In his speech the Principal ignited the minds of all Lourdites on Art Integration which is a new approach in teaching

students to construct and demonstrate understanding through an art form. He also stated that art has the ability to connect us to our thoughts, feelings, perceptions and experiences.

Aditya Nishanth of Class VIII D presented the significance of the day. The school choir with their rendition added beauty to the celebration. The budding artists exhibited their variety of art works like aipen art, resin art, dot art, mandala, bottle painting, acrylic, pencil sketching's, crochet and so on. The Principal appreciated the Art Teachers Mr Thyagraj and Ms Revathi for their creativity and hardwork. All the students gave their whole hearted support to make LCS Art Day a grand success. Prapthi Rathish of Class VIII D compered the programme.



COMMUNITY HELPERS DAY



The Kindergarten section beautifully presented a programme "Community Helpers" on the 28 January 2022 in the school auditorium. The ancillary staff was the center of attraction.

The programme began with a prayer song followed by significance of the day by Joan of kindergarten II. A role play on the Community Helpers and their duties was fantastically showcased by the young learners. Rev. Fr Jason Pais, the Chief Guest

of the day was touched by the little act of gratitude shown to the community helpers by the students.

Fr Jason Pais honoured the ancillary staff Ms Philomena Pereira, Ms Janet Peris and the security person Mr Chandrahasa with a bouquet of flowers. Hindi poetry competition winners were awarded during the programme which concluded with the vote of thanks by Ms Lavita DSouza.

FOUNDER'S DAY



Founder's Day was observed on 4 February 2023, to remember and honour the contributions of the Founder, Late Rev. Fr Bernard LDSouza.

The programme commenced with a prayer service. Raphael Aaron Dias of class I welcomed the gathering. Harikrishna Menon of class XI inspired everyone with a thought. Parth Shetty of class VI presented the significance of the day. As a tribute to

the Founder of our School, Ms Sharmila Colaco shared her experience and highlighted the qualities of

the Founder, Late Rev. Fr Bernard L DSouza as an individual and the ambitions he had as an educationalist to take his brain-child, Lourdes Central School to greater heights.

Rev. Fr Robert DSouza, Principal, Ms Belita Mascarenhas, Vice Principal, Rev. Fr Jaison Pais and Fr Arul Joseph offered a floral tribute to the Founder. Vice Principal Ms Belita Mascarenhas addressed the gathering and reminded the students and staff of the humble beginning and the great journey of the school that is stepping into its 25th year. She urged the students to work with commitment in attempting and clearing various competitive examinations and serve the nation thereby fulfilling the dreams of our Founder. Manasvini of class VI delivered the vote of thanks. The programme was compered by Dhanvi Shetty and Adarsh A K of class IX. 'Lourdes Olympiad' was conducted after the programme.



CULTURAL COMPETITION - KINDERGARTEN



The project "Mixture of Culture" was conducted under the theme 'Festivals'. Various events were organized to motivate participative spirit amongst the tiny tots. Card making and Elocution Competition 'My School' was conducted for students of Kindergarten I. Card making and Dance competitions were conducted for students of Kindergarten II. The students enjoyed the programme and learnt to harness their skills.

ಕರ್ನಾಟಕ ರಾಜ್ಯೋತ್ಸವ



"ನಮ್ಮ ಭಾಷೆ ಕನ್ನಡಕ್ಕೆ ಹೃದಯ ಶ್ರೀಮಂತಿಕೆ ಇದೆ. ಕನ್ನಡಿಗರು ಪ್ರತಿಯೊಬ್ಬರನ್ನೂ ಗೌರವಿಸುತ್ತಾರೆ. ನಾವು ಈ ನಾಡಿನ ವಿಶಿಷ್ಟ ಪರಂಪರೆಯನ್ನು ಉಳಿಸಿ ಬೆಳೆಸಬೇಕಾಗಿದೆ. ನಮ್ಮ ಹಿರಿಯರು ಹಾಕಿಕೊಟ್ಟ ಮೇಲ್ವಿಂಕ್ತಿಯ ಸಂಸ್ಕೃತಿಯನ್ನು ಮುಂದಿನ ಜನಾಂಗಕ್ಕೆ ನೀಡಬೇಕಾಗಿದೆ. ಅಂತಹ ಜವಾಬ್ದಾರಿ ಪ್ರತಿಯೊಬ್ಬ ಕನ್ನಡಿಗರಿಗೂ ಇದೆ. ಕನ್ನಡವನ್ನು ಕಲಿಯೋಣ, ಉಳಿಸೋಣ, ಬೆಳೆಸೋಣ" ಎಂದು ಶ್ರೀ ಟಿ. ಡಿ. ನಾಗರಾಜ ಪೊಲೀಸ್ ಇನ್ಸ್‌ಪೆಕ್ಟರ್ ಬಂಟ್ವಾಳ ಅವರು ಕರೆ ನೀಡಿದರು. ಅವರು ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್‌ನಲ್ಲಿ ಆಯೋಜಿಸಿದ 67ನೇ ಕರ್ನಾಟಕ ರಾಜ್ಯೋತ್ಸವದ ಮುಖ್ಯ ಅತಿಥಿಯಾಗಿ ಮಾತನಾಡುತ್ತಿದ್ದರು.

ಶಾಲೆಯ ಪ್ರಾಂಶುಪಾಲರಾದ ವಂ. ಫಾ. ರಾಬರ್ಟ್ ಡಿಸೋಜರವರು ನಮ್ಮ ನಾಡು ಅನೇಕ ಕಲೆಗಳ ನೆಲೆವೀಡು. ಈ ನಾಡಿನಲ್ಲಿ ಹುಟ್ಟಿರುವುದು ನಮ್ಮ ಭಾಗ್ಯ. ನಾವು ನಮ್ಮ ನೆಲ ಮತ್ತು ಭಾಷೆಯನ್ನು ಸಂರಕ್ಷಿಸೋಣ. ನಾಡಿಗಾಗಿ ನಮ್ಮಿಂದಾದ ಸೇವೆಯನ್ನು ಸಲ್ಲಿಸೋಣ. ನಾಡಿನ ರಕ್ಷಣೆಗಾಗಿ ಸರ್ವರೂ ಸಿದ್ಧರಾಗೋಣ ಎಂದು ಸಂದೇಶವನ್ನು ನೀಡಿದರು.

ವೇದಿಕೆಯಲ್ಲಿ ಉಪಪ್ರಾಂಶುಪಾಲೆ ಅನಿತಾ ಥೋಮಸ್ ಮತ್ತು ಫಾ. ಜೇಸನ್ ಪಾಯ್ಸ್‌ರವರು ಉಪಸ್ಥಿತರಿದ್ದರು. ಶಾಲೆಯ ವತಿಯಿಂದ ಮುಖ್ಯ ಅತಿಥಿಗಳನ್ನು ಹೊಗುಚ್ಚ ಹಾಗೂ ಸ್ಮರಣೆಕೆ ನೀಡಿ ಗೌರವಿಸಲಾಯಿತು. ಶಿಕ್ಷಕರಾದ ರತ್ನಾಕರ ಎಸ್. ಆಚಾರ್ಯರವರು ಮುಖ್ಯ ಅತಿಥಿಗಳ ಕಿರು ಪರಿಚಯವನ್ನು ಮಾಡಿದರು. ನಾಡಗೀತೆಯಾದ "ಜಯ ಭಾರತ ಜನನಿಯ ತನುಜಾತೆ"ಯನ್ನು ವಿದ್ಯಾರ್ಥಿಗಳು ಸಾಮೂಹಿಕವಾಗಿ ಹಾಡಿದರು. ನೆರೆದಿರುವ ಗಣ್ಯರು ವಿವಿಧ ಸಾಂಸ್ಕೃತಿಕ ಕಾರ್ಯಕ್ರಮಗಳಿಗಾಗಿ ವಿದ್ಯುಕ್ತವಾಗಿ ಶಾಲೆಯ ಧ್ವಜಾರೋಹಣವನ್ನು ನೆರವೇರಿಸಿದರು.



ವಿದ್ಯಾರ್ಥಿಗಳಾದ ಚಮನ್ ಎನ್. ಎಸ್. ನೆರೆದಿರುವ ಗಣ್ಯರನ್ನು ಸ್ವಾಗತಿಸಿ, ಇವಾ ಲೋಬೊ ದಿನದ ಪ್ರಾಮುಖ್ಯತೆಯನ್ನು ವಿವರಿಸಿದರು. ಆರ್ಮಾನ್ ಅಬ್ದುಲ್ ಖಾದಿರ್ ಮತ್ತು ಆರ್ಮಾ ಪ್ರದೀಪ್ ತಂಡದವರು ವಿಶಿಷ್ಟವಾದ ಹಾಡುಗಾರಿಕೆಯನ್ನು ಪ್ರಸ್ತುತ ಪಡಿಸಿದರು. ದಿಯಾ ಎನ್. ಯಶೋಧರ್ ಮತ್ತು ಅನುಷ್ಠಾ ನಾಯಕ್ ಏಕಪಾತ್ರಾಭಿನಯವನ್ನು ಪ್ರದರ್ಶಿಸಿದರು. ರಿಯಾ ಲೋಬೊ ಮತ್ತು ತಂಡ ಕಿರುಪ್ರಹಸನ, ಸೃಷ್ಟಿ ಎಸ್. ಪಾವೂರ್ ಮತ್ತು ಬಳಗ ಸಮೂಹ ನೃತ್ಯವನ್ನು ಪ್ರದರ್ಶಿಸಿದರು.

ಶಿಕ್ಷಕರಾದ ಲವೀನಾ ಸೆರಾವೊ ಕಾರ್ಯಕ್ರಮವನ್ನು ಸಂಯೋಜಿಸಿ, ರೇಖಾ ನವೀನ್, ನೊಯಾಲಿನ್ ಪಾಯ್ಸ್, ಸೌಮ್ಯ ಕೆ, ಸೀಮಾ ಮಾಡ್ತಾ, ನಂದಿನಿ, ಐವನ್ ಮಸ್ಕರೇನ್ಟಸ್, ರೋಶನ್ ಕೊಡೋರೋ ಮತ್ತು ರೋಶನ್ ಸಿಕ್ಲೇರಾ ಸಹಕರಿಸಿದ್ದರು. ಆಂಬರ್ ಪುರ್ತಾಗೊ ಮತ್ತು ಎಚ್. ಆದೇಶ್ ರಾವ್ ಕಾರ್ಯಕ್ರಮವನ್ನು ನಿರೂಪಿಸಿ, ವರ್ಣಿಕಾ ವಿ. ಗಟ್ಟಿ ಧನ್ಯವಾದ ಸಮರ್ಪಿಸಿದರು.



CLUB REPORTS

CHESS

Chess is one of the oldest and most popular board games. It can be used to improve life skills, decision making ability, differentiation between right and wrong etc. The chess club had 120 students from classes IV to VIII. Mr Veerendra and Ms Noeleen Pais were incharge of chess club. Based on the ability, students were divided into two groups namely beginners and advanced level. All the students actively and enthusiastically participated in the activities.



ROBOTICS – EXPLORE - LEARN – CREATE

The Robotics Club is a community of students who derive pleasure in creating robots that may even be capable of working without human intervention. The purpose of the robotics club is to learn how to code and write commands. The focus was on teaching the students, the basics of programming, coding, scratch, and how to make simple robots. There were 83 students in the club from classes IV to VIII. Along with experts from Tinker Lab, the teachers incharge were Ms Lavina Castelino, Ms Padmashree Bhat and Ms Anitha Moras. A resource team educated the students about the simple robots, programming languages etc. After the explanation, each of nine groups was provided with a kit and a mentor to assist the students with their projects. Each student Kit comes with all the necessary hardware, including one Arduino UNO rev3 board, breadboard, multimeter, battery, wires, and various sensors and actuators. The students were shown the process of soldering which is needed to connect wires. After the students were thorough with the soldering sessions, a new topic was introduced. The students were taught how to connect the sensors, wires, batteries and other parts. Students got opportunities to express their skills, knowledge and creativity through conceptualizing, designing and programming robots. Siddarth G of class VIII D was selected as President and Gargi tailor of VIII C as Secretary.



DANCE



The Dance Club commenced from June 2022. There were 95 students. Srishti S Pavoor of Class VIII was elected the Vice President and Sharvi Shetty the Secretary. The mentors of the club were Ms Nandini and Ms Sowmya. The students learnt different dance forms like classical, contemporary, bollywood and hip-hop. Various groups were made and beautiful dances were presented during the club period.

SCOUTS AND GUIDES

The Scouts and Guides is a non-political, educational organization for young people. The motto 'Be Prepared' means be ready for everything and live life to the fullest. The guides company of our school had 49 members and met every Saturday. During the meet value based activities are conducted apart from academics. Students get an opportunity to develop their skills and enhance their knowledge by involving themselves in various activities. The Guides are trained in regular activities like knots, first aid patrol system, flag procedure, games, craft, compass, estimation, with all-faith prayer.



HERITAGE

The Heritage Club consisted of 33 students from classes VI to VIII. Various activities were organized filled with fun and learning. The students were briefed about the objectives and the importance of club. Students were informed about World Heritage Day and learned its significance. Chart making was conducted based on the Heritage of Mangalore. A debate was held on the topic 'Traditional and Modern Lifestyles' which enhanced the view points of the students on how the heritage and culture have changed drastically throughout the years.



NUMISMATICS

The Numismatics Club consisted members from class IV to VIII who actively participated during the year. The Vice President Abhiram Kashyap and the Secretary Dheer Jain carried out their responsibilities efficiently. Video and PPT presentations were done on collection and maintenance of coins. To enrich the knowledge, quiz and treasure hunt was conducted. The student's involvement in these activities was indeed remarkable. Members brought their coins collected from different countries and exhibited them with information.



YOUNG QUIZZARD

The Young Quizzard Club consists of 29 members who were divided into four groups namely:

1) The Brain Blasters 2) The Conquerors 3) The Smart Quizzards 4) The Smart Thinkers

The teachers incharge Ms Lavina Serrao and Ms Suneetha K guided the members to update themselves with current affairs, watch programmes related to quiz and also develop the presence of mind to the things that are happening around them. Fun Facts were shared which was an amazing experience for all. In connection with Azadi Ka Amrit Mahotsav – Quiz was organised on 'India Past and Present.' An interview was conducted with Aryan Punja and Krishnadasa Raja the students of class X who had participated in the National Level quiz competition. The club had a positive impact in gaining knowledge and developing the confidence in the students.



THEATRICAL

The Theatrical Club commenced on 18 June 2022. The teachers incharge Ms Vanitha Patole, Ms Dilla Colaco and Ms Vivita DSouza encouraged the students to exhibit their hidden talent of dramatisation, entertainment, public speaking and so on. Videos were shown to develop the skill of dramatics. The members grabbed the opportunity to present their role-plays, skits, tongue-twisters and stand-up comedy. It was indeed a joy to the audience to watch their presentation. With the feedback given by the teachers, the actors showed tremendous improvement especially in facing the audience, clarity of words, audibility, expression and voice modulation. Every member looked forward for the club period to present their item.



ECO

The Eco Club started on 18 June 2022. The teachers incharge Ms Gretta Menezes and Ms Flavia welcomed the students. A brief explanation of the objectives and aims of the club was given to the members. The Vice President Prekshan of class VIII D and Secretary Aaradhya of class VII B were appointed. Students were divided into four groups. Students decorated the scrap books and made paper bags out of old newspapers to give it to the vegetable vendors. They also enacted a play on raising awareness about saving resources. A quiz was conducted on eco system. Students were taken for a nature walk and were asked to identify the plants found in the school premises. They wrote a write up on the plants found-in their scrap book and their medical uses. Wild flower arrangement competition was held and a debate was also held on the pros and cons of using plastic. Students thoroughly enjoyed all the activities of the club.



BAND

During this academic year the school band had performed for the general salute beats, slow march past and mass drill. They also showed their calibre during the Independence Day, Sports Day, Annual Day and Republic Day which was showcased by the band students. The teachers incharge were Mr Vishwanath Devadige and Ms Anitha Pinto.



MUSIC

Music Club was formed with the aim of learning, understanding and performing music in the school under the guidance of Mr Ivan Mascarenhas and Mr Roshan Cordeiro. The activities began with great enthusiasm by taking active participation. The students learnt various singing skills and gained knowledge on various aspects of music. They have learnt to sing with different voices, prayer songs, patriotic songs during the club activity. This has helped them to share the interest in music and to show their talents by taking part in various competitions. On the whole Music Club has helped the students to enhance their love for music.



ART

The Art Club began its activities in June 2022. Anusha Nayak of class VIII B was the Vice President and Himanya Kaveri of class VIII C was the Secretary. The Art teacher Mr Thyagaraj explained about the club and gave the list of things required for drawing. The students were involved in drawing and



colouring. They were also encouraged to give life to their imagination and put them on paper. The teacher guided the students in various techniques and trained them in “Warli Art” that completely intrigued the students. The Art Club is a place to learn and polish their skills. Teachers in charge were Mr Thyagaraj and Ms Revathi Shet.

CUBS AND BULBUL

“Remember, it is not what you have but what you give that brings happiness” – Lord Baden Powell

Under the guidance of the teacher incharge Mr Rathnakara S Achary, the Cubs were taught the different types of knots and Baden Paul exercises. They learnt Cubs’ Law, Promise and Motto. The jungle story narrated from the Cubs’ log book helped to inculcate values like friendship helping, respecting etc. Students were taken for nature walk, where everyone admired the beautiful plants and flowers.

The Bulbul Club taught various value based activities like BP 6 Exercise, Scarf folding, Nature work, Promise, Law, Motto, Salute, Bulbul prayer song and Left hand shake. Students had to record their good deeds in their note book. Log book, Pravesh Badge, Sister Hood Badge were distributed to the students. Teacher also explained Tara story to the students. Thinking Day was also celebrated in the school.

CRAFT

Craft Club is a fun way for students to learn and make household objects into works of art. The activities are easy, thought-provoking and educational, which explore themes such as culture, science and math. Sixty students took an oath that they would abide by the ground rules of the Craft Club and try their best in participating enthusiastically in the activities.

The activities conducted were making a photo frame with M-seal flowers, wall-hangings with newspapers, weaving paper baskets and making a flower vase or a basket with disposable cup or wool, making stars with coloured paper, an emoji changer with coloured paper and popsicle sticks, making animals with a coconut shell, flowers with coloured paper and making a butterfly with colour paper and cardboard, making huts with paper cups and glitter foam paper. The crafters also had an opportunity to exhibit their crafts on the Art Day.



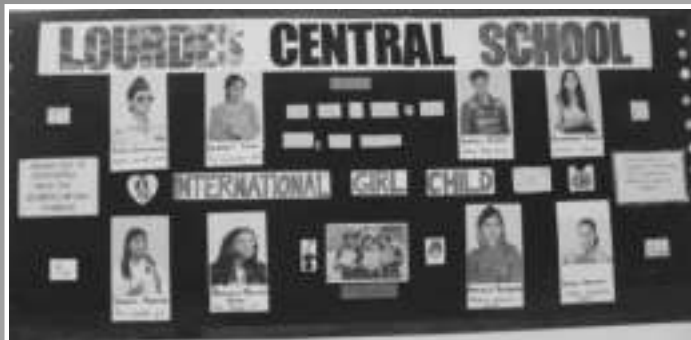
CLASSES I TO III

Class 1 to 3 had club periods which were conducted every Saturday. The aim and purpose of the club period was to provide a creative environment for the child to explore and learn new ideas and foster free thinking. The period consisted of craft, singing, dancing, speech etc. The students though initially shy, overcame their inhibitions and took active part in all the activities which were note worthy. Over all it was a period of learning through on a NO Bag Day.



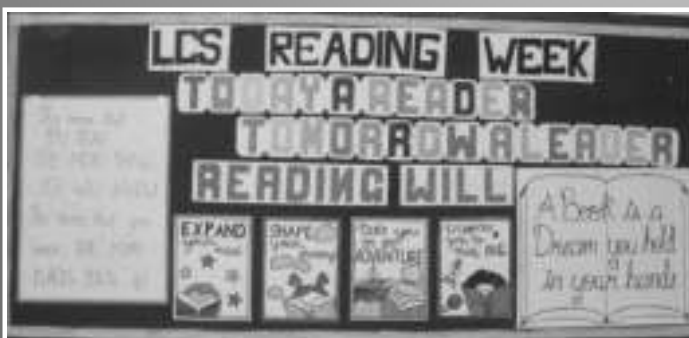
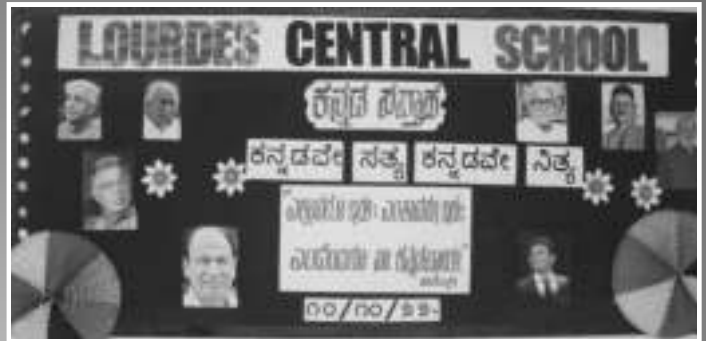
NOTICE BOARD

A Notice Board Showing Details...



NOTICE BOARD

A Notice Board Showing Details...



ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್: ವಿದ್ಯಾರ್ಥಿಗಳು ರಾಷ್ಟ್ರಮಟ್ಟಕ್ಕೆ ಆಯ್ಕೆ



ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್: ವಿದ್ಯಾರ್ಥಿಗಳು ರಾಷ್ಟ್ರಮಟ್ಟಕ್ಕೆ ಆಯ್ಕೆ

ಬೆಂಗಳೂರಿನ ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್‌ನ ವಿದ್ಯಾರ್ಥಿಗಳು ರಾಷ್ಟ್ರಮಟ್ಟದ ಸ್ಪರ್ಧೆಯಲ್ಲಿ ಅಗ್ರತೆಯನ್ನು ಸಾಧಿಸಿದ್ದಾರೆ. ಈ ಸಂದರ್ಭದಲ್ಲಿ ಸ್ಕೂಲ್‌ನ ಪ್ರಾಂಶುಪತಿಗಳು ಮತ್ತು ಶಿಕ್ಷಕರು ಅವರನ್ನು ಶುಭಾಶೀರ್ವಾದಿಸುತ್ತಿದ್ದಾರೆ.

ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್: 'ಜ್ಯೋತಿ ಪ್ರಧಾನ' ಸಮಾರಂಭ



ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್‌ನಲ್ಲಿ 'ಜ್ಯೋತಿ ಪ್ರಧಾನ' ಸಮಾರಂಭವು ನಡೆಯಿತು. ಈ ಸಂದರ್ಭದಲ್ಲಿ ವಿದ್ಯಾರ್ಥಿಗಳು ತಮ್ಮ ಸಾಧನೆಗಳನ್ನು ಪ್ರದರ್ಶಿಸಿದರು.

ಸಮಾರಂಭದಲ್ಲಿ ವಿದ್ಯಾರ್ಥಿಗಳು ತಮ್ಮ ಸಾಧನೆಗಳನ್ನು ಪ್ರದರ್ಶಿಸಿದರು. ಈ ಸಂದರ್ಭದಲ್ಲಿ ವಿದ್ಯಾರ್ಥಿಗಳು ತಮ್ಮ ಸಾಧನೆಗಳನ್ನು ಪ್ರದರ್ಶಿಸಿದರು.

ಇಂದಿನ ಓದುಗರೇ ಮುಂದಿನ ನಾಯಕರು: ಫಾ. ರೋಬರ್ಟ್ ಡಿ'ಸೋಜಾ



ಫಾ. ರೋಬರ್ಟ್ ಡಿ'ಸೋಜಾ ಅವರು ಇಂದಿನ ಓದುಗರೇ ಮುಂದಿನ ನಾಯಕರು ಎಂದು ಹೇಳಿದ್ದಾರೆ.

ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್: ಪ್ರಿಯಂವಿಕ್ ಪ್ರಶಸ್ತಿ



ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್‌ನಲ್ಲಿ ಪ್ರಿಯಂವಿಕ್ ಪ್ರಶಸ್ತಿ ವಿಜೇತರನ್ನು ಸನ್ಮಾನಿಸಲಾಯಿತು.

'ಶ್ರೀದಾ ಮನೋಭಾವ ಉತ್ತಮ ಜೀವನಕ್ಕೆ ಅಡಿಪಾಯ'



'ಶ್ರೀದಾ ಮನೋಭಾವ ಉತ್ತಮ ಜೀವನಕ್ಕೆ ಅಡಿಪಾಯ' ಎಂಬ ವಿಷಯದ ಕುರಿತು ಚರ್ಚೆ ನಡೆಯಿತು.

'ಮೌಲ್ಯ ಬೆಳೆಸಿಕೊಳ್ಳಬೇಕು'



'ಮೌಲ್ಯ ಬೆಳೆಸಿಕೊಳ್ಳಬೇಕು' ಎಂಬ ವಿಷಯದ ಕುರಿತು ಚರ್ಚೆ ನಡೆಯಿತು.

ನಮ್ಮ ಸಂಸ್ಕೃತಿ ಬೆಳೆಸೋಣ: ವೆಂ ರಾಬರ್ಟ್ ಡಿ'ಸೋಜಾ



ನಮ್ಮ ಸಂಸ್ಕೃತಿ ಬೆಳೆಸೋಣ ಎಂಬ ವಿಷಯದ ಕುರಿತು ಚರ್ಚೆ ನಡೆಯಿತು.

ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್‌ಗೆ ಸಚ್ಚಿದ್ರಾ ವಿಜ್ಞಾನ ವಸತಿ ಪ್ರದರ್ಶನ



ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್‌ಗೆ ಸಚ್ಚಿದ್ರಾ ವಿಜ್ಞಾನ ವಸತಿ ಪ್ರದರ್ಶನ ನಡೆಯಿತು.

ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್‌ನಲ್ಲಿ ಯೋಗ ದಿನಾಚರಣೆ



ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್‌ನಲ್ಲಿ ಯೋಗ ದಿನಾಚರಣೆ ನಡೆಯಿತು.

ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್: ಸಮಾಜ ವಿಜ್ಞಾನ ವಸ್ತು ಪ್ರದರ್ಶನ- 2022



ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್‌ನಲ್ಲಿ ಸಮಾಜ ವಿಜ್ಞಾನ ವಸ್ತು ಪ್ರದರ್ಶನ ನಡೆಯಿತು.

ಬಾಲಕಿಯರ ಚೆಸ್ ಸ್ಪರ್ಧೆ: ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್‌ಗೆ ಪ್ರಶಸ್ತಿ



ಬಾಲಕಿಯರ ಚೆಸ್ ಸ್ಪರ್ಧೆಯಲ್ಲಿ ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್‌ಗೆ ಪ್ರಶಸ್ತಿ ದೊರೆಯಿತು.

ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಶಾಲೆಯಲ್ಲಿ ಕನ್ನಡ ಸಪ್ತಾಹ



ಅಕ್ಟೋಬರ್ ೨೫ರಂದು ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಶಾಲೆಯಲ್ಲಿ ಕನ್ನಡ ಸಪ್ತಾಹದ ಕಾರ್ಯಕ್ರಮಗಳು ಆಯೋಜಿಸಲ್ಪಟ್ಟಿವೆ. ಈ ಸಂದರ್ಭದಲ್ಲಿ ಶಾಲೆಯಲ್ಲಿ ಕನ್ನಡ ಭಾಷೆಯ ಪ್ರಾಮುಖ್ಯತೆಯನ್ನು ಹೆಚ್ಚಿಸುವ ಉದ್ದೇಶದಿಂದ ಈ ಕಾರ್ಯಕ್ರಮವನ್ನು ಆಯೋಜಿಸಲಾಗಿದೆ. ಕನ್ನಡ ಭಾಷೆಯನ್ನು ಮಾತನಾಡುವವರ ಸಂಖ್ಯೆ ಹೆಚ್ಚಾಗುವಂತೆ ಮತ್ತು ಕನ್ನಡ ಭಾಷೆಯನ್ನು ಪ್ರೀತಿಯಿಂದ ಅಭ್ಯಸಿಸುವಂತೆ ಈ ಕಾರ್ಯಕ್ರಮವು ನಡೆಯಲಿದೆ. ಈ ಸಂದರ್ಭದಲ್ಲಿ ಶಾಲೆಯಲ್ಲಿ ಕನ್ನಡ ಭಾಷೆಯ ಪ್ರಾಮುಖ್ಯತೆಯನ್ನು ಹೆಚ್ಚಿಸುವ ಉದ್ದೇಶದಿಂದ ಈ ಕಾರ್ಯಕ್ರಮವನ್ನು ಆಯೋಜಿಸಲಾಗಿದೆ.

ಅಂತರ್ ಜಿಲ್ಲಾ ಮಟ್ಟದ ಕ್ರೀಡಾ ಕಾರ್ಯಾಗಾರ



ಅಕ್ಟೋಬರ್ ೨೫ರಂದು ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಶಾಲೆಯಲ್ಲಿ ಅಂತರ್ ಜಿಲ್ಲಾ ಮಟ್ಟದ ಕ್ರೀಡಾ ಕಾರ್ಯಾಗಾರವು ನಡೆಯಲಿದೆ. ಈ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಜಿಲ್ಲಾ ಮಟ್ಟದಿಂದ ಆಯ್ಕೆ ಆಗಿರುವ ಕ್ರೀಡಾಪಟುಗಳು ಪಾಲ್ಗೊಳ್ಳಲಿದ್ದಾರೆ. ಈ ಕಾರ್ಯಕ್ರಮದ ಮೂಲಕ ಕ್ರೀಡಾಪಟುಗಳಿಗೆ ತರಬೇತಿ ನೀಡುವ ಉದ್ದೇಶವಿದೆ. ಈ ಸಂದರ್ಭದಲ್ಲಿ ಶಾಲೆಯಲ್ಲಿ ಕ್ರೀಡಾಪಟುಗಳಿಗೆ ತರಬೇತಿ ನೀಡುವ ಉದ್ದೇಶವಿದೆ.

ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್‌ನ ವಾರ್ಷಿಕೋತ್ಸವ 'ವಿದ್ಯಾರ್ಥಿಗಳು ಶಿಸ್ತು ಅಳವಡಿಸಿಕೊಳ್ಳಿ'



ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್‌ನ ವಾರ್ಷಿಕೋತ್ಸವವು ಶಿಸ್ತು ಅಳವಡಿಸಿಕೊಳ್ಳುವ ಉದ್ದೇಶದಿಂದ ಆಯೋಜಿಸಲಾಗಿದೆ. ಈ ಸಂದರ್ಭದಲ್ಲಿ ಶಾಲೆಯಲ್ಲಿ ಶಿಸ್ತು ಅಳವಡಿಸಿಕೊಳ್ಳುವ ಉದ್ದೇಶವಿದೆ. ಈ ಸಂದರ್ಭದಲ್ಲಿ ಶಾಲೆಯಲ್ಲಿ ಶಿಸ್ತು ಅಳವಡಿಸಿಕೊಳ್ಳುವ ಉದ್ದೇಶವಿದೆ.

ಬಿಜೆ: ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್‌ಗೆ ತ್ರಿವಳಿ ಪ್ರಶಸ್ತಿ



ಅಕ್ಟೋಬರ್ ೨೫ರಂದು ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್‌ಗೆ ತ್ರಿವಳಿ ಪ್ರಶಸ್ತಿ ಲಭಿಸಿದೆ. ಈ ಪ್ರಶಸ್ತಿಗಳನ್ನು ಶಾಲೆಯಲ್ಲಿ ಕನ್ನಡ ಭಾಷೆಯ ಪ್ರಾಮುಖ್ಯತೆಯನ್ನು ಹೆಚ್ಚಿಸುವ ಉದ್ದೇಶದಿಂದ ಈ ಕಾರ್ಯಕ್ರಮವನ್ನು ಆಯೋಜಿಸಲಾಗಿದೆ. ಈ ಸಂದರ್ಭದಲ್ಲಿ ಶಾಲೆಯಲ್ಲಿ ಕನ್ನಡ ಭಾಷೆಯ ಪ್ರಾಮುಖ್ಯತೆಯನ್ನು ಹೆಚ್ಚಿಸುವ ಉದ್ದೇಶವಿದೆ.

ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್: ಆರೋಗ್ಯ ಸಪ್ತಾಹ

'ಆರೋಗ್ಯಕೃಂತ ಮಿಗಿಲಾದ ಸಂಪತ್ತಿಲ್ಲ'



ಅಕ್ಟೋಬರ್ ೨೫ರಂದು ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್‌ನಲ್ಲಿ ಆರೋಗ್ಯ ಸಪ್ತಾಹದ ಕಾರ್ಯಕ್ರಮಗಳು ಆಯೋಜಿಸಲ್ಪಟ್ಟಿವೆ. ಈ ಸಂದರ್ಭದಲ್ಲಿ ಶಾಲೆಯಲ್ಲಿ ಆರೋಗ್ಯ ಸಪ್ತಾಹದ ಕಾರ್ಯಕ್ರಮಗಳು ಆಯೋಜಿಸಲ್ಪಟ್ಟಿವೆ.

ಪ್ರತಿಭೆ ಸದೃಶಕೆ ಮಾಡಿ ಸಮಾಜಕ್ಕೆ ಕೊಡುಗೆ ನೀಡೋಣ

ಲೂಡ್ಸ್ ಶಾಲೆ ಬೆಳಕುಬಿಟ್ಟ ಸೂತನ ಕಟ್ಟಡ ಉದ್ಘಾಟನೆಯಲ್ಲಿ ಜಪಹ್



ಅಕ್ಟೋಬರ್ ೨೫ರಂದು ಲೂಡ್ಸ್ ಶಾಲೆಯಲ್ಲಿ ಬೆಳಕುಬಿಟ್ಟ ಸೂತನ ಕಟ್ಟಡ ಉದ್ಘಾಟನೆಯ ನಡೆಯಲಿದೆ. ಈ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಶಾಲೆಯಲ್ಲಿ ಬೆಳಕುಬಿಟ್ಟ ಸೂತನ ಕಟ್ಟಡ ಉದ್ಘಾಟನೆಯ ನಡೆಯಲಿದೆ.

ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್: ರಾಜ್ಯಮಟ್ಟದ ಸಾಧನೆ



ಅಕ್ಟೋಬರ್ ೨೫ರಂದು ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್‌ನಲ್ಲಿ ರಾಜ್ಯಮಟ್ಟದ ಸಾಧನೆಯನ್ನು ಗುರುತಿಸುವ ಉದ್ದೇಶದಿಂದ ಈ ಕಾರ್ಯಕ್ರಮವನ್ನು ಆಯೋಜಿಸಲಾಗಿದೆ. ಈ ಸಂದರ್ಭದಲ್ಲಿ ಶಾಲೆಯಲ್ಲಿ ರಾಜ್ಯಮಟ್ಟದ ಸಾಧನೆಯನ್ನು ಗುರುತಿಸುವ ಉದ್ದೇಶವಿದೆ.

ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಶಾಲೆ: ಇಂಗ್ಲಿಷ್ ಸಪ್ತಾಹ



ಅಕ್ಟೋಬರ್ ೨೫ರಂದು ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಶಾಲೆಯಲ್ಲಿ ಇಂಗ್ಲಿಷ್ ಸಪ್ತಾಹದ ಕಾರ್ಯಕ್ರಮಗಳು ಆಯೋಜಿಸಲ್ಪಟ್ಟಿವೆ. ಈ ಸಂದರ್ಭದಲ್ಲಿ ಶಾಲೆಯಲ್ಲಿ ಇಂಗ್ಲಿಷ್ ಸಪ್ತಾಹದ ಕಾರ್ಯಕ್ರಮಗಳು ಆಯೋಜಿಸಲ್ಪಟ್ಟಿವೆ.

ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್‌ನಲ್ಲಿ 'ವಿಶ್ವೀಯ ಸಾಕ್ಷರತೆ' ಕಾರ್ಯಕ್ರಮ



ಅಕ್ಟೋಬರ್ ೨೫ರಂದು ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್‌ನಲ್ಲಿ 'ವಿಶ್ವೀಯ ಸಾಕ್ಷರತೆ' ಕಾರ್ಯಕ್ರಮವು ನಡೆಯಲಿದೆ. ಈ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಶಾಲೆಯಲ್ಲಿ 'ವಿಶ್ವೀಯ ಸಾಕ್ಷರತೆ' ಕಾರ್ಯಕ್ರಮವು ನಡೆಯಲಿದೆ.

THE ART PULSE



SAANVI RAI VIII C



Vaishnavi S J Nayak VIII C



ANSH KUNDER B V B



Soha L Suvarna V B



CHRIS PINTO IX D



Vaishnavi S J Nayak VIII C



TARA BHANDARY VI B



MOHAMMED ABAN KALLATRA VIII D



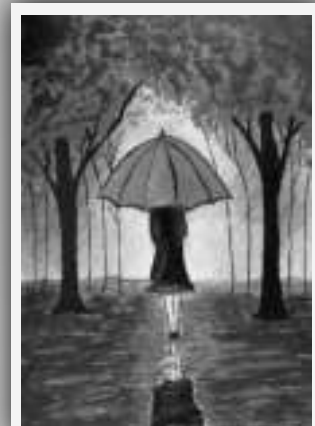
ADIYA ALVA VI D



ADIYA ALVA VI D



SIDDARTH G VIII D



ABHYUDAY V NAYAK VIII C



Anora J Chacko IX D



Manavi B Khokhani IX A



SATHVI SHETTY V C



Shristi VII C

THE ART PULSE



PAVANI III B



SHIVIN RAI VB



MANAVI B K IX A



ANAGHA J TALWAR VIII B



PAVANI III B



ABHYUDAY NAYAK VIII C



AARNA PRADEEP VD



SHINAL VA



BIANCA NORONHA



KANISHKA ASHOK VI D



AARYAN VB



SYEIRA VB



ALISTER CHARLES D CUNHA VIA



DHRITI PATTATHAN VIC



SAANVIT R VIC



BHARGAV RAO VC

THE ART PULSE



VARSHINI K N IX D



SATHVI SHETTY VC



MUHAMMAD EIESA
ABOUBAKKAR NAVAZ VII A



CHRIS PINTO IX D



ERINA MARIAM MUHSIN V B



B S SHINAL DECHAMMA VA



SHRAVYA RAO VIC



ROVINA ANDRADE VII B



SHANNON JOEL PRASAD IVA



AMAN KARKERA VII A



TANVI R SHETTY VII C



ANVI AMOL BOSALE IV D



SHRAVYA M GURU VC



SHARVI SHETTY VIII C

THE ART PULSE



AARAV GOEL V A



CHRIS PINTO IX D



AHANA ANESH V C



SHRESHTHA SHREE V C



KEERTHAN G V C



ANUSHKA GANIGA VIII A



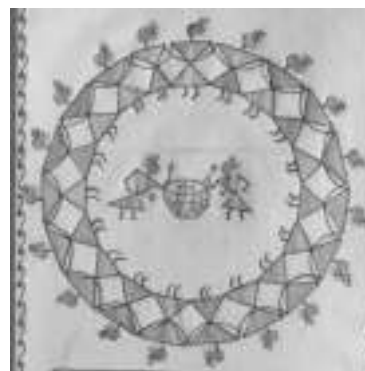
AADHYA P V SHETTY VIA



PRAJAN SHETTY IV A



KASHVI HAREESH VII B



AKANKSHA SHETTIGAR VII A



ANEK AITHAL VIII B



TEJAS K VIII B



ARYAN MAHARANA IX C

World Environment Day

6 June 2022



Health Week

20 June 2022 to 25 June 2022

Theme: Be Healthy Be Happy



Shawn Bram Morans - 55 - 54



LSC Reading Week

27 June 2022 to 2 July 2022



Annual Day

Theme : 'We are the beacon of Peace'



Annual Day

Theme : 'We are the beacon of Peace'



INAUGURATION OF THE SILVER JUBILEE BUILDING

On 24 June 2022



INAUGURATION OF THE SILVER JUBILEE BUILDING

On 24 June 2022



INAUGURATION OF THE SILVER JUBILEE BUILDING

On 24 June 2022



KINDERGARTEN SECTION



KINDERGARTEN SECTION



LOURDES CENTRAL SCHOOL

BEJAI, MANGALORE



25 *Glorious Years*



In loving memory of



Seher Imtiaz

**Laughter we had along the way
Optimism you gave us everyday
Value of being our best student
Eternity, a love that has no end**

**This void will never be filled
Rest dear Seher, in the heavenly abode.**

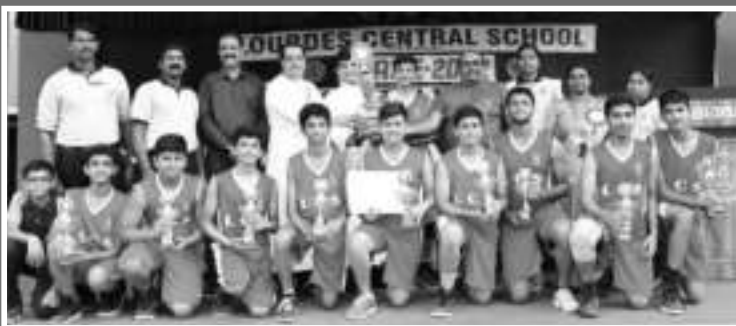
**There are some who bring a light so great to the world that
even after they have gone the light still remains.**

**“Cheerful and radiant Seher always made everyone happy
with her radiant smile.**

**Seher will always be remembered by us
while she rests for eternity.**

Management, Principal, Staff & Students





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